Enhancing & Promoting the Economic Vitality of Central Oregon Since 1994

Community Support Propels CycleBar Bend



STEFANIE NELSON | PHOTO BY KRISTINE THOMAS

East Meets West as Iconic New Bend Buildings Rise by River

Long-Vacant Site Bordering Mirror Pond Transformed after Three-Year Effort

by SIMON MATHER — CBN Feature Writer

pair of instantly iconic buildings have emerged close to the Deschutes River in downtown Bend as a fitting complement to their pristine setting representing the culmination of a vision cultivated over three years.

Development of the two mixeduse commercial buildings, each measuring over 6,000 feet, at 69 NW Newport was spearheaded by Sean Cavanagh, of Cavanagh Inc., who previously moved his family and company to Central Oregon from Colorado and saw an opportunity to transform a longvacant 0.48 acre lot and residence into something worthy of its prime high-profile city core location.



69 NEWPORT | PHOTO BY CASCADE BUSINESS NEWS

2021 Meeting Guide — Pages 13-24

PAGE 10

by KRISTINE THOMAS — CBN Feature Writer hen Kirk and Stefanie Nelson opened CycleBar Bend in 2018,

their goal was to create a place where strangers would become friends. "We wanted to create a place where

people could escape for a 45-minute ride and afterwards socialize with other members," Stefanie said. "We wanted to create a welcoming community." The Nelsons moved to Bend in 2016

where Kirk worked as a business consultant and Stefanie was a former sales executive. "When I got here, I discovered there wasn't a job market for me, and it was a challenge to make new friends," she recalled. "Kirk was working with a client who was considering buying a CycleBar franchise in Lake Oswego and decided it would be a great business for us to open here in Bend. We purchased the CycleBar territory in August of 2017 and secured our lease at the Old Mill District shortly after and opened in June of 2018."

Looking back, Stefanie realizes that decision would be her saving grace to endure a string of tragedies in 2020, starting with the unexpected death of Kirk Nelson, 54, on February 22, 2020.

"He died from a pulmonary embolism," Stefanie, 49, said. "He never knew anything was wrong with his health, and he was in the best shape."

A few weeks after her husband's death, Stefanie learned fitness facilities in Oregon were ordered to close due to the

PAGE 6

As COVID Begins to Subside, Local Hospitality **Industry Will Hit the Ground Running**

by RONNI WILDE — CBN Reporter



A SOCIALLY DISTANCED MEETING AT RIVERHOUSE ON THE DESCHUTES | PHOTO COURTESY OF RIVERHOUSE ON THE DESCHUTES

hen Cascade Business News' annual Meeting Guide edition published last year on March 4, little did we know that the world was on the eve of being turned upside-down. With 2020 still in its first quarter of life, Central Oregon was abuzz with tourism; meetings and conventions filled the calendars of event planners and engaged couples were happily planning their big days, with nary a thought about this new thing we were beginning to hear about: coronavirus.

This year's meeting guide overview story will read guite differently from last year's... and all the years before that. Perhaps no industry has been so severely affected by COVID than that of hospitality. With travel restrictions in place and social-distancing requirements firmly etched into our lives, plans for gatherings a year ago were literally cancelled almost overnight. And yet, Central Oregon is resilient. Hotel owners and those working in hospitality did not give up. Though tourism surely took a huge hit here and elsewhere, as spring approaches, there is new life emerging in our region. COVID numbers are down, vaccines are becoming more widespread in availability and hope is blossoming.

"It's been an interesting year for all businesses; we are no exception. The event industry and conferences have been as hard hit as just about anyone," says Geoff Hinds, director of

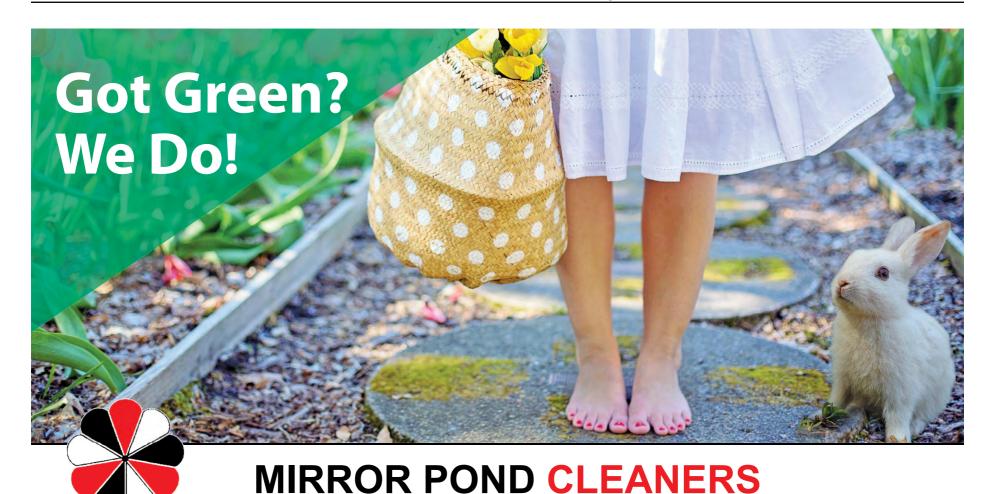
PAGE 18

www.cascadebusnews.com

PERMIT NO 473 **BEND OK** SOSTAGE OF SURE OF SUR **ОТ** ЗТЯЗЯЧ

Bend, Oregon

9999-888/149 Bend, Oregon 97701 404 NE Norton Avenue Cascade Business News



615 NW Franklin Ave. • Bend, Oregon 97701

(541) 389-1411







INSIDE THIS ISSUE

Business & Industry 2
Hot News 4
Building in Central Oregon 69 Newport Project10
2021 Meeting Guide 13
Hotels & Motels14
Tour Companies 17
Facilities with Conference Space19
Bed & Breakfasts20
Golf Courses 21
Event & Meeting Planners 22
Transportation Companies 22
Caterers24
Rental Companies for Events 24
Money & Investment25
Who's Who 26
Businesses Serving Community27
Healthy Communities28
Business Calendar 31
Permits 31



A Division of Cascade Publications Inc.

Opinions expressed by contributing writers and guest columnists do not necessarily reflect the opinions of the publisher and/or editorial board. Questions and comments about a particular article should be addressed to the individual contributor. Letters to the Editor will be accepted and possibly printed if signed by the writer. Reproduction in whole or in part is strictly prohibited without written permission.

CBN is published the first and third Wednesdays of each month.

Subscriptions are \$35 for one year (\$40 for out of tri-county). CBN is a division of Cascade Publications Inc. which also publishes the monthly Cascade Arts & Entertainment magazine, Book of Lists, Sunriver Magazine, Premiere Builders Exchange Directory, Bend-La Pine High Schools Fall & Winter Sports Programs and the Art & Wine Auction Program. Locally owned and operated since 1994.

> 404 NE Norton, Bend, Oregon 97701 541-388-5665

www.cascadebusnews.com Send press releases/photos to cbn@cascadebusnews.com

CONTRIBUTORS ANN GOLDEN EGLÉ.. LAURA LEMCO..... **ABIGAIL MORSE..**

The Producers

rounden rannela muise Anulews
President/CEOJeff Martin
Editor/Production Director/ Feature WriterMarcee Hillman Moeggenberg
Production Artist/Design/ Online Communications Natalie Nieman
Assistant Editor/ReporterRonni Wilde
Feature Writer Kenneth Marunowski, Ph.D.
Feature WriterSimon Mather
Feature WriterAlec Martin
Feature WriterKari Mauser
Feature WriterKristine Thomas
Nietribution Navid Hill

The Editorial Roard

ilie Luitoriai boaru
Steve Buettner SunWest Builders
Preston Callicott Effectual Inc.
Theresa Freihoefer C.O. Community College
Katie HartzHyphn
Neal HustonNeal Huston Architects
Jim LeeInvitExcellence
Ron Miller The Miller Company
David RosellRosell Wealth Management
Eric SandeRedmond Chamber
Howard SchorBusiness Consultant
Chris SchroederMorgan Stanley
Brian ShawverSecurity Pros
Scott Steele Steele Associates Architects
Susie Stevens Consultant
Chris TelferSpectrum CPA Group LLP

CONGRATULATIONS

RE/MAX KEY PROPERTIES

HIGHEST SALES VOLUME RESIDENTIAL (INDIVIDUAL)

Representing residential properties throughout



MICHELLI MILLS

HIGHEST SALES VOLUME COLLECTION

The RE/MAX Collection represents properties \$1 million & above



NANCY MELROSE

HIGHEST SALES VOLUME RANCH & LAND

Our Ranch & Land division represents ranches, farms & large acreage across the state



ELITE OREGON HOMES

HIGHEST SALES VOLUME COMMERCIAL

RE/MAX Commercial is a global network of more than 3,000 associates in over 50 countries



RYAN AMERONGEN

HIGHEST SALES VOLUME
RESIDENTIAL & COLLECTION (TEAM)

HIGHEST SALES VOLUME SISTERS OFFICE ROOKIE OF THE YEAR

COMMUNITY AMBASSADOR VOLUNTEER OF THE YEAR



NESTBEND REAL ESTATE



RON ROBERTS



AMIE DE MEYER



DEBBIE MARTORANO

RE/MAX CORPORATE AWARDS

LIFETIME ACHIEVEMENT



MICHELLE MILLS

HALL OF FAME



RYAN AMERONGEN



KAREN MALANGA



ANGIE MOMBERT



ANNA



NESTBEND REAL ESTATE

CHAIRMAIN'S CLUB



CASCADIA GROUP



ELITE OREGON HOMES



MICHELLE MILLS



RYAN AMERONGEN



TITAN'S

CLUB

RYAN BUCCOLA



AMIE DE MEYER

PLATINUM CLUB (CONT'D)



RHONDA GARRISON



MATT JOHNSON



JOHN KELLEY



SHEREE MACRITCHIE



DEBBIE MARTORANO



ANNA RUDER



VERONICA THERIOT

100% CLUB



THE EVERETT/ STEELHAMMER TEAM



DAREN CULLEN



MYRA GIROD



CINDY



A'LEAH KNIGHT



SELENA MCNEILL



JANET MCNOWN

100% CLUB (CONT'D)



NANCY MELROSE



DAVID



RON ROBERTS



JOHN SCHIMMOLLER



CONNIE



ANN WILLIS



WILSON



CRYSTAL

EXECUTIVE CLUB



ERIN CAMPBELL



LISA CAMPBELL



MOLLY MAPHET



MARINA MCCURDY



BRIAN MEECE



MARK VALCESCHINI

NestBend

Karen Malanga, Kristin Marshall, & Jonny Malanga



GLORIA DISANTO

TEAMS &
TEAM MEMBERS

Cascadia Group
Brent Landels, Angie Mombert, & Melissa Carson

Elite Oregon Homes Erika Stratton Sanzone & Mary Stratton Dahlke

The Everett/Steelhammer Team

Gary Everett and Joan Steelhammer

HOT NEWS

1Gig Internet Speeds Now Available in Madras & Prineville

Bendbroadband, a TDS Company, Announces Faster Speeds for Central Oregonians

BendBroadband is now offering 1Gig internet speeds in Madras and Prineville. Residential and business customers can now go faster than ever with a variety of high-speed internet packages from BendBroadband.

Customers can receive up to one gigabit internet speeds, a new TV service, TDS TV®+ and phone options.

"Now is the time to check out BendBroadband's fastest high-speed internet service," says Julie Maiers, vice president of TDS Marketing and Product Development. "If speed is what you want, 1Gig is what you should get."

With more people working from home and going to school virtually, many BendBroadband customers have found faster speeds are necessary. 1Gig will give the best online experience for streamers, gamers, social media users and families with multiple users at home.

bendbroadband.com

Cascade Spirits & GEM&BOLT Mezcal Enter Into a Dynamic Partnership

Cascade Spirits, a spirits brand house based in the Pacific Northwest, and GEM&BOLT Mezcal, a premium artisanal mezcal uniquely distilled with damiana, are pleased to announce their new dynamic partnership. Cascade Spirits will now lead the company's operations and accounting functions, relocating the company's U.S. operations hub to Portland, and will be collaborating with GEM&BOLT on sales, marketing and innovation efforts.

"We have been looking forward to this partnership," said Chris Joseph, CEO of Cascade Spirits. "GEM&BOLT is a unique and welcome addition to our portfolio. It is a brand we have admired with an opportunity to transcend the mezcal market with its iconic brand and unique

positioning. They have experienced explosive growth to date, and we are excited to accelerate their business with our resources."

"Chris and the Cascade Spirits team have created delicious products and meaningful brands, and their proven track record of growing spirits brands, building a strong connection with consumers, and delivering a true sense of community that is so critical to our own GEM&BOLT ethos," said cofounder Elliott Coon. "We couldn't be more excited to partner with them on the next phase of the GEM&BOLT Mezcal journey."

Continued on Page 30 ►

RECENT TRANSACTIONS

Compass Commercial Real Estate Services brokers Jay Lyons, SIOR, CCIM and Grant Schultz represented the seller, Boyd Acres Joint Ventures, LLC, in the sale of 62980 Boyd Acres Road in Bend. Russell Huntamer, CCIM of Compass Commercial Real Estate Services represented the buyer, Tillman Real Estate Associates, LP. The 51,900 SF industrial building on 3.55 acres sold for \$5,000,000.

Compass Commercial Real Estate Services broker **Terry O'Neil, CCIM** represented the landlord, **D&S Hollywood, LLC**, in the lease of a 1,410 SF office suite located at 1000 SW Indian Avenue in Redmond.

Start-up Brand SmartyPits Relocates to Bend



PHOTO | COURTESY OF SMARTYPITS

SmartyPits, the top-selling allnatural, aluminum-free deodorant on Amazon, has relocated its warehouse from California to Bend. SmartyPits' Bend warehouse will be able to quadruple the company's current production output. The new Bend warehouse is approximately 6,300 square feet, almost three times its previous manufacturing facility.

The new SmartyPits warehouse is located at 693 SE Glenwood Dr., Ste. 100, in Bend. With it, the company is bringing in two new high-capacity melters as well

as a fully automated labeling machine.

"This move to Bend and the new warehouse will drastically increase our ability to scale quickly," said SmartyPits founder and CEO Stacia Guzzo.

SmartyPits' deodorant won't clog up your sweat glands like typical antiperspirants; it contains plant-based powders that wick away sweat to keep your armpits dry. SmartyPits formula includes prebiotics, which helps to

Continued on Page 30 ►







12 Years of Service Experience Excellence

PrideStaff Wins 2021 Best of Staffing Client & Talent Diamond Awards

rideStaff, a national, franchised staffing organization, is pleased to announce for the eighth consecutive year that they have earned one of ClearlyRated's Best of Staffing Client and Talent Diamond Awards, after winning the Best of Staffing Client and Talent Awards at least five years in a row for providing superior service to their clients and job seekers.

"It takes an effective operating system, an unwavering commitment to the Central Oregon community, and a highly persistent team to achieve this award during a challenging 2020 year," said Matt Ertle, owner and strategi-partner of PrideStaff's Bend office.

Each year, fewer than one percent of all U.S. and Canadian staffing agencies earn ClearlyRated's Client and Talent Best of Staffing Diamond Awards. As the only nationwide, commercial staffing firm in the U.S. and Canada with over \$100 million in annual revenue to earn the Diamond Award designation for both client and talent satisfaction eight years in a row, PrideStaff is truly in a class by itself.

Winners have proven to be industry leaders in service quality based entirely on ratings provided by their clients and candidates. On average, clients of winning agencies are twice as likely to be completely satisfied as those working with non-winning firms. Candidates who have been placed by winning agencies are also twice as likely to be completely satisfied with the services provided

and cite higher levels of performance and engagement, which ultimately leads to better employee retention.

"Winning Best of Staffing Diamond Awards is extremely meaningful to our organization this year, because they directly reflect the exceptional service experience we delivered for our clients and candidates during extremely challenging times," said PrideStaff Co-CEO, Tammi Heaton.

"After one of the most turbulent years in modern history, winners of the 2021



(L-R) QUINN HANSON, LUCAS HEINZ, CHRISTINA AMEN. CHLOE CRABTREE AND MATT ERTLE I PHOTO COURTESY OF PRIDESTAFF

Best of Staffing award have proven their commitment to go above and beyond in support of their clients and placed talent," said ClearlyRated's CEO and Founder, Eric Gregg. "These service leaders have demonstrated their capacity to be agile, to be precise and to prioritize the client and talent experience above all else. It is my honor to celebrate and showcase the 2021 Best of Staffing winners alongside feedback from their actual clients and placed talent on ClearlyRated.com!"

pridestaffbend.com

We're local. We're committed. We get it done.



SUMMITBANK

OREGON'S BUSINESS BANK™

560 SW Columbia Street in Bend | 541-317-8000 | www.SBKO.bank

Member FDIC

ycleBar Bend Continued from page 1

COVID-19 outbreak.

During the three months the studio was shut down, Stefanie and her 14-year-old daughter, Ivy, stayed with her parents, Bill and Barbara Heavner, in California. She's grateful to her sister, Rhondi, and her brother-in-law, Brian, and her nephew, Rocco, for their continued support the last year.

"The shutdown was a blessing in disguise because it gave me time to grieve and just be with my family," she said.

On February 23, she took a moment to reflect on enduring the last year, sharing she was grateful to her friends who came to a small, private indoor ride to honor the one-year anniversary of her husband's death.

She credits the CycleBar Bend community for helping her survive the last year, adding the indoor cycling studio has been open only six out of the last 12 months. "This community has wrapped their arms around me and showed me an incredible amount of love

and support," she said. "They gave me a purpose and a reason to move forward."

Before COVID, Stefanie shared that people would gather after class to socialize. In the warmer weather, they would sit outside and enjoy a local brew on tap, celebrate Wine Down Wednesdays, or enjoy mimosas after the Sunday brunch rides.



STEFANIE IN HER STUDIO



PHOTOS AND MEMORIES OF STEFANIE AND KIRK NELSON | PHOTOS BY KRISTINE THOMAS

"Many of our members are like us — new to Bend and wanting to meet new friends," Stefanie said. "I think our mission to make our place built on community and being welcoming has created many friendships. I have had so many people tell me they have made lifelong friendships within our studio walls."

Joining CycleBar changed Sabrina Norton's life and created a friendship with Stefanie. "The second I got on the bike for my first-ever class, I knew I was hooked," Norton said. "You're in a dark room with a ton of people, loud music and an incredibly awesome instructor. It is a workout and an experience." She encouraged her husband, Chuck, to take a class with her, and now he's one of the CycleBar instructors.

Norton said she and her husband were devastated to learn Kirk had died. Then, the changes caused by the pandemic made 2020 an even more chaotic year.

"How Stefanie has persevered through this is incredible. I know she wants this studio to survive, I know she knows the impact it has in people's lives, and I know she wants to keep this going in memory of Kirk," Norton said. "She went through an incredibly rough time this last year and our loyal members, CycleStars, and staff have kept her determined to make it through. Kirk would be incredibly proud."

Stefanie is grateful for all the people who took on the tasks Kirk used to do—from servicing and fixing the stationary bikes to providing financial and business management advice. "My faith has helped me endure this last year," she said. "Kirk was a big basketball fan and coached many youth basketball teams. I imagine him in Heaven playing basketball with Kobe Bryant."

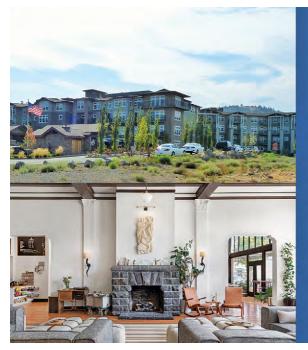
In early February, Stefanie said the indoor cycling studio was able to open at a limited capacity. "It's a far cry from the good old days when 50 bikes were allowed in the theater," she added.

For Stefanie, the workout allows her a timeout from thinking about her responsibilities and let herself get lost in the music for 45 minutes. "The workout is more than about the physical exercise," she said. "The mental health part is the most important thing many of us need to deal with the everyday stress. I have had people tell me that they came to the studio in the worst mood after a terrible day and leave feeling wonderful and renewed."

Every "thank you," every story of a new friendship made, every person who leaves the studio with a smile and every word of encouragement propels Stefanie to move forward and endure the loss of her husband.

"Kirk and I built this place," she said, quietly. "I owe it to him and our incredible community of riders to ensure its success. This studio is amazing because of Kirk's vision to build an inclusive community. The best way I can honor him is to see the studio survive and thrive after COVID."

CycleBar Bend is in the Old Mill District at 655 S.W. Powerhouse Dr., St. 150. cyclebar.com/location/bend • 541-797-0490





Defining the Word that Has Had So Many Meanings Over the Past 100 Years



PHOTO | COURTESY OF AUDIO VISUAL BEND

by KATE COUCH

kay, Einstein.""That was smart!""Your baby is so smart."These are all common sayings we've heard that center around the idea of smart or intelligence. But what is smart? As we progressed further into the 21st century, technology seems to be outdoing itself every day. The stock market is skyrocketing, the way we interact with each other and do business has changed completely and the internet seems to rule our lives. So when we hear the word "smart," how has its meaning changed? Most of you have a *smartphone* in your pocket, many teachers have *smart boards* (a technology integrated touch screen whiteboard with a proprietary pen with software) and our kitchen is filled with "smart" appliances.

How this applies today

Today the word smart can be used to reference technology, specifically artificial intelligence technology. Al was a word that scared a lot of people a decade or two ago. Now it's nearly unavoidable. With the word smart directly correlating to an item having some sort of artificial intelligence, smart devices and Al devices are in more places than we realize. The demonizing of artificial intelligence through science fiction movies is what caused a lot of pandemonium when it came to the idea of your technology being "smart." The truth is, there's a lot of benefits to having smart technology. We know it's constantly making our lives easier and more efficient. Especially right now, as we heavily rely on technology to carry our schools and jobs.

Where does AV come in?

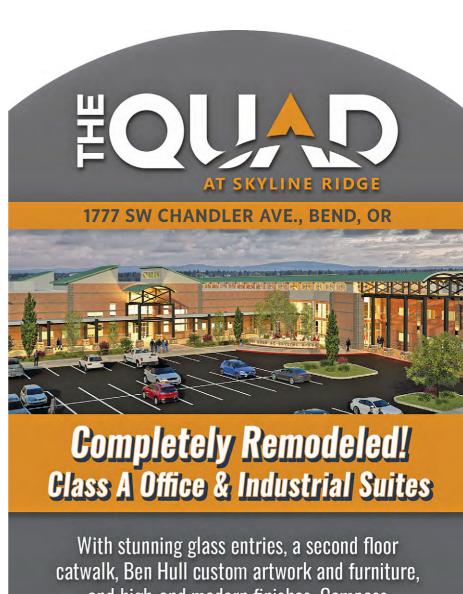
Audio and visual technology and setup have become extremely important during the pandemic; especially relating to Zoom rooms. Audio Visual Bend does Zoom rooms for clients since the pandemic. A Zoom room is essentially a room with an acoustical treatment plan, cameras, microphones and a speaker setup for Zoom meetings. It's an essential function to help schools and businesses have effective and efficient meetings. Having properly set up cameras, speakers and microphone systems make the stress of having a Zoom meeting melt away. In addition to this, the soundproofing and acoustical treatment plan will diminish the possibility disrupting of others and minimize others disrupting you.

Audio visual and smart technology doesn't end with Zoom meetings though. Before the pandemic, audiovisual mixed with smart technology often looked like integrating smart devices and appliances. Often customers would want in-home speaker systems and automatic lighting that can be adjusted with simpler panels or even from their phones. Customers often strived for a result that was less autonomous.

Where is it going?

Audio visual definitely has some changes coming in the future with the way technology is going. Ten years ago, audiovisual was more corporate-based and for wealthier clients. But as technology progresses, audio-visual becomes more affordable. Audio Visual Bend predicts that more of our customers want to be integrating systems into their homes like speakers, cameras, projectors and acoustical treatments over the next few years. It will start to look more like an inhome service industry model, rather than a one-time installation of a product or solving a problem. It'll be something that's ongoing integrating new technology into homes and corporate offices.

Smart is definitely a peculiar word with lots of meaning. But with new waves of technology coming out all the time and audio and visual being thrown into an entirely new pool of opportunities, the word "smart" really has developed its own new meaning.



With stunning glass entries, a second floor catwalk, Ben Hull custom artwork and furniture, and high-end modern finishes, Compass Commercial is pleased to present The Quad at Skyline Ridge, Bend's newest and most impressive business campus.

Office suites for lease from 255 - 8,824 SF Industrial/flex space for lease up to 22,707 SF

Now scheduling private broker and tenant tours!

Contact Brokers Dan Kemp or Adam Bledsoe at 541.383.2444 to book your tour!





REAL ESTATE SERVICES

541.383.2444 | CompassCommercial.com/Quad

Creating Psychological Safety as Pandemic Eases

by ANN GOLDEN EGLÉ, MCC

here is no question that relationships across the board have changed over the past pandemic year. With the varying opinions on wellbeing during COVID-19 and its resulting restrictions, values have been challenged. Take, for example, the value of freedom vs. the value of safety.

Those who value freedom may resist wearing a mask, while those who fear the loss of safety for themselves and their families may choose to stay away from such perceived health dangers. Disrespect slowly builds for those on each side, which can permanently damage relationships.



Physical and psychological safety have become intertwined. As we consider reentering our places of work with our teams and colleagues, there is much to consider beyond the new physical barriers and six-foot distancing rules.

Dr. Timothy R Clark has written an inspiring book: *The 4 Stages of Psychological Safety, Defining the Path to Inclusion and Innovation*.

I was fascinated when listening to Clark describe these four stages during a Teleclass this past week. The saying 'simple but not easy' came to mind as I listened to him describe these four imperative stages. In a nutshell, it comes down to desire, intention, focus and execution.

According to Clark: "When leaders cultivate psychological safety, teams and organizations progress through four successive stages. First, people feel included and accepted; then, they feel safe to learn, afterward they contribute, and finally, challenge the status quo." Now, this is a culture in which any of us would thrive. This leads to the development of a strong, healthy culture.

Stage '1' is Inclusion and Safety. New hires ask questions like "Do I belong?" During this stage, a new employee is encouraged to ask many, many questions. I have seen the curiosity of new employees bring a refreshingly new light to the status quo. These employees are included in a variety of conversations and invited to an assortment of companywide meetings, which allows them to see and be a part of your larger company picture.

When others invite us into their culture, we develop a sense of shared identity and a conviction that we matter. The need to be accepted precedes the need to be heard.

"When we create inclusion safety for others, regardless of our differences, we

FREE ESTIMATES & INSTALLATION 541-317-4684

BLINDS & DESIGNS

FREE ESTIMATES & INSTALLATION 541-317-4684

cordless lift on all Honeycomb cellular shades.

For the Best in Child safety and Convenience upgrade any Honeycomb shade to a cordless lift system at no charge until 2021.

At Aloha Blinds & Designs we understand how important child safety is.

alohawindowcoverings.com

Oregon's premier provider of custom window coverings.

acknowledge our common humanity and reject false theories of superiority and arrogant strains of elitism." Dr. Timothy Cark

Stage '2' is *Learner Safety*. During this stage, employees are becoming a bit more comfortable in their new professional environment. They ask themselves: "Am I learning? Do I feel safe to continue to be curious, ask more questions and make mistakes?" Employees are encouraged to be vulnerable as they learn and develop their own style, perhaps slightly redefining their role.

How is this best encouraged? By the manager or leader being vulnerable themselves. One of the most powerful leadership tools I encourage my clients to use is to be vulnerable.

For example, client Daniel makes it a practice to take his employees out to a monthly lunch during their first year with his company. As they express any struggles they are experiencing, he provides examples of how he handled or mishandled similar challenges along his path to success. His vulnerability, often humorous, creates a safe environment for his employee to continue to learn, ask questions and grow.

"Learner safety satisfies the basic human need to learn and grow. It allows us to feel safe as we engage in all aspects of the learning process — asking questions, giving and receiving feedback, experimenting and even making mistakes, not if but when we make them." Dr. Timothy Clark

Stage '3' is Contributor Safety. At this stage in employees' development, they ask themselves: "How can I apply what I've learned to make a difference?" This is the natural human desire to feel empowered to make a difference. They are now certain that they belong in your company and this position.

They are secure in being a full member of your team. They have learned enough to make suggestions to improve systems or processes. This is best encouraged through their freedom to ask the 'why' we do things in a certain way. Exploring the 'why' from years ago can lead to transformation today.

"The more we contribute, the more confidence and competence we develop. When we create contributor safety for others, we empower them with autonomy, quidance and encouragement in exchange for effort and results." Dr. Timothy Clark

Stage '4' is Challenger Safety. According to Dr. Clark, few teams reach this point, though it begins the realm of innovation. Seasoned employees ask themselves: "Am I safe to challenge why we do things this way, to challenge the status quo?"

This stage requires strong leadership Emotional Intelligence (EI). While encouraging intellectual friction, it is vital not to increase social friction. Leaders cannot allow these challenges to get personal. Instead, deep listening skills, being open to novel ideas and curiosity will win the game. Not all challenges need lead to action; however, if they are encouraged, they can lead to brilliant and highly profitable innovative changes down the line.

"Challenger safety provides respect and permission to dissent and disagree when we think something needs to change and it's time to say so. It allows us to overcome the pressure to conform and gives us a license to innovate and be creative." Dr. Timothy Clark

Many of the mental and emotional effects of this last most challenging pandemic year are now coming to light. As leaders, it is imperative that you pay attention not only to the physical safety of your teams as they reenter your place of work but to their psychological needs. You truly do not know all that they have experienced over this past year.

I challenge you to take Dr. Clark's stages of psychological safety to heart as you welcome back your team members. Spend time asking how they are, what they now need and listening to them. Ask yourself which stage of psychological safety each employee may be experiencing.

Relationships have changed and shifted; many may need rebuilding. I have complete faith in your ability to strengthen and enhance your team for the betterment of all involved.

Executive and Leadership Coach Ann Golden Eglé, MCC, has steered successful individuals to greater levels of success since 1998. Ann is president of Golden Visions & Associates, LLC, can be reached at 541-385-8887, ann@gvasuccess.com or GVAsuccess.com. Subscribe to Ann's internationally acclaimed 'Success Thoughts' e-zine on her website.

GVAsuccess.com

Ask About CBN Free E-Headlines 541-388-5665

ads@cascadebusnews.com

Business Valuations Pre- & Post-COVID

by LAURA LEMCO, Certified Valuation Analyst — Capstone Valuations

everal people have asked how business valuations differ before and after COVID. I recently co-presented with Kelly McCann, Esq. of Burnside Law Group to the Oregon Society of CPAs on the topic to more than 50 attendees. It is an important question!

First, a valuation is based on a projection of future earnings. Historical earnings are an important part of

earnings. Historical earnings are an important part of predicting future performance, but there are many other pieces. U.S., state and local economies affect business value, as does the industry of a business. COVID has made it

particularly complex because it has affected regions and industries in different ways. Some businesses got a boost in revenue, some were devastated. Some business owners were able to successfully pivot, while others spent money trying to do so, only to fall harder.

How do we perform appraisals with so many unknowns? We do the best we can with what we have — the same as all business owners have been doing this year. We can only work with the information available, not with what we wish we had. We work hard to gather evidence and substantiation to paint a picture of each individual business's prospects.

Within the company, we can usually obtain historical financials. I have rarely seen usable management projections, however, so we most often build our own. I ask owners and managers for any reports that they use themselves in their day-to-day operations and planning. How do they know how much inventory to order? How do they plan staffing levels? Although they do not have a grand master plan with organized projections, we find that they do keep track of "stuff." In each appraisal, I dig in to learn exactly what is important to them and how they track it. What drives sales and customer satisfaction? How far out do they buy? How can we compare what the business is doing now to a year ago and the past five years? It usually takes several rounds of questions and discussions. Digging deep into each individual company is the key to understanding how they operate and how to project what will happen in their future.

There are several resources available outside the company. Most companies operate in an industry that has an association comprised for the benefit of similar companies across the nation. (i.e., I Googled "concrete association," and I stopped counting at 20!) These associations will usually provide some information and basic benchmarks for free. This enables us to compare a subject company with its peers. Sometimes, associations will also have their own projections for their industry. If we compare how a company had done relative to its industry in the past, we can make an educated guess on how it will perform relative to the industry projections.

There are companies that analyze industries, but access to their reports

is typically by paid subscription. Wonderful for us in Central Oregon — the Deschutes Public Library subscribes to many databases with rich vaults of information. I strongly recommend that business owners use this great resource to compare their performance to their industry benchmarks. You may discover some lost opportunities or areas where you can improve. Shout out to Liisa Sjoblom, one of the community librarians, who has helped us with research several times when the library was closed due to COVID restrictions!

There is a plethora of economic information available from government agencies. A small sampling includes:

- Treasury Rates: treasury.gov
- Federal Reserve Economic Data: fred.stlouisfed.org
- Bureau of Economic Analysis: bea.gov
- Oregon Employment Department: qualityinfo.org
- Deschutes County: deschutes.org/cd/page/reporting-statistics-center

It takes time-consuming work to find, sort and evaluate data to develop good projections and it is even more difficult and important since COVID. Once we have developed projections, we still have more research to conduct. Appraisals require applying a discount rate or a capitalization rate to projected earnings to bring the value of the future benefit stream to a distinct value in the present. Through more research and analysis, we determine what interest rates market participants are demanding to take on the types of risks that our subject company faces.

Once we finally have substantiated projected benefit streams and the interest rate the market requires to invest in companies with similar risk profiles, we discount the future benefits to derive the present value of the business. We then write a clear substantiated report so that the users understand how we arrived at this concluded value. Much like your algebra teacher said, "show your work!", we clearly demonstrate how we developed the income projections and what risks we analyzed to build the discount or capitalization rate.

Yes, it is complicated, but like any complex business procedure, we break the process down into steps. We develop an opinion of value with in-depth research specific to the particulars of each company. Right now, COVID has a major impact on all markets and how it affects each individual business presents several more pieces of the puzzle. By digging in deeper than ever, we can still determine reasonable conclusions of value.

If you are looking for information specific to your business, please feel free to contact me or the Deschutes Public Library at deschuteslibrary.org As I mentioned in my previous article, there is still an active market for businesses, despite the uncertainties we all face. If you want to talk about your specific situation, contact us for a free, confidential consultation. We are glad to help where we can or point you in the right direction!

CapstoneValuations.com



Your Security is Our Priority

SecureLocal

Watch the destruction of your private information and business data on the SecureShred monitor from the comfort of your home or office chair.

Shredded materials are recycled.





NAID Member, HIPAA and Gramm-Leach-Bliley compliant.





Investment Management



Insurance & Annuities



Financial Planning



Give me a call today to discuss your unique needs!

Ed Wettig, CFP® 21 Years Experience ed@wettigcapital.com

Whether you're 20 years or 20 days from retirement, I specialize in Retirement Income planning and solutions.

Get Started On Your Financial Future Today
CALL 541-516-0923

www.wettigcapital.com

354 NE Greenwood Ave., Suite 216 Bend, OR 97701

Wettig Capital Management is independent of Royal Alliance Associates, Inc. and not registred as broker/dealer or investment advisor. *Securities investment advisory services offered through Royal Alliance Associates, Inc. Member FINRA/SPIC and registred Investment Advisor

69 Newport Avenue Buildings: Home to New Eateries & Offices with Amazing Views

by RONNI WILDE — CBN Reporter



MIKI BEKKARI | PHOTO BY CASCADE BUSINESS NEWS

The two unique new buildings at 69 Newport Avenue, on the corner of NW Brooks Street next to Bend Brewing Company and positioned right next to the river, are connected but distinct from one another and contain two suites each: The ground levels are dedicated restaurant spaces, and the upstairs offer upscale office areas.

The east building houses Blissful Spoon (blissfulspoon.com) on the ground level, a European bistro-style restaurant that offers sandwiches, pastas, soups, salads and tapas. Upstairs, the office space is still available, and is ideal for a single tenant, but could be split into two spaces, according to Sean Cavanagh, project lead for the family development group that owns the buildings. "People are tentative, waiting on COVID," he says of the space, which is light and bright and full of windows with great views. The east building is unique from its counterpart in that it contains a large basement that will eventually be turned into an underground Mediterranean-themed wine bar by Blissful Spoon owners Miki and Kamal Bekkari. The basement will also have a kitchen, and customers will be able to order food down there as well as upstairs in the restaurant.

The west building, which directly overlooks the river, will house Sen, a new Thai restaurant, on the ground floor, and upstairs will be home to the Foundation for Affordable Housing, a family-run affordable housing organization. Sen, scheduled to open in late April or early May, will be a Thai noodle hot pot house operated by the Itti family, owners of the popular Wild Rose Northern Thai restaurant at 150 NW Oregon Avenue in downtown. That space has tall windows to enhance the Deschutes River and Awbrey Butte views, and will house a huge kitchen and a large back patio overlooking the river and the lawn area of Bend Brewing Company. The patio will include a lower terrace with railing crafted from unique materials, Cavanagh says. Upstairs, the office space is also full of windows, and contains roll-up doors that can be opened in warm weather, a giant steel pivoting door, a conference room area with a fireplace and kitchenette and incredible views.

"We broke ground in early fall of 2019, so all of the leases in the buildings were in place before COVID," says Cavanagh, adding that the commitments of the tenants have remained strong throughout the pandemic crisis. "The vision was to have restaurants as the bases all along, and the restaurants have weathered COVID well; there has been no hesitation on their parts in moving forward. And the Foundation for Affordable Housing family has been committed to making their office space nice." He adds, "These spaces have been a long time in the making. They are high profile, with lots of attention to detail."

ast Meets West — 69 Newport

Continued from page 1

The buildings — designed by Bend-based GL3 Architects and built by general contractor R & H Construction — adjacent to the bustling Bend Brewery Company, feature liberal use of stone and steel but each has its own distinct characteristics, which Kavanagh said was a conscious decision given the context of the two orientations.

He said, "We wanted each building to have its own look, so the East Building facing Brooks Street has a more traditional downtown flavor, featuring a brick exterior designed to blend in with the more urban surroundings.



WALL ART INSIDE BLISSFUL SPOON | PHOTO BY CASCADE BUSINESS NEWS





Mike Gorman, *principal*, 541.771.6285 Jim Landin, *principal*, 541.771.6286

1693 sw chandler ave, suite 140 • bend • **541.668.9550** • gl3-arch.com

ast Meets West — 69 Newport

Continued from page 10



"Conversely, the West Building which overlooks the treed landscape along the jewel of Mirror Pond illustrates more of a contemporary mountain town, lodge-like feel, with a stone exterior and reclaimed materials such as recycled barn wood. We really wanted to let each property evolve in tandem with its surroundings.

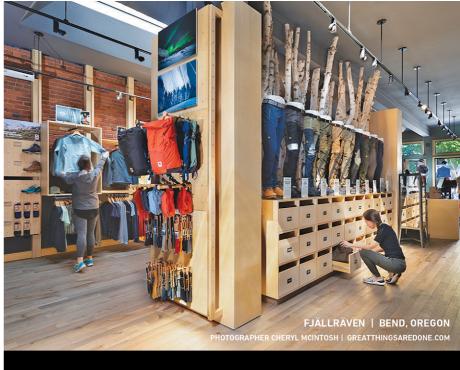
"Development of the site proved to be somewhat complicated because of the location by the river and involved a lengthy land use entitlement process — including an amendment to the Water Overlay Zone (WOZ). But we had the time



CONGRATULATIONS

R&H Construction on the completion of the 69 Newport Building!

> Thank you for choosing Deschutes Window & Door for the project!



WE ARE BUILDERS.

safety. projects. careers. relationships. community.



R H C O N S T. C O N

OR CCB#: 38304

ast Meets West — 69 Newport

Continued from page 11

and the patience to work through the steps with the goal of creating a real asset to the community.

"Building and creating projects such as this are a personal passion of mine and my family and business partners. We are a long-term-thinking development company and wanted to build something of high quality that is going to stand the test of time."

The opposing buildings straddle an 18-space parking lot, and the portion fronting Brooks Street will soon boast mural artwork across the exposed wall of the adjoining brewpub.

Each is two-story, featuring exposed beams and trusses, with restaurant amenities on the ground level and offices above, with the bulk of the space already leased out.

The East Building is now home to the "Blissful Spoon," a casual restaurant offering a range of tempting options including delicious baked treats, complete with a basement potentially housing a bar area. The second story office space is vacant and available to rent

The West Building fronting the river is to accommodate a sister restaurant to the nearby wildly popular Wild Rose Thai hotspot, featuring a variation on the same cuisine theme, while a family business specializing in affordable

housing is occupying the upper level, complete with overhead garage-style doors, a pool table and homely lounge type stylings.

Jim Landin, principal architect with GL3 Architects commented, "This proved to be one of the most complex sites in Bend because of the zoning and other factors including the tightness of the zero lot-line boundaries.

"The project had lot of different elements to it, including necessitating a zone change and comp plan amendment, as well as incorporating access to the river as part of granting and easement to allow parks and rec to further river trail connectivity.

'The buildings are tied together with natural stone and a metal staircase connected to the West Building that adds to the substantial, historic feel, while



PHOTOS | BY CASCADE BUSINESS NEWS

the raw steel exterior will naturally weather over time to give a rustic patina that at some point will be clear sealed to preserve that unique look.

"One of the interesting aspects was that when we were drilling down on the East Building we hit on another slab from a previously existing building, which we had to remove and which effectively dropped the floor and expanded the original basement size, as well as entailing the wholesale realignment of footings.

"This was a challenging but very rewarding project that took a lot of team work but also demonstrates high quality and incredible attention to detail of all the contractors involved."

For leasing inquiries, contact: leasing.69newport@outlook.com



FUTURE OUTSIDE DINING PATIO FOR SEN THAI RES

69 NEWPORT

69 Newport Ave. • Bend

Property Owner/Developer:

Sean Cavanagh

Contractor: R&H Construction

Square Footage:

East Building: 6,100 sq. ft., West Building: 6,400 sq. ft.

Senior Project Manager:

Jacob Hartley R&H Construction

VP/Shareholder:

Gary North, R&H Construction **Project Superintendent:**

Ryan Myhra, R&H Construction

Project Engineer:

Rachael Schulte,

R&H Construction

Structural Engineer:

Ashley & Vance

Architect: Jim Landin, GL3 Architects **Civil Engineer:**

Hickman Williams & Assoc.

Mechanical Engineer:

Bend Heating & Sheet Metal Inc.

Landscaping:

Aspen Landscape Development

Subcontractors and Suppliers:

7 Peaks Paving LLC, A&E Masonry & Construction, AM-1 Roofing Inc, Aspen Landscape Development, Baxter Builders, LLC, Bend Commercial Glass, Bend Concrete Service Co, Bend Electric Inc., Bend Heating & Sheet Metal Inc, CCI Bend LLC, Central Oregon Garage Door, Elite Construction Contracting, H.A. McCoy Engineering & Surveying LLC, LDC Inc, Northwest Quality Construction Inc, Outwest Builders LLC, Performance Insulation & Energy Services Inc. Pioneer Millworks Inc. Portland Millwork, Inc. Roger Langeliers Construction Co, Severson Fire Protection Inc, Severson Plumbing & Mech Inc, Storlie Brothers Construction LLC, ThyssenKrupp Elevator, Tim Bloom Construction Inc, We Cut Concrete Inc, Cascade Civil Corp, Ceniga's Masonry, Deschutes Painting Inc., Sage Window Cleaning, Western Protective Coatings LLC, Bend Electric Inc., Bend Heating & Sheet Metal Inc., Carlson Sign Co, CCI Bend LLC, Deschutes Painting Inc., Fabulous Floors Inc, Havern Cabinetry Design, I & J Carpets Inc, Imagine Stoneworks Inc, North Country Building Specialties, Severson Fire Protection Inc, Severson Plumbing & Mech Inc, TURF Design Inc, Bend Commercial Glass, Bend Electric Inc., Bend Heating & Sheet Metal Inc, CCI Bend LLC, Dansky Cabinetry, Deschutes Painting Inc., Deschutes Window & Door Co Inc, Energy Conservation Insulation Co., Fabulous Floors Inc, Guarantee Glass & Mirror Inc, Imagine Stoneworks Inc, Johnson Brothers TV & Appliance, Lakeview Millwork Sales, Inc., Severson Fire Protection Inc, Severson Plumbing & Mech Inc, Storlie Brothers Construction LLC

2021 MEETING GUIDE



THE SOCIALLY DISTANCED YOUTH LIVESTOCK AUCTION | PHOTO COURTESY OF DESCHUTES COUNTY FAIR AND EXPO CENTER



Off-Road Tours

Families/Groups/Company

Snowmobile Rentals



Element Bend is New Eco-Friendly Gathering Place that Caters to Active Travelers

CBN Staff Report

lement Bend is one of Central Oregon's newest hotels, focused on eco-friendly practices and catering to active travelers looking to maintain a healthy lifestyle while on the road. The hotel is petfriendly, has extended stay options and has a meeting/event room to accommodate groups or businesses.

"We are thrilled to host our first groups and events beginning this spring," says JoAnna Eisler, director of sales for Element by Westin Bend. "The hotel has one 926-square-foot event space called The Bulletin Room. Named as a nod to town history, the hotel is built on the original site of the *Bend Bulletin*. Digital nomads can take advantage of Element's meeting room and business center, with printing, faxing and high-speed internet available."

Located at 1526 NW Wall Street, Element Bend opened February 12 and has 112 guest rooms, of which 31 are fully equipped suites and 56 are studios with full kitchens. There are two Element Studio Commons, anchored by four guest rooms where guests can cook, convene and relax together in shared kitchen and living room areas. "Element Bend was built with guest well-being and environmental sustainability in mind, inspired by the natural beauty of Central Oregon." The hotel is managed by Mereté Hotel Management, and is the first Element Hotel to open in Oregon.

Each suite is outfitted with fully equipped kitchens, spa-inspired bathrooms, filtered drinking water and Westin's trademarked Heavenly Beds. The hotel is located across the street from Pioneer Park, walking distance to downtown. "Element Bend's suites and studio commons provide the autonomy that guests love about online home rentals, with the comforts, excellence and luxury that only a hotel can provide, perfect for extended stays," says Eisler.

Element Bend's sustainability standards range from use of new green materials and design to carpets made with recycled content, cushions made from soy, bed frames made from certified forest wood and artwork mounted on recycled tires. The hotel's design foundation is inspired by nature; streamlined furnishings reference both nature and Nordic design. The public spaces are bright and designed to be casual, open and laid-back, with oversized windows that bring the outdoors in.

The hotel also offers the 24/7 Motion Fitness center, a saline pool, electric vehicle charging stations, a coin-operated laundry facility, a Bikes to Borrow program and bike and ski storage. There are two complimentary food options:



THE FIRST ELEMENT HOTEL TO OPEN IN OREGON FEATURES BIKES TO BORROW, KITCHENS AND MODERN DESIGNS FOR A MOUNTAIN GETAWAY | PHOTO COURTESY OF ELEMENT BEND

- Rise, a complimentary breakfast with healthful items including fresh fruit, breads and cereal, a Chobani mix-your-own yogurt bar and a live cooking station with a rotating daily menu of hot breakfast items; and
- Relax, an evening reception offered Monday through Thursday. Each gathering features wine and beer served from a cart with automated technology, helping to reduce packaging. Beverages are accompanied by local cheeses, breads and marinated olives.

Continued on Page 18 ►

Hotels & Motels (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Sleeping Rooms	Meeting Rooms	Meeting Room Capacity	Meeting Exhibit Space	Room Rates	Pets Allowed	Airport Shuttle	Sales Director
Bend Quality Inn 20600 Grandview Dr., Bend, OR 97701	541-318-0848	541-383-7106	www.bendqualityinn.com bendqualityinn@live.com	Dee Sehgal	6	1999	50	0	0	0	\$85-\$159	Yes	No	Dee Sehgal
Bend Riverside Inn & Suites 1565 NW Wall St., Bend, OR 97703	541-389-2363	541-312-3900	www.bendriversideinnandsuites.com	Victoria Garcia	11	1929	70	1	15-20	300	\$85-\$169	Yes	No	N/A
Best Western Newberry Station 16515 Reed Rd., La Pine, OR 97739	541-536-5130	541-536-7779	www.bestwestern.com/newberrystation 38147@hotel.bestwestern.com	Phil Roberts	18	1998	60	1	35	400	\$90-\$180	Small dogs	No	Phil Roberts
Best Western Plus Rama Inn 2630 SW 17th Place, Redmond, OR 97756	541-548-8080	541-548-3705	www.redmondramainn.com fd.rird@bhghotels.com	Dennis Grooms	15	1992	73	0	0	0	Available upon request	No	No, but will cover taxi	Dennis Grooms
Best Western Ponderosa Lodge 500 Hwy. 20 W, Sisters, OR 97759	541-549-1234	541-549-0409	www.bestwesternsisters.com 38103@hotel.bestwestern.com	Anje Waalkes, Ryan Lane	20	1986	76	1	80	1,125	\$80-\$150	Some	No	Ryan Lane & Anje Waalkes
Best Western Prineville Inn 1475 NE Third St., Prineville, OR 97754	541-447-8080	541-447-1011	www.bestwestern.com/prineville 38124@hotel.bestwestern.com	Jen Clark	15	1992	68	1	50	800	\$89-\$150	No	No	Troy Clark
Campfire Hotel 721 NE Third St. Bend, OR 97701	541-382-1515	N/A	www.campfirehotel.com www.campfirehotel.com	Ally Garcia, David Mogg, Jeremy Duncan, Jake Grubb	25	2020	100	0	0	0	Call for rates.	Yes	N/A	Jake Grubb
Comfort Inn & Suites of Bend 62065 SE 27th St. Bend, OR 97701	541-617-9696	541-322-4080	www.comfortinnbend.com comfortinnbend@gmail.com	Timothy Winegar	15	2003	64	1	75	920	\$105-\$185	No	No	Timothy Winegar
Comfort Suites Redmond Airport 2243 SW Yew Ave., Redmond, OR 97756	541-504-8900	541-504-1316	www.comfortsuites.com\hotel\or113 bliskh@bt-hosp.com	Belinda Liskh	20	2002	92	2	25-60	700	\$109-\$399	Yes	Yes	Belinda Liskh
Country Inn & Suites 1773 NE Third St., Prineville, OR 97754	541-447-7100	541-447-9109	www.countryinnprinevilleoregon.com laurie.romine@countryinns.com	Laurie Romine	17	1999	63	2	50	744	\$82-\$112	Yes	No	Laurie Romine
DiamondStone Guest Lodges 16693 Sprague Loop, South of Sunriver, OR 97739	541-536-6263	N/A	www.diamondstone.com diamond@diamondstone.com	Doug & Gloria Watt	4	1992	5 units, sleeps 1-17 people	Yes	25 indoors, 100 outdoors	1,300 sq. ft. (indoors)	\$150 - \$450	Dogs allowed for fee	Please call.	Doug Watt
DoubleTree by Hilton Bend 300 NW Franklin Ave., Bend, OR 97701	541-317-9292	541-317-9090	www.bend.doubletree.com eric.rock@hilton.com	Eric Rock	30	1998	117	3	125-130 total	2,500	Call for rates.	No	Please call.	Ann Cook
Eagle Crest Resort 1522 Cline Falls Rd., Redmond, OR 97756	541-923-2453	541-923-1720	www.eagle-crest.com info@eagle-crest.com	David Campbell	300	1985	175	9	400	11,000	\$89-\$365	Yes	No	David Campbell
Econo Lodge 123 NE Third St., Prineville, OR 97754	541-447-6231	N/A	www.choicehotels.com gm.or140@choicehotel.com	Sunita Chand	3	1971	33	0	0	0	\$40-\$85	Yes	No	Sunita Chand
Econo Lodge 437 NE Third St., Bend, OR 97701	541-382-7711	541-385-0989	www.choicehotels.com gm.or140@choicehotel.com	N/A	5	2004	59	0	0	0	\$39-\$89	Yes	No	N/A
Econo Lodge Inn & Suites Madras Chateau Inn 709 NE Hwy. 26, Madras, OR 97741	541-475-4633	541-475-7872	www.choicehotels.com gm.or140@choicehotel.com	N/A	10	2010	99	1	35	1,200	\$49-\$125	Yes	No	N/A
Fairfield Inn & Suites by Marriott 1626 NW Wall St., Bend, OR 97701	800-228-2800	541-318-5332	www.fairfieldinnsuitesbend.com amitchell@bendsuites.com	Ashley Mitchell	20	2002	80	1	12	0	\$89-\$189	No	No	Ashley Mitchell
FivePine Lodge & Conference Center 1021 Desperado Trail, Sisters, OR 97759	541-549-5900	541-549-5200	www.fivepinelodge.com greg.willitts@fivepinelodge.com	Greg Willitts	32	2007	44	4	250	9,000	\$149-\$389	Yes	No	Amanda Pierce
Hilton Garden Inn 425 SW Bluff Dr., Bend, OR 97702	541-617-6111	541-617-6112	www.bend.hgi.com rosa.mcculley@hilton.com	Rosa McCulley	30	2004	96	3	140	2,800	\$119-\$279	No	No	N/A
Holiday Inn Express 20615 Grandview Dr., Bend, OR 97701	541-317-8500	541-317-8555	ihg.com	N/A	24	2000	99	1	75	800	\$75-\$150	Yes w/ \$10 fee	No	N/A
Inn at Cross Keys Station 66 NW Cedar St., Madras, OR 97741	541-475-5800	541-475-5801	www.innatcrosskeysstation.com theinnatcrosskeysstation@gmail.com.com	Court Priday	20	2008	72	2	180	5,000	\$70-\$150	Yes	Yes	Court Priday
La Quinta 61200 S Hwy. 97, Bend, OR 97702	541-388-2227	541-388-8820	www.laquinta.com	Vicki Stewart	25	N/A	65	1	30	0	\$65-\$150	Yes	No	Vicki Stewart
LOGE Entrada 19221 SW Century Dr., Bend, OR 97702	541-382-4080	N/A	www.logecamps.com/bend-or entrada@logecamps.com	Linda Apichell	15	2018	79	1	25	500	\$105-\$155	Yes	No	Linda Apichell
McMenamins Old St. Francis School 700 NW Bond St., Bend, OR 97701	541-382-5174	N/A	www.mcmenamins.com salesbend@mcmenamins.com	Mandy Trulsen, Sarah Nielsen	85	2004	61	2	100	800 sq. ft. & 1,250 sq. ft.	Call for info/website	Yes	No	Sarah Nielsen
Motel 6 - Bend 201 NE Third St., Bend, OR 97701	541-382-8282	541-388-6833	www.motel6.com	Rocky Patel	5	2000	60	0	0	0	\$59-\$89	Yes	No	Rocky Patel

Wall Street Suites From Dilapidation to Destination

by RONNI WILDE — CBN Reporter

all Street Suites — once the home of a dilapidated old motel in need of major repair — has been given new life by its owners and is now a thriving destination hotel, rated the #1 Motel/Hotel in Bend by Trip Advisor. Wall Street Suites has been in the Top 10 Fan Favorite Destinations in Oregon for four years straight, according to owner Wendy Kelley, and more than 50 percent of the hotel's business is return customers.

"Our model is based on real, pure, customer service," says Kelley. "Our customers are mostly Oregonians who already love Bend or have heard about it and are here to experience it. They are families who enjoy cooking a meal or two, like outdoor activities and appreciate the extra amenities that we offer." She adds, "We are dog friendly, and have our own dog park, so that appeals to doggie folks. Our guests appreciate that their car is parked right outside their door, keeping cargo safe and convenient."

At the Wall Street Suites, located at 1430 NW Wall Street, each space is insulated for sound control and comes with its own combination of carefully selected woods and unique stone and tile such as Ming, sandstone, marble, slate and travertine, as well as variations of unique slab granite. Free parking and high-speed internet are offered, and the facility is a non-smoking property. Located two blocks from historic downtown Bend, Wall Street Suites is across the street from Pioneer Park.

The original motel was built during the 1950s on what was then Hill Street, and in its prime, it accommodated out-of-towners who enjoyed coming back to the motel after a long day of recreating. *The Bend Bulletin* moved in across the street during the 1960s, and the local county buildings were on the other side of the street. According to the Wall Street Suites website, "As times began to change and Bend went through a period of unprecedented growth, the Plaza Motel did not keep up. In the early 2000s, *The Bend Bulletin* moved to a larger property, leaving the property across the street barren, and The Plaza Motel began to change ownership multiple times. By 2007, it had become low-income housing, and by 2010, was in need of major repair.

"The Plaza Motel was built to compete with the landmark Pilot Butte Inn," says Kelley. "My husband, Pat Kelley, remembers around the summer of 1967 they were filming the movie *The Way West* in Bend. He and his buddies would spy on the motel, and he claims Sally Field stayed there. They would go to Pioneer Park in hopes of seeing her, but her film crew ran them off," she recalls with a laugh. "We purchased the property in 2011 from the bank, and it was extremely run down, but we felt that the bones were good."

When the Kelleys started the project, they had partners, Vern and Gretchen Palmer. "We have since bought their interest in the motel and we now own it solely. We stripped the interior to the studs, completely rewired the electrical, added double insulation and



doubled up on sheetrock as a sound barrier," she says. "Originally, it was 35 units that were configured like a typical motel room with a bed and bathroom. We decided to double the rooms and make them complete boutique suites with private bedrooms, complete gourmet kitchens and top-of-the-line amenities; so we were left with 17 rentable rooms." The original Plaza Motel had a steam heating system, she says, so they saved the gas boiler system, and it now provides an endless supply of hot water.

Pat Kelley is a collector of exotic woods, so the rooms are finished with walnut, beach, pecan, figured maple, Russian pine and a few unknown species that Kelley says her husband found in his stash. "It took two years to complete the remodel, and we opened in December of 2013. Pat and I own another property on the Oregon Coast, the Agate Beach Motel, and have operated it since 1990. It is a small motel with only ten units, and that property has an interesting story as well."

Wall Street Suites offers a variety of amenities, including evening fires around a fire

Continued on Page 16 ▶

CONTINUED FROM PREVIOUS PAGE

Hotels & Motels (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Sleeping Rooms	Meeting Rooms	Meeting Room Capacity	Meeting Exhibit Space	Room Rates	Pets Allowed	Airport Shuttle	Sales Director
Motel 6 - Redmond 2247 S Hwy. 97, Redmond, OR 97756	541-923-2100	541-548-2122	www.motel6redmond.com	Jay Patel	12	1998	83	0	0	0	\$45.99-\$85.99	Yes	No	Jay Patel
Mount Bachelor Village Resort & Conference Center 19717 Mt. Bachelor Dr., Bend, OR 97702	541-389-5900	541-388-7820	www.mtbachelorvillage.com wendy@mtbachelorvillage.com	Diane Wilcox, Wendy Puller	35	1972	120	5	160	5,400 sq. ft.	\$169-\$545	No	Call for details.	Wendy Puller
Pine Ridge Inn Hotel & Suites 1200 SW Mt. Bachelor Dr., Bend, OR 97702	541-389-6137	541-385-5669	www.pineridgeinn.com frontdesk@pineridgeinn.com	Todd Wisniewski	13	1996	20	1	20	400	\$159-\$399	No	No	Matt Williams
Quality Inn-Madras 12 SW Fourth St., Madras, OR 97741	541-475-6141	541-475-2982	www.choicehotels.com themadrasinn@gmail.com	Clifford Reynolds	10	1976	46	0	N/A	N/A	\$69-\$129	Yes w/fee	Yes, w/notice from Madras Airport.	Clifford Reynolds
Rainbow Motel 154 NE Franklin Ave., Bend, OR 97701	541-382-1821	541-385-7758	www.rainbowmoteloregon.com Arpitapatel14@gmail.com	Panna Patel	3	1990	50	0	0	0	\$40-\$95	No	No	Panna Patel
Red Lion Inn & Suites Bend 1415 NE Third St., Bend, OR 97701	541-382-7011	541-382-7934	www.redlion.com/m/bend	Suzanne Heise	20	1972	75	3	60	0	\$89-\$199	Yes	No	Suzanne Heise
Redmond Inn 1545 S Hwy. 97, Redmond, OR 97756	541-548-1091	541-548-0415	www.redmondinn.net	Manny Patel	4	N/A	46	0	0	0	\$39-\$100	Yes	Yes	Manny Patel
Riverhouse on the Deschutes 3075 N Business Hwy. 97, Bend, OR 97701	541-389-3111	541-389-0870	www.riverhouse.com	Eric Trachsel	200	1974	220	18	2,025	36,000	\$109-\$315	Yes	Arranged	Eric Trachsel
Seventh Mountain Resort 18575 SW Century Dr., Bend, OR 97702	541-382-8711	541-382-3517	www.seventhmountain.com info@extraholidays.com	Jim Kinney	150	1971	190	11	400	5,500	\$150-\$5,000	No	No	Vanessa Berning
Shilo Inn Suites Hotel 3105 OB Riley Rd., Bend, OR 97701	541-389-9600	541-382-4310	www.shiloinns.com cynthia.keller@shiloinns.com	Cynthia Keller	25	1993	152	6	5 to 200	1,045 - 2,040	\$89-\$500	Yes	No	Cynthia Keller
Sisters Bunkhouse 114 N Oak St., Sisters, Oregon 97759	541-588-6122	N/A	www.sistersbunkhouse.com stay@sistersbunkhouse.com	Kathleen Blesius	2	2016	4	N/A	N/A	No	\$145-\$185 dep. on season	No	Yes	N/A
Sisters Inn Hotel 605 N Arrowleaf Trail, Sisters, OR 97759	541-549-7829	541-549-1807	www.sistersinnandsuites.com	Carol & Brad Abbe	4	2008	50	0	0	0	\$79-\$149	Yes	No	Carol & Brad Abbe
Sleep Inn & Suites of Redmond 1847 N Hwy. 97, Redmond, OR 97756	541-504-1500	541-504-1511	www.choicehotels.com gm.or188@choicehotels.com	Eric Groom	40	2008	72	4	250	3,500	\$109-\$189	Yes	Yes	Eric Groom
Sleep Inn Bend 600 NE Bellvevue Dr., Bend, OR 97701	541-330-0050	N/A	www.choicehotels.com gm.or420@choicehotels.com	Sean Evert	15	1996	59	0	0	0	\$90-\$170	Only in select rooms	No	Sean Evert
Sugarloaf Mountain Motel 62980 N Hwy. 97, Bend, OR 97701	541-330-5998	541-388-0038	www.sugarloafmtmotel.com eli@sugarloafmtmotel.com	Eli La Franchi	1	2003	146	1	12-Oct	N/A	\$50 -\$100	Yes	No	Eli La Franchi
Sunriver Resort 17600 Center Dr., Sunriver, OR 97707	855-420-8206	541-593-2742	www.sunnver-resort.com info@sunnver-resort.com	Lindsay Borkowski	800	1968	541	16	10-620	44,600	\$129-\$1,200	Yes	Arranged	Lindsey Borkowski
Super 8 Motel Bend 1275 SE Third St., Bend, OR 97702	541-388-6888	541-389-9056	www.wyndhamhotels.com/super-8	Harp Chahal	12	1980	80	1	20	216	\$46.88- \$109.88	Yes	No	Harp Chahal
Super 8 Motel Redmond 3629 SW 21st Pl., Redmond, OR 97756	541-548-8881	541-504-8318	www.wyndhamhotels.com/super-8	Heather	15	2009	85	1	33	475	\$125-\$140	No	Yes	N/A
Tetherow Resort 61240 Skyline Ranch Rd., Bend, OR 97702	541-388-2582	N/A	www.tetherow.com info@tetherow.com	Chris van der Velde	80	2008	50 boutique 40 vacation rentals	6	225	Yes	\$149-\$454	Yes	Yes	Anne Varga
The Lodge at Suttle Lake 13300 Hwy. 20, Sisters, OR 97759	541-595-2628	541-595-2267	www.thelodgeatsuttlelake.com info@thelodgeatsuttlelake.com	Vicki VanCleave	20	2004	25	3	250	5,000	\$75-\$499	Yes	No	Vicki VanCleave
The Oxford Hotel 10 NW Minnesota Ave., Bend, OR 97703	541-382-8436	541-382-8437	www.oxfordhotelbend.com samuelj@oxfordhotelbend.com	Samuel Johnson	65	2010	59	4	200	2,000	\$179-\$529	Yes	Yes	Stephanie McNeil
The Suttle Lodge & Boathouse 13300 Hwy. 20, Sisters, OR 97759	541-638-7001	N/A	www.thesuttlelodge.com info@thesuttlelodge.com	Alana Kambury	30	2015	11 plus 14 cabins	2	25	5,000	Call	Yes	Call	Alana Kambury
TownePlace Suites by Marriott 755 SW 13th Pl., Bend, OR 97702	541-382-5006	541-382-1919	www.townplacesuitesbend.com	Raul Ainardi	20	2007	71	1	52	925	\$89-\$269	Limited	No	Ashley Mitchell
Wall Street Suites 1430 NW Wall St., Bend, OR 97703	541-706-9006	N/A	www.wallstreetsuitesbend.com welcome@wallstreetsuitesbend.com	Kristen Coon, Wendy Kelley	6	2013	17	1 lounge	N/A	1	See website.	Yes	NA	Wendy Kelley

About Time Tours Announces Full-Service Home Tour App for Real Estate Agents

Real Estate Agents Develop the First & Only Mobile App on the Market that Automates Every Step of the Home Tour Process for Both Buyer's Agents & Listing Agents

bout Time Tours recently announced its full-service mobile app for real estate agents in search of unprecedented levels of control and efficiency during the home tour process. Designed by real estate agents for real estate agents, the comprehensive solution is the only mobile app on the market that automates every step of the home tour process for both buyer's agents and listing agents. The About Time Tours mobile app simplifies, streamlines and organizes the real estate home tour process from start to finish, allowing agents to take control, save time and ultimately sell more homes. MLS integration and MLS enterprise options are now available.

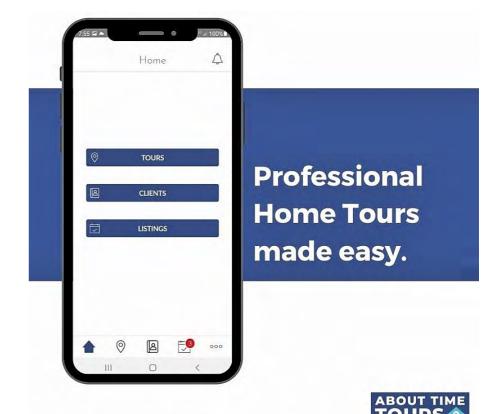
"As a real estate agent, I found the process of scheduling home tours to be time-consuming and frustrating for all parties," said Matt McCoun, co-founder of About Time Tours. "I knew there had to be a better way. As it turns out, there wasn't, so I set about developing an innovative mobile app to help me and my team, as well as other agents facing the same challenges. The About Time Tours app gives real estate agents back time and control. By streamlining every step of the scheduling and home tour process, agents can focus on what they do best — interacting with clients and selling more homes!"

The About Time Tours mobile app simplifies home tours into five easy steps: schedule, navigate, show, notify and feedback. With monthly and annual payment options, both buyer's agents and listing agents will benefit from features including:

- MLS integration provides full listing data to browse for homes to tour using addresses, MLS numbers or local maps
- Online scheduling calendar for listing agents to set availability and instant tour requests and confirmations for buyer's agents
- Customizable and optimized tour route and navigation mapping feature to save time and share with clients
- Secure sharing allows buyers and agents to easily take pictures and record notes or questions
- Automated notifications to inform sellers when their house is next on tour and when they can return home

• Immediate feedback prompts for buyers to share with listing agents and sellers "When my team discovered the About Time Tours app, we quickly realized that we had found an all-in-one platform that provides the ease and convenience our real estate agents need," said Dave Feagans, owner of Windermere Central Oregon Real Estate. "Combined with the fact that the app is built by experienced agents, we were beyond thrilled to find such a robust and trustworthy solution. I'm currently offering About Time Tours to all the agents in our brokerage, and foresee integrating the mobile app into the future of our business."

About Time Tours is expanding its MLS partnerships to provide enterprise solutions in key markets across the country and expects to announce the first



GRAPHIC | COURTESY OF ABOUT TIME TOURS

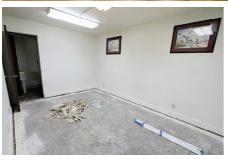
of many fully integrated MLS partners in March. To request About Time Tours MLS integration in your market, email info@abouttimetours.com.

About Time Tours, based in Bend, is a privately-held, independent, innovative software solutions company. Designed by real estate agents to make the home-touring and scheduling process easier, more convenient, less time-consuming and even more personable, the team developed the About Time Tours Mobile App. With multiple MLS integrations already in place, the next set of MLS offices will be integrated and running in March 2021.

abouttimetours.com @abouttimetours

all Street Suites Continued from page 15





(LEFT) BEFORE: A LIVING ROOM FROM THE OLD PLAZA MOTEL (ABOVE) AFTER: A LIVING ROOM IN THE WALL

pit; complimentary bike and snowshoe rentals and High Desert Museum passes; an assortment of beverages for purchase at the front desk including local craft beers, wine, bottled and flavored water, juice, sodas and coldbrewed coffee; the use of local favorite

product DANI Naturals in the bathrooms, a guest lounge with a public computer and printer available; and a Movie Night Snack Pack available for purchase, with HDMI cords available at the front desk to stream movies on the large in-room screens from personal devices.

Wall Street Suites partners with the Haven Coworking space, and offers corporate discounts, making it an appropriate spot for business meetings and groups as well



(RIGHT) BEFORE: OLD PLAZA MOTEL BATHROOM (ABOVE) AFTER: A NEW WALL STREET SUITES BATH-ROOM | PHOTOS COURTESY OF WALL STREET SUITES

as families and solo travelers. "Guests can rent out the conference room or office space at the Haven," says Kelley. "We had teachers do classrooms on Zoom there, and we had a group that was staying here while others from their group were

staying in Sunriver. They rented conference space at the Haven as a central meeting ground. This works well for us because we don't have a designated conference room." Kelley says another group rented three rooms, utilizing two for personal use, and the third as an office space.

Despite the COVID restrictions of the past year, Kelley says Wall Street Suites has done well. "During this pandemic, we have seen growth, mostly because of our exterior entrances to each unit, the ability to cook in-house and the fact that each unit has its own air circulation." She adds, "And, because we top it off with our incredible attention to details."

wallstreetsuitesbend.com • 541-706-9006

Adventure Team Building

Work Together | Play Together







PREVIOUS COMPANY OUTINGS THAT EVERYONE HAD A BLAST ON!! | PHOTOS COURTESY OF OUTRIDERS NORTHWES'

by MIKE WILLOCK — Outriders Northwest

pring is near, and it's time to rejuvenate your most important asset, YOUR TEAM. With the busy season around the corner, having a high-performing team will allow your company to reach its goals and create a cohesive working environment that will produce results. Successful businesses will find unique opportunities to develop their teams outside of the workplace and create a multi-beneficial activity.

Adventure team building is an experienced-based activity designed to check all the boxes on engaging a team to work together and play together. It allows a company to reward their teams with a fun, "outside-of-the-office" activity that will ultimately help build bonds through a shared experience.

Team building has many benefits for businesses. It improves productivity, increases employee motivation, encourages collaboration and builds trust and respect among employees. Team-building exercises should be held outside the office and give employees a reason to interact with each other in a non-work-related environment and encourage them to work together to solve a problem. Unfortunately, many businesses fail to understand the value of team building and don't take the time to include team-building activities outside of the office. Here are the main reasons you should.

Top five reasons why you should incorporate an adventure team-building activity this year:

1. Enhance Your Company's Culture

This is Bend, and our outdoor culture is everything, even when it comes to the workplace. Today's employees put a high priority on company culture and how it fits into their lifestyle. They want to work for a company they can feel proud to work for and that they can relate to. Adventure team-building activities help establish a corporate culture where employees enjoy coming to work every day, collaborate easily and have trust and respect for each other.

2. Build Bonds Through Shared Experiences

Getting out of the daily routine and putting your team in an exciting environment naturally creates a unique bond. They will share a similar experience

together that will allow them to connect and communicate more easily.

3. Improve Relationships Through All Levels

On an adventure team-building event, everyone is on common ground and can enjoy the experience as equals. Employees spend a great deal of time with each other, but they are often too busy working to interact with each other regularly. A day out of the office allows employees to see each other in a different light and to interact with employees they may not work with on a regular basis. Team building increases the trust factor with your employees. In corporate settings, there is often a disconnect between the leadership team and employees because the employees sense too large of a gap between the two. Team-building exercises give a leader the opportunity to be seen as a colleague rather than a boss, which can do wonders for employee morale.

4. Motivation, Motivation & MOTIVATION!!

Team leadership and team building go hand in hand. The more comfortable your employees are to express their ideas and opinions, the more confident they will become. This will motivate them to take on new challenges. Employees prefer to be a part of something that is more than just a job; they want something fun to look forward to every day rather than being in a boring, monotonous environment. When businesses encourage their employees to have fun, employees become more engaged. Showing appreciation for employees will not only make them feel valuable but it also improves your company image.

5. Allow Your Team To Work & Play Together

Let's face it, everyone loves to play and enjoy time out of the office. There is no better way to reward your team than with a fun, exciting adventure that will ultimately reap benefits for all.

Adventure team-building activities are designed to reinforce a company's vision and strengthen the people who generate results. Outriders Northwest creates custom adventure experiences and team-building tours for groups sized four to 40. Outriders Northwest will assist in the entire process of tour specifics to help make your adventure ideal for your team.

outridersnw.com • 503-298-9175

Tour Companies (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Services
Bend Electric Bikes 869 NW Wall St., Ste. 104, Bend, OR 97703	541-410-7408	N/A	www.bendelectricbikes.com info@bendelectricbikes.com	Sterling, Marnel	6	2008	Electric bike sales, service & rentals.
Bend Tour Company 550 SW Industrial Way, Ste. 105, Bend, OR 97702	541-480-8477	N/A	www.thebendtourcompany.com Info@TheBendTourCompany.com	John Flannery	3	2012	Bend's One-Stop-Shop for exhilarating adventures, sightseeing, scenic helicopter flights, SEGWAY tours, you drive ATV experiences, the iconic Cycle Pub, eBikes, Slingshots, eCruiser cars, glamping & more.
Big Mountain Adventures 170 SW Scalehouse Loop, Bend, OR 97702	541-688-7670	N/A	bigmountainadv.com staff@flycascades.com	Patric Douglas	1	2018	Tent trailer rentals.
Big Mountain Heli Tours 63132 Powell Butte Rd., Bend, OR 97701	541-668-7670	N/A	www.flycascades.com staff@flycascades.com	Patric Douglas	20	2016	Premier helicopter tour company. Helicopter wine tastings, weddings, helicopter home search, corporate & golfing events, amazing scenic helicopter flights throughout Central Oregon & beyond & more.
Cascade Cycleboats 340 SE Logsden St., Ste. 150, Bend, OR 97702	541-848-8442	N/A	www.cycleboats.com kyle@cycleboats.com	Kyle Allen	9	2012	Manufacture custom human powered pontoon boats for the tourism industry.
Cascade Guides & Outfitters Bldg. 23, PO Box 3676, Sunriver, OR 97707	541-593-2358	541-598-4447	www.hookfish.com cascadeguides@gmail.com	Fred Foisset	8	1995	Guided fly-fishing trips on lakes, rivers & streams only. Fly-fishing & tying classes.
Central Oregon Diving LLC 157 NE Greenwood Ave., Bend, OR 97701	541-388-3660	N/A	www.centraloregondiving.com info@centraloregondiving.com	Sarah Clark	3	2005	Scuba diving lessons, equipment shop, rental equipment, service department & dive travel.
Cog Wild Bicycle Tours Tours LLC 19221 SW Century Dr., Ste. 161, Bend, OR 97702	541-385-7002	N/A	www.cogwild.com info@cogwild.com	Lev & Kirin Stryker	25	1999	Guided mountain bike rides, skills instruction & daily shuttles to the primary trailheads in Bend & Oakridge. Specializes in multi day backcountry bike adventures through out Oregon & Baja, Mexico.
DiamondStone Guest Lodges/ MotoFantasy Motorcycle Rentals 16693 Sprague Loop, South of Sunriver, OR 97739	541-536-4584	N/A	www.motofantasy.net motohead1@motofantasy.net	Doug Watt	4	1992	Motorcycle destination resort outside Sunriver, with unique street bike motorcycle rentals of many makes. Overnight lodging, vacation rentals, lodge units, weddings & events.
Fly & Field Outfitters 35 SW Century Dr., Bend, OR 97702	541-318-1616	541-389-7016	www.flyandfield.com info@flyandfield.com	Scott Cook	13	2000	Full service fly shop & outfitter, hunting gear, supplies & fly fishing guide service.
Fly Fishers Place 151 W Main St., Sisters, OR 97759	541-549-3474	541-549-4871	www.flyfishersplace.com greendrakehatch@gmail.com	Jeff Perin	9	1986	Full service guide & fly equipment shop. Travel specialties: Chile, New Zealand, Argentina & Belize fly fishing schools, casting lessons & fly tying classes.
Imperial River Company 304 Bakeoven Rd., PO Box 130, Maupin, OR 97037	541-395-2404	N/A	www.deschutesriver.com reservations@deschutesriver.com	Susie Miles	30	2001	Lodging, guided whitewater rafting & hunting trips.
Let it Ride Electric Bikes 25 NW Minnesota Ave., Ste. 6, Bend, OR 97703	541-647-2331	N/A	www.letitridebend.com Info@letitridebend.com	Kevin Rea, Scott	5	2010	Electric bicycle sales & rentals. Full service of all bicycles. Guided eBike tours, plus custom & corporate event tours.
Outriders Northwest 61532 SE Lorenzo Dr., Bend, OR 97702	541-688-7433	N/A	www.outridersnw.com mike@outridersnw.com	Mike Willock	10	2015	Off-road tour adventures & on-road rental experiences. Company retreats, family outings & customized group tours, snowmobile rentals.
Ouzel Outfitters - River Trips PO Box 817, Bend, OR 97709	800-788-7238	541-385-0461	www.OregonRafting.com info@oregonrafting.com	Brian Sykes	30	1979	Professionally guided whitewater rafting trips for families, individuals & business/nonprofit organizations. Rivers: Rogue, Deschutes, McKenzie, North Umpqua, John Day, Owyhee & Lower Salmon.
Paulina Plunge Inc. PO Box 8782, Bend, OR 97708	541-389-0562	541-389-0562	www.paulinaplunge.com toddvdz77@gmail.com	Todd VanderZwiep	10	1981	Guided downhill waterfall mountain bike tours.
Powdr 531 SW 13th St., Bend, OR 97702	541-382-6277	541-330-2608	www.suncountrytours.com adventures@suncountrytours.com	Dennis Oliphant	80	1978	Four whitewater rafting trips on three Oregon rivers, standup paddle boarding (SUP) lessons, rentals & tours & river float tube rentals.
Timberline Mountain Guides PO Box 1167, Bend, OR 97709	541-312-9242	N/A	www.timberlinemtguides.com info@timberlinemtguides.com	Pete Keane, Cliff Agocs	20	1983	Instruction & guiding in rock climbing, alpine climbing, mountaineering & backcountry skiing. Smith Rock Climbing School & Oregon Ski Guides.
Tumalo Creek Kayak & Canoe 805 SW Industrial Way, Ste. 6, Bend, OR 97702	541-317-9407	541-317-9489	www.tumalocreek.com geoff@tumalocreek.com	Geoff Frank	60	2000	Large paddle sports inventory, stand up paddleboards, recreational, sea & whitewater kayaks, canoes, rafts & inflatable kayaks. Lessons & tours, kids summer camps, multi-day paddling trips.
Wanderlust Tours 61535 S Hwy. 97, Ste. 13, Bend, OR 97702	541-389-8359	N/A	www.wanderlusttours.com info@wanderlusttours.com	Dave Nissen	10	1993	Corporate groups, custom events, family reunions & weddings. Guided canoeing, kayaking, snowshoeing, moonlight tours, volcano tours, cave tours, outdoor dinners, bonfire events, GPS Eco-Challenges & more.

ocal Hospitality Industry

Continued from page 1

Deschutes County Fair and Expo Center. "As we and any other facility will attest, the lack of ability to meet in person and travel has had a huge impact, which is completely understandable. It made 2020 a challenging year, but we're hopefully through the roughest stretch, and looking into 2021 and beyond with hope and anticipation." He continues, "In looking back, we had to cancel 209 unique events from March 12 of last year through Friday, February 19 of this year. That's 73 percent of our event bookings. That doesn't mean we weren't able to do some events, but the majority were reduced in size, or focused on emergency response."

Hinds says that one of the things that the Fair and Expo team likes to highlight is what they were able to accomplish in 2020 despite the challenges, including the center serving as host site for emergency response activities. "It really speaks to the commitment of our community to create a facility like we have. It's one of the largest facilities of this type in the nation, and has the size and flexibility to respond to emergencies like the fires. It served as a shelter and an incident command center, while also serving as host to other events. Now, we are hosting a mass vaccination clinic while still hosting other smaller events simultaneously."

When the pandemic first hit last March, many organizations and companies quickly responded and changed the way they do business practically overnight. "At the start of the pandemic in March 2020, Visit Bend was one of the first destination marketing organizations in the country to immediately suspend all outbound marketing," says Tawna Fenske, PR & Communications manager of Visit Bend, an economic development organization dedicated to creating a mix of marketing, sales and service programs to produce a positive economic impact of visitor and convention spending in Bend. "Because Bend has spent most of the past 11 months operating under travel advisory restrictions established by either the City of Bend,



COVID PROTOCOLS HAVE BEEN FOLLOWED THROUGHOUT THE YEAR AT THE EXPO CENTER | PHOTO

the State of Oregon or both, we have not been actively promoting travel to Bend during the pandemic. We've instead channeled our resources toward initiatives like our highly trafficked COVID information page, issues around sustainability and content urging future visitors and locals to support Bend businesses."

At the Riverhouse on the Deschutes, which can accommodate and feed as many as 1,600 people and has more than 40,000 square feet of flexible meeting space, has also been following the state COVID-19 restrictions regarding meetings and conventions, which prohibited meetings up until February 12 of this year. "Now that Deschutes County has moved into High Risk, meetings can be held for groups of up to 50 people," says Erick Trachsel, director of sales and marketing for Riverhouse, which is the largest event space in Bend and one of the largest in the state that is privately held. "We are starting to see small meetings start up again, but the recovery has been slow up to this point. The few meetings we have held have all been for under ten people."

At the Deschutes County Fair and Expo Center, a safety plan was created early on in conjunction with Deschutes County Health. "This forced us to start thinking about what would be necessary to return to normalcy as soon as possible. That plan allowed us to be able to return to the production of some events last year and created a format for us to follow. It gave our team some benchmarks to follow," says Hind. "Our team is proud to be an industry leader in the Northwest. The plan is



HOPEFULLY, EMPTY EVENT SPACES WILL SOON BE FULL AGAIN | PHOTO COURTESY OF RIVERHOUSE ON THE DESCHUTES

a document that continues to evolve as we research and learn more about COVID and its impacts, and in keeping our team, our community and our guests safe."

Hinds says that looking into 2021, he is hopeful that the return to normal, or the new normal, is on the horizon, and that the Expo Center will be able to get back into its traditional activities. "Through this point, our bookings are doing well. We were ambitious about working with our partners through the forced shutdown to be as prepared as possible in order to be able to safely and responsibly open our doors as quickly as possible. We've got a couple of larger new activities we are hopeful we can bring to completion this year, some as early as this springtime and into summer and fall. We continue to have more and larger events on the calendar. The large majority are either completely outside or mostly outside, because we have the ability to produce these with the restrictions that are in place." He adds, "Safety, and doing these events responsibly, is our focus. We continue to look to see if there is a way to do each individual activity in a safe manner, and then if there is a financially viable way to do so. We are cautiously optimistic about the county fair; as one of the largest events onsite in the state, there are unique challenges in getting that many people together at one time, even as far down the road as July or August."

As the pandemic has dragged on, event planners and site hosts have had time to create plans to implement when the restrictions are lifted. As a result, when that time comes, schedules will likely fill up quickly and the return to traditional bookings will likely be fast and furious.

"We are starting to see optimism about our meetings and conventions scheduled later in the year," says Trachsel. "Most are hopeful that as the year progresses and the number of case counts continue to go down, we will be able to host their meetings and conventions within the current COVID-19 guidelines at the time of their event." He adds, "We are providing clients with options, whether it is reducing the size of their meeting so that their group falls within the allowable capacity or doing a hybrid meeting where some people attend in person and the rest of the group attend via a video conferencing platform."

Meanwhile, as we all await that time, the local marketing organizations and event planners have turned to creative virtual gatherings to help keep interest in our region alive. "Visit Central Oregon worked with Travel Oregon to bring a virtual media event to life at Black Butte Ranch in January of 2021. In place of a hosted trip, ten media were invited to attend an exclusive virtual media event that featured partners from around the region including Sparrow Bakery, Wild Ride Brewing, Sisters Meat and Smokehouse and several others," says Katie Johnson, communications manager of Visit Central Oregon. "The media were sent packages containing items like shortbread cookies, jerky samples and cans of beer to be enjoyed as they followed along during the event. This allowed for our partners to walk the media through tastings, how to best enjoy the product and background on the organizations. While we wait for hosted media trips to return to Central Oregon, this event served as a formal invitation for a hosted visit."

Virtual meetings have also been successful at the Riverhouse. "So far, our virtual meetings that have taken place at our hotel have been via Zoom. We work with a talented team of local professionals who have state-of-the-art streaming equipment to ensure our clients' meetings go as smoothly as possible," says Trachsel. "Overall, I think that people are excited to get back to meeting in person as long as we are following all of the COVID-19 guidelines in order to keep our staff and attendees safe. Our event staff members have not returned back to work yet, but the plan is to bring them back as soon as we begin to see meeting levels increase."

Fenske adds, "We're preparing advertising and marketing campaigns to be deployed when it's safe and responsible to encourage travel again. Just as it was coming out of the last recession, we anticipate tourism to be a key driver for Bend's economic recovery following the pandemic. Visit Bend will be ready when that time comes."

expo.deschutes.org • visitcentraloregon.com • visitbend.com • riverhouse.com





ELECTRIC VEHICLE CHARGING STATIONS ARE OFFERED FOR GUESTS TO REDUCE CARBON FOOTPRINT | PHOTOS COURTESY OF ELEMENT BEND

For guests who want to purchase food onsite, Restore is a gourmet pantry equipped with healthy foods including pasta and sauce and ready-to-go meals, artisanal meats and cheeses and snacks items such as yogurt, chips and dip, cookies, crackers, candy, biscotti, snack bars and trail mix. Ice cream, gelato and sorbet are available in the pantry freezer, and the beverage selection includes smoothies, specialty sodas, energy drinks, water, tea, coffee, beer and wine. Restore is open 24 hours a day.

As the first hotel in the nation to activate a partnership with Pledge for the Wild — which supports responsible tourism in wild places — Element Bend offers a Pledge for the Wild package that includes two souvenir coffee mugs, a \$20 donation to Pledge for the Wild and a copy of *Ineffable*, a second-edition photo book curated by Visit Bend, Pledge for the Wild and local photographer and designer Richard Bacon.

As part of the grand opening festivities, Element Bend is offering a special local's community rate



ELEMENT BEND IS A DOG-FRIENDLY HOTEL THAT WELCOMES CANINE COMPANIONS

of \$99 per night, available for booking directly by calling 541-585-7373. A staycation package called Stay in Your Element is also available for locals who want to experience the hotel. Follow @elementbend on Instagram for more details.

marriott.com/hotels/travel/rdmel-element-bend 541-585-7373

2021 Meeting Guide

Facilities with Conference Space (Listed Alphabetically) Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Sleeping Rooms	Meeting Rooms	Meeting Room Capacity	Exhibit Space Sq. Feet	Meeting Room Rate	Catering	Sales Director
5 Fusion & Sushi Bar 821 NW Wall St., Bend, OR 97701	541-323-2328	N/A	www.5fusion.com Lchu@bendcable.com	Lilian Chu	25	2010	0	1 private	15-40	0	Varies, please call	Yes	Lilian Chu
Bend Armory, The 875 SW Simpson Ave., Bend, OR 97702	541-383-6861	541-389-1946	www.oregon.gov/omd/Pages/ Home.aspx terry.r.wyatt.nfg@mail.mil	Terry Wyatt	15	1994	0	3	450	5,760	Call for information	Local catering available	Terry Wyatt
Bend Elks Lodge #1371 63120 Boyd Acres Rd., Bend, OR 97701	541-389-7438	N/A	www.bendelkslodge.org bendelksoffice1371@bendbroadband.com	Gary Lisignoli	3	1911	0	3	700	0	\$350-\$1250	Yes	N/A
Bend Golf & Country Club 61045 Country Club Dr., Bend, OR 97702	541-322-5764	541-382-4603	www.bendgolfclub.com bgccoffice@bendgolfclub.com	Christie Henson	60	1925	0	3	250	4,800	\$50-\$2000	Yes	Christie Henson
Bend Park & Recreation District - Hollinshead Barn 1235 NE Jones Rd., Bend, OR 97702	541-706-6149	N/A	www.bendparksandrec.org facilityrentals@bendparksandrec.org	Customer Service	N/A	1983	0	1	55	1,216	Varies	No	N/A
Bend Park & Recreation District - Riverbend Community Room 799 SW Columbia St., Bend, OR 97702	541-706-6149	N/A	www.bendparksandrec.org facilityrentals@bendparksandrec.org	Customer Service	N/A	2009	0	1	80	1,800	Varies	No	N/A
Bend Park & Recreation District - The Pavilion 1001 SW Bradbury Way, Bend, OR 97702	541-389-7588	N/A	bendparksandrec.org info@bendparksandrec.org	Russ Holliday, Kevin Collier	60	2015	N/A	1	75+	25,000+	Varies	N/A	Kevin Collier
Bend Park & Recreation District - Aspen Hall 18920 Northwest Shevlin Park Rd. Bend, OR 97701	541-706-6149	N/A	www.bendparksandrec.org facilityrentals@bendparksandrec.org	N/A	N/A	1992	0	1	150	2,640	Varies	No	N/A
Bend Riverside Inn & Suites 1565 NW Wall St., Bend, OR 97701	541-389-2363	541-312-3900	www.bendriversidemotel.com	Chantel Taylor, Frank Wilson	11	1929	112	1	20	300	\$50-\$75	No	N/A
Bend Three Sisters Inn & Suites 721 NE Third St., Bend, OR 97701	541-382-1515	541-382-4949	www.bendthreesisters.com reservations@bendthreesistersinn.com	Justin Sampson, Ravi Chatterjee	15	1985	100	1	50	1,000	Call for rates	No	Justin Sampson
Bend-La Pine Schools 520 NW Wall St., Bend, OR 97703	541-355-1000	541-355-1009	www.bend.k12.or.us andrea.wilson@bend.k12.or.us	Andrea Wilson, Anne Birkie	2,200	1883	0	5	200	0	Varies	Yes	N/A
Benham Hall at SHARC 57250 Overlook Rd., Sunniver, OR 97707	541-585-3144	541-593-6900	www.sunriversharc.com/eventspace sharcevents@srowners.org	Melanie Berg	150	2012	0	4	44-350	775-5,000	\$100-\$1,500	No, but have partnered caterers	Steven Stanfield
Best Western Newberry Station 16515 Reed Rd., La Pine, OR 97739	541-536-5130	541-536-7779	www.bestwestern.com/newberrystation 38147@hotel.bestwestern.com	Phil Roberts	18	1996	60	1	35	400	\$25 per hour	No	Phil Roberts
Best Western Ponderosa Lodge 500 Hwy. 20 W, Sisters, OR 97759	888-549-4321	541-549-0409	www.bestwestern.com 38103@hotel.bestwestern.com	Anje Waalkes, Ryan Lane	20	1986	76	1	80	1,125	\$80-\$150	Help with catering	Ryan Lane & Anje Waalkes
Best Western Prineville Inn 1475 NE Third St. Prineville, OR 97754	541-447-8080	541-447-1011	www.bestwestern/prineville.com 38124@hotel.bestwestern.com	Jen Clark	15	1982	67	1	50	800	\$25 an hour or \$125 per day	No	Troy Clark
Black Butte Ranch 12930 Hawksbeard Black Butte Ranch, OR 97759	541-595-1267	N/A	www.blackbutteranch.com meetings@blackbutteranch.com	Michelle Caramagno	375	1970	150	4	120	340-1,800	Varies, please call	Full service on-site	Kim Schramer
Boys & Girls Clubs of Bend 500 NW Wall St. Bend, OR 97703	541-617-2877 x7	N/A	www.bgcbend.org jwilliams@bgcbend.org	Juliana Williams	30	1995	0	1	Up to 416 w/ out tables, 250 w/tables.	Gymnasium	\$350-\$1,100	No	N/A
Brasada Ranch 16986 SW Brasada Ranch Rd. Powell Butte, OR 97753	541-526-6272	N/A	www.brasada.com brandons@brasada.com	Brandon Sirstins	250	2007	170	7	200	8,023 indoor 26,050 outdoor	Varies	Yes - farm to table	Vince Rosa
Central Oregon Community College - Bend 2600 College Way, Bend, OR 97703	541-383-7775	541-383-7297	www.cocc.edu/departments/cam- pus-services/event-space/bend	Online	350	1949	N/A	60	12-250	2,570	\$40-\$150/hr	Yes	N/A
Central Oregon Community College - Bend Summer Group Housing 2600 College Way, Bend, OR 97703	541-383-7525	N/A	www.cocc.edu/departments/resi- dence-life/summer-groups dcook1@cocc.edu	Deena Cook	350	1949	162	60	12-250	2,570	\$40-\$150/hr	Yes	Deena Cook
Central Oregon Community College - Redmond SE College Loop, Redmond, OR 97756	541-504-2900	541-504-2939	www.cocc.edu/departments/cam- pus-services/event-space/redmond	Online	11	1949	0	Please call.	18-74 depending on room.	2,400	Please call	No	N/A
Chan's of Bend Inc 1005 SE Third St., Bend, OR 97702	541-389-1725	N/A	www.chanschinese.com ziyanzhang18@gmail.com	Yan Zhang	20	2012	0	3	40	0	Varies	Yes	Yan Zhang
COCC Crook County Open Campus 510 SE Lynn Blvd., Prineville, OR 97754	541-447-6442	N/A	www.cocc.edu/prineville prinevillecampus@cocc.edu	Suzie Kristensen, Tracy Crockett	3	2011	0	5	Dec-40	1,031-2,042	\$40/hr per space	N/A	prinevillecam- pus@cocc.edu
Comfort Suites Redmond Airport 2243 SW Yew Ave., Redmond, OR 97756	541-504-8900	541-504-1316	www.comfortsuites.com/hotel/or113 bliskh@bt-hosp.com	Belinda Liskh	20	2002	92	2	25-60	700	Varies	No	Belinda Liskh
Country Inn & Suites 62065 SE 27th St., Bend, OR 97701	866-326-0271	541-322-4080	www.radissonhotels.com cx_bend@countryinn.com	N/A	20	2003	64	1	75	920	\$35 an hour or \$175 a day	Yes - through local partners	Jamie Williams
Country Inn & Suites 1773 NE Third St, Prineville, OR 97754	541-447-7100	541-447-9109	www.countryinns.com/prineville-hotel-or laurie.romine@countryinns.com	Laurie Romine	17	1999	63	2	50	744	\$83-\$112	No	Laurie Romine
Crook County Fairgrounds 1280 S Main St., Prineville, OR 97754	541-447-6575	541-447-3225	www.crookcountyfairgrounds.com ccfgstaff@co.crook.or.us	Micaela Halvorson	3	1901	0	21	350	5,500	\$325-490	Available upon request	Casey Daly
Deschutes Children's Foundation - Becky Johnson Community Campus 412 SW Eighth St., Redmond, OR 97756	541-617-4798	N/A	www.deschuteschildrensfoundation.org dona@deschuteschildrensfoundation.org	Dona Curtis	1	2000	N/A	1-2	40 - 10 during COVID	N/A	Call for rates - Closed for COVID	No	Dona Curtis
Deschutes Children's Foundation - East Bend Campus 2125 NE Daggett Ln., Bend, OR 97701	541-585-3606	541-585-3607	www.deschuteschildrensfoundation.org Genevieve@deschuteschildrensfoundation.org	Genevieve Bouche	6	2009	0	2	50	1,000	Call for information	No, access to kitchen	Genevieve Bouche
Deschutes Children's Foundation - La Pine Community Campus 51605 Coach Rd., La Pine, OR 97739	541-536-2975	N/A	www.deschuteschildrensfoundation.org vicki@deschuteschildrensfoundation.org	Vicki Galusha	1	2000	N/A	1	10-Max Ca- pacity, 2 during COVID	N/A	Call for rates - Closed for COVID	No, access to kitchen	N/A
Deschutes Children's Foundation - Rosie Bareis Community Campus 1010 NW 14th St., Bend, OR 97703	541-388-3101	541-383-2540	www.deschuteschildrensfoundation.org ciaran@deschuteschildrensfoundation.org	Ciaran Jones	3	1990	N/A	1	60-Max Cap, 6 due to COVID	N/A	Call for rates - Closed for COVID	No	N/A
Deschutes Fair & Expo Center 3800 SW Airport Way, Redmond, OR 97756	541-548-2711	541-923-1652	www.expo.deschutes.org roxiat@deschutes.org	Roxia Thornton Todoroff	11	1999	0	14	1,600	114,670	Call for information	Yes	Roxia Thornton Todoroff
DiamondStone Guest Lodges 16693 Sprague Loop South of Sunriver, OR 97739	541-536-6263	N/A	www.diamondstone.com diamond@diamondstone.com	Doug & Gloria Watt	4	1992	5 units	1	25 during COVID protocols	1,300	Variable	Can arrange	Doug & Gloria Watt
DoubleTree by Hilton Bend 300 NW Franklin Ave., Bend, OR 97701	541-317-9292	541-317-9090	www.bend.doubletree.com eric.rock@hilton.com	Eric Rock	30	1998	117	3	125-130 total	2,500	\$150+	Yes	Eric Rock
Eagle Crest Resort 1522 Cline Falls Rd., Redmond, OR 97756	541-548-9303	541-923-1720	www.eagle-crest.com info@eagle-crest.com	David Campbell	300	1985	100	5	1,300	10,000	\$100-\$1,000	Yes	David Campbell
Eagle Mountain 2221 NE Third St., Ste. 100, Bend, OR 97701	541-312-9345	N/A	www.eaglemountain.global KimberlyViola1@gmail.com	Kimberly Viola	6	2017	0	3	429	9,000	Several options	Yes	Eric Schaffner
Fairfield Inn & Suites by Marriott 1626 NW Wall St., Bend, OR 97701	541-318-1747	541-318-5332	www.fairfieldinnsuitesbend.com amitchell@bendsuites.com	Ashley Mitchell	20	2002	80	1	12	0	N/A	No	Ashley Mitchelle
Faith Hope & Charity Vineyard 70450 NW Lower Valley Dr. Terrebonne, OR 97760	541-526-5075	541-550-2249	www.faithhopeandcharityevents.com cindy@fhcvineyards.com	Cindy Grossmann	8	2010	N/A	3	150-200	2,000	Call for details	Yes	Cindy Grossmann
FivePine Lodge & Conference Center 1021 Desperado Trail, Sisters, OR 97759	866-974-5900	541-549-5200	www.fivepinelodge.com greg.willitts@fivepinelodge.com	Greg Willitts	32	2007	44	4	250	9,000	Reasonable	Yes	Amanda Pierce
High Desert Museum 59800 S Hwy. 97, Bend, OR 97702	541-382-4754 ext. 284	541-382-5256	www.highdesertmuseum.org llebart@highdesertmuseum.org	Lindsay LeBart	40	1982	0	7	500	7,000	Please call	Yes	Lindsay LeBart
Hilton Garden Inn 425 SW Bluff Dr., Bend, OR 97702	541-617-6111	541-617-6112	www.bend.hgi.com rosa.mcculley@hilton.com	Rosa McCulley	30	2004	96	3	140	1,820	Varies	Some	Rosa McCulley
Holiday Inn Express 20615 Grandview Dr., Bend, OR 97701	541-317-8500	541-317-8555	ihgcom	N/A	30	2000	99	0	75	790	N/A	No	N/A
Hong Kong Restaurant 530 SE Third St., Bend, OR 97701	541-389-8880	541-389-8877	www.hkrestaurantbend.com info@hkrestaurantbend.com	Lillian Chu	10	1976	0	1	50	0	N/A	Yes	Lillian Chu

2021 Meeting Guide

CONTINUED FROM PAGE 19

Facilities with Conference Space (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Sleeping Rooms		Meeting Room Capacity	Exhibit Space Sq. Feet	Meeting Room Rate	Catering	Sales Director
House on Metolius PO Box 100, Camp Sherman, OR 97730	541-595-6620	N/A	www.metolius.com house@metolius.com	Rachel Gonzalez	6	2012	8 in house (additional rooms in cabins)	1	75-100	75-100	\$2,950 plus	Yes	Rachel Gonzalez
Inn at Cross Keys Station 66 NW Cedar St., Madras, OR 97741	541-475-5800	541-475-5801	www.innatcrosskeysstation.com theinnatcrosskeysstation@gmail.com.com	Court Priday	20	2008	72	2	180	5,000	Call first	Call first	Court Priday
Juniper Golf Course 1938 SW Elkhorn Ave., Redmond, OR 97756	541-548-8198	541-548-0808	www.playjuniper.com tkane@playjuniper.com	Rob Malone	35	1952	0	1	100	2,700	Call for rates	Yes	N/A
Lake Creek Lodge 13375 SW Forest Service Rd., Ste. 1419 Camp Sherman, OR 97730	800-797-6331	541-516-3030	www.lakecreeklodge.com LakeCreekEvents@gmail.com	Pat Bellinger	10	1935	54	2	40	400	Call for information	Yes	Pat Bellinger
Larkspur Community Center - Marcoulier Event Room 1600 SE Reed Market Rd., Bend, OR 97702	541-706-6149	541-388-5429	www.bendparksandrec.org facilityrentals@bendparksandrec.org	Customer Service	N/A	2001	0	1	250	3,500	Varies	No	N/A
LOGE Entrada 19221 SW Century Dr., Bend, OR 97702	541-382-4080	N/A	www.logecamps.com/bend-or entrada@logecamps.com	Kim Irving	15	2018	79	1	25	500	\$250	No	Kim Irving
McMenamins Old St. Francis School 700 NW Bond St., Bend, OR 97701	541-330-8569	N/A	www.mcmenamins.com salesbend@mcmenamins.com	Mandy Trulsen, Sarah Nielsen	85	2004	61	2	100	2 spaces	Call for info/ website	Yes	Sarah Nielsen
Meadow Lakes Restaurant 300 SW Meadow Lakes Dr., Prineville, OR 97754	541-447-7640	541-447-7831	www.meadowlakesgc.com tjames@cityofprineville.com	Tawna James	20	1993	0	1	150	3,000	Call for information	Yes	Tawna James
Mount Bachelor Village Resort & Event Center 19717 Mt. Bachelor Dr., Bend, OR 97702	541-389-5900	541-388-7820	www.mtbachelorvillage.com wendy@mtbachelorvillage.com	Wendy Puller	35	1999	120	5	210	5,400	Call for information	Yes	Wendy Puller
NINETEEN at Awbrey Glen 2500 NW Awbrey Glen Dr. Bend, OR 97703	541-317-2885	N/A	www.awbreyglen.com MikeB@awbreyglen.com	Mike Butler, Barb Malcolm, Jamie Vogt, John Thomas	50	1993	0	1	60	1,000	Varies, \$500-\$1,500	Yes	Mike Butler
Pine Forest Grange 63214 Boyd Acres Rd., Bend, OR 97701	541-330-5557	N/A	www.pineforestgrange.org	Marial Gertz	N/A	1920	N/A	1	150	3,000	\$50/hour	Yes-outside catering	N/A
Pine Ridge Inn Hotel & Suites 1200 SW Mt. Bachelor Dr., Bend, OR 97702	541-389-6137	541-385-5669	www.pineridgeinn.com frontdesk@pineridgeinn.com	Todd Wisniewski	13	1982	20	1	20	400	Call for information	Yes	Maryanne Leyen
Pronghorn Resort 65600 Pronghorn Club Dr., Bend, OR 97701	541-693-5388	541-693-5496	www.pronghornresort.com info@pronghornresort.com	N/A	300	2004	48	7	4-125	250-2,146	Please call	Yes	Lara Wettig
Red Lion Inn & Suites Deschutes Bend 15 NE Butler Market Rd. Bend, OR 97701	541-388-4114	541-389-3261	www.redlioninnbendor.com	Luke Johnson	20	1992	99	1	20	460	Please call	No	Luke Johnson
Red Lion Inn - Bend 1415 NE Third St. Bend, OR 97701	541-382-7011	541-382-7934	www.redlion.com sales@redlion.com	Thomas Hinrichs	20	1972	75	3	60	2,000	\$75-\$300	Yes-outside catering	Thomas Hinrichs
River Run Lodge 1730 Blue Heron Dr Eagle Crest Resort Redmond, OR 97756	541-504-4501	N/A	www.rverrlodge.com info@riverrlodge.com	Zach Dunn, Emily Dunn	2	2005	0	3	235	0	Varies	Open vendor policy	Jean Kassing
Riverhouse on the Deschutes 2850 Rippling River Ct. Bend, OR 97703	541-617-7278	541-389-0781	www.riverhouse.com	Eric Trachsel	200	1974	221	18	2,025	36,000	Call for information	On-site	N/A
Seventh Mountain Resort 18575 SW Century Dr. Bend, OR 97702	541-382-8711	541-382-3517	www.seventhmountain.com info@extraholidays.com	Sharron Stewart	150	1971	190	11	400	5,500	\$150-\$5,000	Yes	Sharron Stewart
Shilo Inn Suites Hotel 3105 OB Riley Rd. Bend, OR 97703	541-389-9600	541-382-4310	www.shiloinns.com cynthia.keller@shiloinns.com	Cynthia Keller	25	1993	152	6	5 to 200	1,045 - 2,040	\$125-\$400	Yes	Cynthia Keller
Sisters Saloon & Grill 190 E Cascade St. Sisters, OR 97759	541-549-7427	541-549-9266	www.sisterssaloon.net sistershotel@gmail.com	Aaron	25	1985	0	5	Jun-50	N/A	\$100 w/meal purchase	Yes	Julie Furnas
Sleep Inn & Suites of Redmond 1847 N Hwy. 97 Redmond, OR 97756	541-504-1500	541-504-1511	www.choicehotels.com gm.or188@choicehotels.com	Eric Groom	40	2008	72	4	250	3,500	Varies	Yes	Eric Groom
Sunriver Resort 17600 Center Dr., Sunriver, OR 97707	855-420-8206	541-593-2742	www.sunriver-resort.com info@sunriver-resort.com	Lindsay Borkowski	800	1968	541	16	10-650	44,600 (Total)	Call for information	Yes	Lindsey Borkowski
Super 8 Motel (Redmond) 3629 SW 21st Place, Redmond, OR 97756	541-548-8881	541-504-8318	www.wyndhamhotels.com/super-8	Jennifer Taylor	8	N/A	85	1	32	475	\$90	No	Jenner Taylor
Super 8 Motel - Bend 1275 S Hwy. 97, Bend, OR 97702	541-388-6888	541-389-9056	www.wyndhamhotels.com/super-8	Harp Chahal	12	1980	80	1	20	216	\$35-\$75	No	Harp Chahal
Tetherow Event Pavilion 61240 Skyline Ranch Rd., Bend, OR 97702	541-388-2582	N/A	www.tetherow.com events@tetherow.com	Anne Varga	80	2016	50 hotel rooms 40 vacation rentals	6	Varies	4,746	Varies	Yes	Anne Varga
The Environmental Center 16 NW Kansas Ave., Bend, OR 97703	541-385-6908 x 10	N/A	www.envirocenter.org marianne@envirocenter.org	Marianne Pyott	14	1989	0	2	15 & 65	325 & 1,016	\$50-\$300	No	Marianne Pyott
The Haven 1001 SW Disk Dr., Ste. 250, Bend, OR 97702	541-323-9675	N/A	www.worklifehaven.com events@worklifehaven.com	Rose Archer	8	2019	N/A	5	6, 14, 25, 125	N/A	Varies by space	Client's choice	Heather Knox
The Oxford Hotel 10 NW Minnesota Ave., Ste. 120 Bend, OR 97703	541-382-8436	541-382-8437	www.oxfordhotelbend.com samuelj@oxfordhotelbend.com	Samuel Johnson	65	2010	59	4	14-175	425-2,100	Varies	Yes	Stephanie McNeil
The Suttle Lodge & Boathouse 13300 Hwy. 20, Sisters, OR 97759	541-638-7001	N/A	www.thesuttlelodge.com info@thesuttlelodge.com	Alana Kambury	30	2015	11 plus 14 cabins	2	25	5,000	Call	Yes	Alana Kambury
Tim Garling's Jackalope Grill 750 NW Lava Rd., Ste. 139, Bend, OR 97701	541-318-8435	N/A	www.jackalopegrill.com kgarling@bendbroadband.com	Tim & Kathy Garling	18	2005	0	1	54	N/A	Call for information	Yes	Tim & Kathy Garling
TownePlace Suites by Marriott 755 SW 13th Place, Bend, OR 97702	541-382-5006	541-382-1919	www.marriott.com/rdmts	Raul Ainardi	20	2007	71	1	52	925	Varies	No	Ashley Mitchell
Tumalo Feed Company 64619 W Hwy. 20, Bend, OR 97703	541-382-2202	541-385-1786	www.tumalofeedcompany.com	Mitch & Jen Thisius	N/A	1991	0	1	55	9,600	N/A	Yes	Mitch Thisius
Widgi Creek Golf Club 18707 SW Century Dr., Bend, OR 97702	541-382-4449	541-385-7094	www.widgi.com brad@widgi.com	Brad Hudspeth	40	1991	0	2	200	3,000	Varies	Yes	Brad Hudspeth
Worthy Brewing Company 495 NE Bellevue Dr., Bend, OR 97701	541-639-4776	N/A	www.worthybrewing.com events@worthybrewing.com	Robert Cammelletti	100	2013	N/A	1	Call for details.	N/A	Please contact for rates	Onsite catering	Sarah Coursey

Bed & Breakfasts (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff CO Year Est.		Rooms	Room Rates
Juniper Acres 65220 Smokey Ridge Rd. Bend, OR 97703	541-389-2193	N/A	www.juniperacres.com verndela@yahoo.com	Della Bjerk	1	1991	2	\$135-165
Lara House Bed & Breakfast 640 NW Congress St. Bend, OR 97703	800-766-4064	N/A	www.larahouse.com info@larahouse.com	N/A	4	1982	6	\$164-\$290
Mill Inn 642 NW Colorado Ave. Bend, OR 97703	541-389-9198	N/A	www.millinn.com innkeeper@millinn.com	Zane Littrell	4	2004	10	\$100 - \$170. Price includes multi- course breakfast.

Golf Courses (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	CO Year Est.	Manager/ Professional	Course Rating	Slope Index	Par	Length in Yards	Green Fees	Services
Aspen Lakes Golf Course 16900 Aspen Lakes Dr. Sisters, OR 97759	541-549-4653	541-549-6947	www.aspenlakes.com info@aspenlakes.com	Rob Malone, Matt Cyrus	1997	Rob Malone	75.4	141	72	5594-7302	\$45-\$75 w/cart, Golf Boards \$25	Bentgrass fairways, red sand bunkers, beautiful mountain views. Challenging but fair. Full service bar & restaurant.
Awbrey Glen Golf Club 2500 NW Awbrey Glen Dr. Bend, OR 97703	541-385-6011	541-385-4910	www.awbreyglen.com golf@awbreyglen.com	Tommy Berg	1993	Tommy Berg	59.2 - 76.9	101 - 143	72	3707 - 7019	Call for membership, ask for Barbara Malcom.	Private facility. Tree-lined fair- ways, great scenery, mountain views & rolling hills. Golf groups welcome.
Bend Golf & Country Club 61045 Country Club Dr. Bend, OR 97702	541-382-7437	541-382-4603	www.bendgolfclub.com bgccoffice@bendgolfclub.com	Monte Hanson, Karen Goodman, Jeff Keller	1925	Karen Goodman, Monte Hanson	66.0 to 73.9	120 to 142	72	5493 to 7100	Private membership.	Tree-lined, traditional layout set among Ponderosa pines. Private facility. Championship caliber golf course, tennis & athletic facility, indoor saltwater pool, private dining & more!
Big Meadow Golf Course 13020 Hawksbeard PO Box 8000 Black Butte Ranch, OR 97759	541-595-1500	541-595-1293	www.blackbutteranch.com golf@blackbutteranch.com	Tom Baker	1970	Tom Baker	68.3 to 73.8	118 to 133	72	7002 to 5485	\$44-\$82	Mountain views, layout through ponderosa pines offers chal- lenge. Designed by Robert Muir Graves & Damian Pascuzzo. Recent remodel of tees & bunkers.True Mt. Course.
Brasada Canyons Golf Club 16986 SW Brasada Ranch Rd. Powell Butte, OR 97753	541-526-6380	541-526-6291	www.brasada.com kylej@brasada.com	Kyle Johnson	2007	N/A	74.2	145	72	7295	\$169	Semi-private
Broken Top Club 62000 Broken Top Dr. Bend, OR 97702	541-383-8200	541-383-1963	www.brokentop.com brokentopclub@brokentop.com	Mike Sizemore	1993	Jack Perkins, Travis Moore	64.5 to 73.5	109 to 131	72	7161 to 5281	\$140 Reciprocal.	Designed by Tom Weiskopf & Jay Morrish. Varied terrain will test skills. Private facility.
Challenge Course 68397 Cline Falls Rd. Redmond, OR 97756	541-923-5002	541-923-3243	www.eagle-crest.com eagleridge@eagle-crest.com	Ron Burger	2001	Ron Burger	59.5 to 61.1	95 to 105	63	3684 to 4160	\$44	Tight fairways & lightning fast narrow greens will test your metal. Great for developing mid-iron game.
Crooked River Ranch GC 5195 SW Clubhouse Rd. Crooked River Ranch, OR 97760	541-923-6343	541-548-6356	www.crookedriverranchgc.com randy.ballard@crookedriver- ranch.com	Richard Jensen, Randy Ballard	1972	Judy Lapora Randy Ballard Richard Jensen	Women 67.9 - 70.4 Men 63.6 - 67.4	Women 120 - 126 / Men 101 - 116	71	5,000 to 5,818	18 Holes \$32-\$46 weekdays, \$36-\$55 weekends.	Along the rim of the Crooked River Canyon, combines challenge & scenery. Amenities include restaurant, lodging, tennis, swimming
Crosswater 17600 Canoe Camp Dr. PO Box 4818 Sunriver, OR 97707	541-593-1145	541-593-3449	www.crosswater.com mark.meyer@destinationhotels.com	Mark Meyer	1995	Mark Meyer	68.0 to 76.6	120 to 146	72	5213 to 7683	\$215 Must be lodging with Sunriver Resort.	Heathland Scottish Links style - 4,150 elevation
Eagle Crest Resort & Golf Course 1522 Cline Falls Rd. Redmond, OR 97756	541-923-2453	541-923-8822	www.eagle-crest.com info@eagle-crest.com	Ron Burger	1986	Ron Burger	69.1 to 75.5	121 to 132	72	6673 to 5340	\$76, \$49	Rolling fairways to undulating greens are fast in summer.
Eagle Crest Resort, Ridge & Challenge Courses 1522 Cline Falls Rd. Redmond, OR 97756	541-923-4653	541-923-8822	www.eagle-crest.com info@eagle-crest.com	Ron Burger	1986	Ron Burger	69.1 to 75.5	121 to 132	72	6673 to 5340	\$76, \$46	Rolling fairways to undulating greens are fast in summer.
Glaze Meadow Golf Course 13525 Ponderosa PO Box 8000 Black Butte Ranch, OR 97759	541-595-1500	541-595-0944	www.blackbutteranch.com golf@blackbutteranch.com	Tom Baker, Jeff Fought	1979	Jeff Fought Tom Baker	72.9-63.4	135-110	72	7007-4909	\$44-\$82	Mountain views & ponderosa pines. Designed by Gene 'Bunny' Mason & recently rede- signed in 2013 by John Fought. (Voted Best Renovation in the country by Golf Inc.)
Juniper Golf Course 1938 SW Elkhorn Ave. Redmond, OR 97756	541-548-3121	541-548-0808	www.playjuniper.com rmalone@playjuniper.com	Rob Malone	1952	Rob Malone James Billings	65.7 to 74	117 to 130	72	7186 to 5500	\$70 weekend, \$65 weekdays. Afternoon & Twilight & off-season rates avail.	Walkable course wanders through sagebrush, juniper trees & lava rock outcroppings.
Lost Tracks Golf Club 60205 Sunset View Dr. Bend, OR 97702	541-385-1818	541-317-9589	www.losttracks.com info@losttracks.com	Bob Garza	1995	Brian Whitcomb	68.6 to 72.7	126 to 136	72	7003 to 5344	\$70-\$85, \$40-\$50	Every view is a spectacular shot & every shot is a spectacular view.
Meadow Lakes Golf Course 300 SW Meadow Lakes Dr. Prineville, OR 97754	541-447-7113	541-447-7831	www.meadowlakesgc.com zach@meadowlakesgc.com	Zach Lampert	1993	Steve Reynolds Zach Lampert	63.2 - 71.9	107 - 131	72	4,858-6,783	\$44 peak season weekend.	Championship course owned by City of Prineville.
Prineville Golf & Country Club 7120 NE Ochoco Highway Prineville, OR 97754	541-447-7266	541-416-2060	sites.google.com/site/prinevil- legolfclub prinevillegcc@questoffice.net	Marge Pierce	1949	N/A	64	115 to 117	65	4974	\$40, \$15	Well maintained, tricky little nine holes.
Pronghorn Resort 65600 Pronghorn Club Dr. Bend, OR 97701	541-693-5365	541-693-5496	www.pronghornresort.com ph.golf@pronghornresort.com	Mark Meyer	2004	Jerrel Grow	70.8	138	72	6533	Call to ask for current rates.	Golf shop, rentals, Pronghorn Academy.
Quail Run Golf Course 16725 Northridge Dr. La Pine, OR 97739	541-536-1303	541-536-1076	golfquailrun.com tsickles@golfquailrun.com	Todd Sickles	1991	Todd Sickles	68.4 to 72.7	127 to 136	72	5,422 to 6,897	\$62 (18 holes), \$40 (9 holes & twilight times)	Regulation course with wide tree-lined fairways & inspiring vistas.
River's Edge Golf Course 400 NW Pro Shop Dr. Bend, OR 97701	541-389-2828	541-389-0249	www.riversedgegolfbend.com troy@riversedgegolf.com	Troy Eckberg	1986	Troy Eckberg	69.6	130	72	5340 to 6683	\$59 for 18 holes - \$39 for 9 holes.	Spectacular views on a challeng- ing hillside setting, pro shop, practice facility & restaurant.
Sunriver Meadows PO Box 3609 Sunriver, OR 97707	541-593-4402	514-593-4678	www.sunriver-resort.com chris.points@sunriver-resort.com	Chris Points	1999	Chris Points	68.0 to 72.8	119 to 128	71	7,012-6,022	\$50-\$125, depending on season & time of day.	Meandering Sun River & directional use of forebunkers serve up ample challenges for all players.
Sunriver Woodlands PO Box 3609 Sunriver, OR 97707	541-593-4402	514-593-4678	www.sunriver-resort.com chris.points@destinationhotels.com	Chris Points	1981	Chris Points	68.8 to 73.0	124 to 131	72	6,880-6,068	\$50-\$125, depending on season & time of day.	A Robert Trent Jones Jr. design. Lakes, rock out-crop- pings & views.
Tetherow Resort 61240 Skyline Ranch Rd. Bend, OR 97702	541-388-2582	N/A	www.tetherow.com golf@tetherow.com	Chris van der Velde, Katie Burnett, Scott McIntyre	2008	Katie Burnett	75.3 - 69.6	147 - 127	72	7298	\$ 90-195	18 holes, brand new Finn Scooters, GolfBoards & EZ-GO lithium elite golf carts equipped with state-of-the-art Textron GPS systems, driving range including nine-hole, putting green, golf academy. Hotel, vacation rentals, 3 on-site restaurants, pool, cabanas, fitness center, hike/walk/bike trails, residential community.
The Greens at Redmond 2575 SW Greens Blvd. Redmond, OR 97756	541-923-0694	541-548-9816	golfthegreens.com info@golfthegreens.com	Craig Melott	1995	Craig Melott	59	100	58	3554	\$32, \$24 after 1pm. \$22 for 9 holes	Well-designed & playable 18 hole mid-iron course. Robert Murir Graves design.
The Old Back Nine at Mountain High 60650 China Hat Rd. Bend, OR 97702	541-382-1111	541-382-6750	www.oldbacknine.com info@oldbacknine.com	Mark Reisinger	1985	Dixon Ward	Men - 34.2/125 Women - 33.5/123	- N/A		2361 - 2952	Great 9 hole rates, varies depending on season & time of day.	Reestablished original nine holes at Mountain High in spring 2009. Perfect for beginners, families, groups.
Widgi Creek Golf Club 18707 SW Century Dr. Bend, OR 97702	541-382-4449	541-385-7094	www.widgi.com brad@widgi.com	Brad Hudspeth	1991	Brad Hudspeth	60.1-74.4	109-145	72	6,905 to 3,785	\$39-\$105	Well-maintained course, 11 lakes, 50+ bunkers, full service club, indoor pickleball & bar.

2021 Meeting Guide

Event & Meeting Planners (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Services	Equipment
AE Creative 827 SE Business Way, Ste. M Bend, OR 97702	541-285-3678	N/A	www.ae-creative.com hello@ae-creative.com	Abby Elvebak	1	2014	Event planning & design, weddings, elopements, gatherings, paper goods & decor rentals.	Custom installations, signage, display accessories & decor.
C3 Events, LLC 325 NW Delaware Ave. Bend, OR 97703	N/A	N/A	www.c3events.com inquiry@c3events.com	Cameron Clark	4	1990	Event design. Consulting. Promotions. Long-time founder/producer of several art festivals, a film series, two concert series, a world & performing arts series, a zoo concert series, collegiate arts programming & a variety of events. Curating arts events in Central Oregon for 30 years, currently producing farmers market & executive producing two concert series.	N/A
Ceylon Blu Bend, OR	707-337-5008	N/A	www.ceylonblu.com elysebre.ceylonblu@gmail.com	Elyse Edwards	1	2011	Serving brides for over seven years, from weddings, family reunions to conferences.	N/A
DiamondStone Guest Lodges 16693 Sprague Loop South of Sunriver, OR 97739	541-536-6263	N/A	www.diamondstone.com diamond@diamondstone.com	Doug or Gloria Watt	4	1992	Rural 3,800 sq. ft. Homestead Lodge on 1.5 acres may be used for indoor (4 seasons) or outdoor (summer/fall) events like small weddings, anniver- saries, family reunions, business conferences, etc. Call to discuss. Mini-resort offers overnight lodging, vacation packages & unique motorcycle rentals.	Unique motorcycle rentals, 10' Drop Down Screen for presentations.
Events by Mint 63040 Lower Meadow Dr., Ste. 100 Bend, OR 97701	541-318-7400	N/A	www.eventsbymint.com info@eventsbymint.com	Kerry Bergler	5	2005	Event planning & design for weddings, corporate events & private parties.	Call for information.
Incredible Events 20780 High Desert Lane, Ste. 4 Bend, OR 97701	541-317-0450	N/A	www.incredible-events.com Info@Incredible-Events.com	Don Chick	5	1999	Party & wedding equipment rentals & retail party supplies.	Canopies, tables, chairs, dance floors, stages & decor.
KKB Events Bend, OR 97703	503-709-2092	N/A	www.kkbevents.com kristin.betschart@kkbevents.com	Kristin Betschart	1	2017	Manages meetings, events & experiences, large & small, by focusing on the details, being connected in the industry & staying current with new ideas & technologies. Overall logistics planning, venue site selection & contracting, hotel coordination, transportation, custom tours & activities, design & decor, dine arounds, entertainment, giveaways, promotional items & more.	N/A
Savvy Casino Events 3093 NE Quiet Canyon Dr. Bend, OR 97701	541-389-5120	N/A	www.savvycasinoevents.com info@savvycasinoevents.com	Betsy Evans	3	2003	Casino parties large or small. Private in-home parties for birthdays, anniversaries, family reunions, company parties at your office, large corporate events & fundraisers.	Call for information
The Indigo Bride Bend, OR 97701	559-593-3375	N/A	theindigobride.com engage@theindigobride.com	Bree Denman	3	2017	Creative wedding planning, partial planning, day-of coordination, decor setup, custom design installations & balloon installations.	Balloon installations, streamer hangings, neon signs & custom statement pieces.
Wanderlust Tours 61535 S Hwy. 97, Ste. 13 Bend, OR 97702	541-389-8359	N/A	www.wanderlusttours.com info@wanderlusttours.com	Dave Nissen	10	1993	Corporate groups, custom events, family reunions & weddings. Guided canoeing, kayaking, snowshoeing, moonlight tours, volcano tours, cave tours, outdoor dinners, bonfire events, GPS Eco-Challenges, Bend Brew Bus brewery tours, Local Pour brewery-winery-cidery-distillery tours, team building & event planning.	N/A
West Coast Event Productions 63064 NE 18th St., Ste. 102 Bend, OR 97701	541-330-0300	541-330-0320	www.wcep.com Kezia.steinmetz@wcep.com	Kezia Steinmetz	3	1985	Event rentals, special effects, weddings, décor, customized props.	Tables, chairs, audio-visual, tents, lounge furniture, staging, flooring, props, theme events, flatware, glassware, pipe & drape, meeting/conference equipment, china, linens & chair covers.

Transportation Companies (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Due to Ce	77110 171	·	m piace. I iease e	oniaci each iocaiion for aeiaiis.				
Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Service Area	Services
Bend Bus Station 334 NE Hawthorne Ave., Bend, OR 97701	541-923-1732	N/A	www.greyhound.com	Daniel Tovar	1	1988	Oregon state with connections to nationwide Greyhound.	Bus transportation.
Bend Cab Company Bend, OR 97701	541-389-8090	541-382-9486	www.bendcab.com bendtaxi@bendbroadband.com	Ben Nichols	20	1995	Central Oregon.	Taxi service throughout Central Oregon.
Bend Town Cars PO Box 2217, Bend, OR 97709	541-639-7503	N/A	www.bendtowncars.com bendtowncars@gmail.com	Sher Todd	3	2013	Central Oregon.	Out of town service, airport shuttle, brewery tours, weddings, events, bachelor & bachlorette parties, business & corporate travel.
Berg Air, LLC 2028 NW Berg Dr., Madras, OR 97741	541-475-4899	541-475-4603	www.bergair.com bergairllc@yahoo.com	Rob Berg	4	2006	Western U.S.	Flight school & maintenance shop, aerobatics training & FAA designated pilot examinations.
Cascade Couriers Bend, OR 97701	541-389-9369	N/A	www.cascadecouriers.com cascadecouriers@gmail.com	Daniel Brewster	2	2007	Bend.	Sustainable delivery services.
Cascade Towncar Service 20020 Chaney Rd. Bend, OR 97701	541-385-9382	866-402-0583	www.cascadetowncar.com sales@cascadetowncar.com	Kent Hicks	8	2001	Central Oregon.	Private car service for Central Oregon including private transportation to & from airports, resorts, door-to-door pickups, touring, ground transportation to locations throughout Oregon or for any occasion when you would rather not drive.
Cascades East Transit (CET) 334 NE Hawthorne Ave. Bend, OR 97701	541-699-4094	541-548-9548	www.cascadeeasttransit.com abreault@coic.org	Andrea Breault	16	1985	Crook, Deschutes & Jef- ferson Counties, including Bend, Redmond, Madras, Prineville, Sisters, Warm Springs & La Pine.	Community Connector shuttles travel between Central Oregon cities Monday-Friday. Fixed-route bus service within Bend Monday-Saturday. Dial-a-Ride service offers curb to curb transportation for eligible clients in Bend & the general public in other cities, seasonal transportation services for recreational uses. Transfers occur at Hawthorne Station in Bend, Redmond Transit Center & Madras WorkSource.
Central Oregon Breeze 334 NE Hawthorne Station Mailing Address Only: 28590 Walker Rd. Bend, OR 97701	800-847-0157	541-389-2518	www.cobreeze.com info@cobreeze.com	Nita Jordan, Joseph Widner	18	1985	Bend to Portland & charters.	Daily to Portland area: Portland airport, Amtrak & Max. Charters & tours available.
Checker Cab Central Oregon 1900 NE Third St., Ste. 106-292, Bend, OR 97701	541-390-1176	541-382-7396	www.taxi-cab-oregon.com	Cannon Braatz	20	2009	Central Oregon.	Taxi service.
City of Prineville Railway 3840 NW Bus Evans Rd. Prineville, OR 97754	541-447-6251	541-416-9416	www.cityofprinevillerailway.com mwiederholt@cityofprinevillerail- way.com	Matt Wiederholt	78	1916	Nationwide.	Full service railroad w/ connections to Burlington Northern & Union Pacific. Customer oriented short line railroad operating between Prineville & Prineville Junction. Also operates Prineville Freight Depot, the regions premier Transload & Warehousing operation.
Classic Limousine Service Bend, OR 97703	541-410-8916	N/A	www.bendclassiclimo.com	Steve Cornelius	1	2009	Central Oregon.	1939 Cadillac 7 passenger limo, 8 passenger 1991 limo.
Commute Options 50 SW Bond St., Ste. 4 Bend, OR 97702	541-668-6138	N/A	www.commuteoptions.org brian@commuteoptions.org	Brian Potwin	4	1991	Central Oregon.	Promoting choices that reduce the impact of driving alone. Options include walking, bicycling, carpooling, teleworking & riding the bus. Company van pool & ridesharing. Carpooling matching available on web.
Country Cab Prineville, OR	541-416-8400	541-382-7396	www.taxi-cab-oregon.com	Cannon Braatz	2	2000	Prineville & Madras	Taxi service.
Destination Transportation, LLC Bend, OR 97701	808-457-8697	N/A	www.destinationtransportation.com info@destinationtransportation.com	N/A	5	2007	Central Oregon & Portland airport.	Airport shuttle, limousine service, private car service, brewery tours, corporate travel, passenger van.
Exquisite Limousine Service LLC Bend, OR 97701	541-382-2977	N/A	www.exquisitelimooregon.com info@exquisitelimooregon.com	Cheri Kissell	1	2002	Central Oregon.	Limousine service with an eight-passenger Lincoln Town car, 14-passenger Lincoln Navigator & a 14-passenger Cadillac Escalade.
Fish's Shuttle Service Inc. 1750 SW Culver Hwy., Madras, OR 97741	541-475-3129	N/A	N/A	Heather Elder, Susan Surgeon	5	1981	Central Oregon.	Shuttle service for outdoor excursions. Licensed & bonded, river rafters & fishing.
HD Courier PO Box 281 Redmond, OR 97756	541-771-4327	N/A	www.hdcourier.com chris.miller@hdcourier.com	Chris Miller	45	2010	Central Oregon, Portland, Eugene/Springfield, with on-demand service to the rest of Oregon.	Facilities in Bend & Springfield. A full-service logistics provider. Daily routes across the state. Services include pick-up, delivery & for storage of pharmaceuticals, medical specimens, surgical equipment, office supplies, legal, title, auto parts, electronic parts, etc. Professional, employee drivers with fully automated real-time visibility.
Motofantasy Motorcycle Rentals 16693 Sprague Loop South of Sunriver, OR 97739	541-536-4584	N/A	www.motofantasy.net motohead1@motofantasy.net	Doug Watt	4	2011	La Pine.	Motorcycle destination resort, bike rentals, multi-day discounts. Rental/lodging packages. Lodging only.
Redmond Airport Shuttle PO Box 5324, Bend, OR 97708	541-382-1687	541-647-1432	www.redmondairportshuttle.net rdmshuttle@yahoo.com	Wayne Miles	10	1988	Central Oregon.	Shuttle to Redmond Airport. Charter services available. Door to door service anywhere in Oregon.
Redmond Taxi 2790 SW 23rd Ave., Redmond, OR 97756	888-664-8449	541-548-7282	www.taxi-cab-oregon.com	Art Miller	9	1994	Central Oregon.	Taxi & delivery service. Airport 24 hrs, 7 days a week.

CBN has made every effort to ensure that all information is accurate and up-to-date. We cannot, however, guarantee it. Please contact us immediately if you know that certain information is not correct or you would like to be added to a list, 541-388-5665 or email cbn@cascadebusnews.com.

Lauren Jensen of Bend Authors Books on How to Plan a Wedding or Elopement During a Pandemic

lanning a wedding or elopement during these unprecedented times can be difficult. Bend author Lauren Jensen took the opportunity to write a series of books to share her insider knowledge.

"I have been living in Bend for the last six years," Lauren says. "When COVID hit, I was put on furlough from my event management position at a high-end resort. That gave me the time to write a workbook series to help couples plan during this crazy time!" Consider one of these books as an engagement gift! The sooner the couple has a plan, the better equipped they will be — one step closer to their perfect day.

"There is so much to keep track of during this ever-changing pandemic world we live in, and now you are planning an elopement," Lauren continues. "This is the one-stop planning guide to get every single detail under control. This workbook will give you solutions, timelines, checklists and materials for you to succeed, and there is enough space for you to come up with your strategy to thrive. It's time to get organized and take your vision to the next

level." For all the COVID couples ready to get hitched, this your ticket to planning the big day.

Planning a COVID Wedding

The newest guide to hit Amazon, Planning a COVID Wedding helps couples plan their wedding during this chaotic year. This guide saves time with multiple charts and checklists that include enough room to strategize a plan to succeed, while keeping track of all the important details. Knowing what to expect with COVID in the coming season will help everyone. Brides can use

this guide to remain calm, and enjoy their big day.



decide if they'll be eloping, or having a micro wedding during a pandemic. There is a big

difference in price when it comes to the number of guests — this insider knowledge is very valuable to save time and keep the expenses low. The sooner the couple has a plan, the better equipped they will be — one step closer to their perfect day.

away from Seattle, Washington. Her family owned and operated a thriving restaurant and catering company, which is where her love for events began. Most recently, she managed weddings and corporate events at a luxury resort in Bend. In 2019, she was diagnosed with Stage 3 breast cancer at

> team, and everyone went on furlough. With this new freedom, she ventured to write a series of books to share her insider knowledge to a broader audience of couples.

As her dedication says, "To all the brides and grooms who need a sense of stability during these turbulent times." She is currently living cancer-free, has self-published her first two books and yes... there are more to come!

InsiderBride.com









2021 Meeting Guide

Caterers (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Services
Ben & Jerry's 680 SW Powerhouse Dr. Bend, OR 97702	541-312-8115	N/A	benjerry.com/bend benjerrybend@gmail.com	Boo Rigney	7	2000	Catered sundae parties for all occasions inc. office, wedding & birthday parties. Custom ice cream cakes & wedding cakes. Scooping Ice cream & smoothies from the cart at outside events.
Bishop's Best Meal Prep & Catering 61301 Benham Rd., Unit 1 Bend, OR 97702	541-904-0078	N/A	www.bishopsbestmealprep.com chef@bishopsbestmealprep.com	Stephen Bishop	1	2020	We specialize in meal prep, family meals & catering services offering delicious, locally sourced, spicy (or not), meals delivered straight to your door.
Bleu Bite Catering 63060 Nels Anderson Rd. Bend, OR 97703	541-388-1104	N/A	www.bleubitecatering.com info@bleubitecatering.com	Cerstin Cheatham, Janie Thornton	12	2000	Full service, off-site, contemporary catering, from corporate luncheons to weddings.
Bowtie Catering Co. 61147 S Hwy. 97 Bend, OR 97702	541-241-8711	N/A	www.bowtiecateringbend.com bowtiecateringbend@gmail.com	Sanda Costello, Gene Soto	6	2014	Customized, personalized menu that fits clients individual needs, featuring recognizable gourmet food with fresh, locally sourced products, executing a delicious cuisine with a high quality presentation & service.
Breck Morgan Catering 62605 Waugh Rd. Bend, OR 97709	541-977-7902	N/A	bmcaterer@aol.com	Breck Morgan	1	1993	Supporting National Guard, Law enforcement & regional fire agencies. We have three mobile catering units that allow us operational mobility. We can support large off premise events, studio & movie sets. Our units are also available for rent.
Chan's of Bend Inc 1005 SE Third St. Bend, OR 97702	541-389-1725	N/A	www.chanschinese.com ziyanzhang18@gmail.com	Yan Zhang	20	2012	Large banquets.
Country Catering 900 SE Wilson, Unit B Bend, OR 97702	541-383-5014	541-383-3851	www.bendcatering.com cody@bendcatering.com	Cody Serbus	8	1992	Central Oregon's premiere caterer. Authentic ranch style BBQ, specializing in a variety of events. Home of the Farnous Tri-Tip sandwich.
Jackalope Grill 750 NW Lava Rd., Ste. 139 Bend, OR 97701	541-318-8435	N/A	www.jackalopegrill.com kgarling@bendbroadband.com	Tim & Kathy Garling	18	2005	Upscale. All types of events on & off-site catering.
Joolz 916 NW Wall St. Bend, OR 97703	541-388-5094	N/A	www.joolzbend.com bendjoolz@gmail.com	Juli Handan	10	2009	Where the middle east meets the wild west. Full-service dinner & bar, catering & private dining room.
McKay Cottage Restaurant 62910 OB Riley Rd. Bend, OR 97703	541-383-2697	541-383-8022	www.themckaycottage.com pam@themckaycottage.com	Pam Morgan	35	2006	Full-service catering including beer & wine, full-service restaurant.
Sandwich Factory & Landmark Catering 277 NE Court St. Prineville, OR 97754	541-447-4429	541-447-2910	cpentrack@hotmail.com	Woody Stevens, Celena Pentrack	9	1978	Full-service caterer for all occasions. Breakfast, lunch & dinner. Dine in or take out.
Sunriver Resort 17600 Center Dr. PO Box 3609 Sunriver, OR 97707	855-420-8206	541-593-2742	www.sunriver-resort.com info@sunriver-resort.com	Lindsay Borkowski	800	1968	Full service on & off-premise catering, including weddings.
Tate & Tate Catering LLC 1205 SW Indian Ave. Redmond, OR 97756	541-548-2512	N/A	www.tateandtatecatering.com info@tateandtatecatering.com	Kelley Mears-Wolverton	20	2020	Full service off-premise catering for business, home, weddings, special events & holidays. Prepared meals, meal delivery & retail grab-n-go meals.
Trail's End Barbecue Co. PO Box 1256 Sisters, OR 97759	541-410-5674	N/A	www.trailsendbbq.com trailsendbbq@q.com	Carl Perry	8	2000	Full-service catering, weddings to picnics to company events â€" featuring authentic pit-smoked barbecue.
Twist Cocktail Catering Co. 20340 Empire Ave., Ste. E4 Bend, OR 97703	541-633-5855	N/A	www.twistcocktails.com info@twistcocktails.com	Tirzah Mathews & Julie Basham	12	2008	Provides custom beverage & food catering service for your next party or event. From classic beer & wine bars to full liquor bars complete with custom cocktails & signature drinks, & perfectly paired food; Twist provides the solution with style & polish.

Rental Companies for Events (Listed Alphabetically)

Due to COVID-19 restrictions, most locations will have specific protocols in place. Please contact each location for details.

Company / Address	Phone	Fax	WebSite/Email	Contact	Staff	CO Year Est.	Equipment for Rent	Services
Advanced Systems 1300 SE Wilson Ave. Bend, OR 97702	541-389-5646	541-385-6061	www.advancedportabletoilets.com cust2912@wcnx.org	Ryan Gaylord	14	1994	Portable restrooms & storage containers.	Handicap units, sink units, free standing exterior sinks & complete line of portable toilets for any type of event.
Audio Visions Plus 1110 SE Centennial St., Set. 100 Bend, OR 97702	541-312-6464	541-312-6878	www.audiovisionsplus.com avstevo@gmail.com	Steven Shelton	5	1996	Video sound systems, computer data projectors, videographics & recording equipment.	All your audio visual rental needs.
Audio Visual Bend 20585 Brinson Blvd. Bend, OR 97701	541-388-1732	800-660-9677	www.avbend.com tony@avbend.com	Christine Sprando	4	1999	Projectors, screens, sound systems, wireless microphones, laptops, video conferencing.	Audio video design & integration, turnkey solutions for all types of commercial projects. Video projectors, large screens, control systems, video conferencing, mobile presentations solutions, consulting, sales, design & installation.
Big Mountain Adventures 170 SW Scalehouse Loop Bend, OR 97702	541-688-7670	N/A	bigmountainadv.com staff@flycascades.com	Patric Douglas	1	2018	Tent trailer rentals.	Fully stocked luxury adventure tent trailer rentals, three- to five-day Oregon adventures, complimentary trip planning advice & more.
Flip Flop Sounds 20664 Carmen Loop, Ste. 1 Bend, OR 97702	541-633-9775	N/A	www.flipflopsounds.com info@flipflopsounds.com	Courtney Latham	3	2009	Lighting for events, speakers, mics, projectors & screens.	DJ, event sound, event lighting, live sound for bands.
Incredible Events 20780 High Desert Lane, Ste. 4 Bend, OR 97701	541-317-0450	N/A	www.incredible-events.com Info@Incredible-Events.com	Don Chick	5	1999	Canopies, tables, chairs, dance floors, stages & decor.	Party & wedding equipment rentals.
West Coast Event Productions 63064 NE 18th St., Ste. 102 Bend, OR 97701	541-330-0300	541-330-0320	wcep.com Kezia.steinmetz@wcep.com	Kezia Steinmetz	3	1985	Tables, chairs, audio-visual, tents, lounge furniture, staging, flooring, props, theme events, flatware, glassware, pipe & drape, meeting/conference equipment, china, linens & chair covers.	Event rentals, special effects, weddings, d©cor, customized props.

Would You Rather Have \$1,000,000 or a Penny Doubled for 30 Days?

by DAVID ROSELL — Rosell Wealth Management

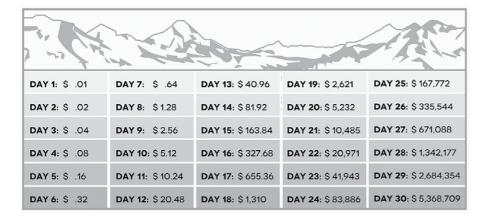
ast week, I had the opportunity to address the business class at Bend Tech Academy at Marshall High School. I am always impressed with how this school proactively connects their students with local community partners and employers to offer them a variety of learning resources, high engagement experiences and opportunities to build lasting relationships.

I feel strongly that one of the keys to creating a brighter financial future for our nation is to have financially

knowledgeable kids. Most schools do not teach our children the lessons of financial responsibility, or even simple lessons about compound interest and the difference between working for money and having money work for them. I'm always charged with excitement when I witness students learn a few basic lessons that can ultimately change their financial futures.

Of the many theories, formulas and principles that Albert Einstein studied, I find the most interesting revelation is his statement: Compound interest is the eighth wonder of the world. He who understands it, earns it; he who doesn't, pays it. In this day and age, ignorance of compound interest is dangerous, especially with those looming credit card bills and student loans. For this reason, I always feature this topic in my annual presentations to Bend Tech and inform students on the importance of earning compound interest rather than paying it.

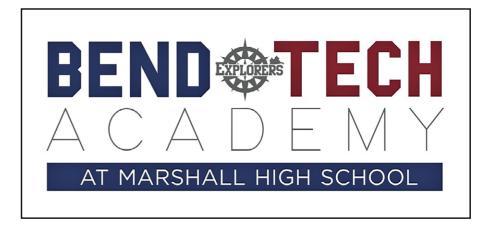
So, what is compound interest? Compound interest occurs when interest is added to the principal (your original investment), so that from that moment on, the interest that has been added also earns interest. This addition of interest to the principal is called compounding. To help illustrate this powerful formula, I asked the class the question: If you were given a choice to receive one million dollars in one month or a penny doubled every day for 30 days, which one would you choose? At first glance, almost everyone in the class chose the million dollars. I then shared with them the alternative:



They were astonished as they saw in front of their eyes the remarkable effect of receiving over five million dollars with a penny doubled every day for 30 days. This is the power of compounding! If one had missed the last five days, they would have ended up with only \$335,544 instead of \$5,368,709. This is when I shared with them how imperative it is to start planning and investing early in life. Investing can be compared to NASA's Perseverance rover that touched down on Mars recently. When it took off for outer space it used 80 percent of its fuel during takeoff and once it reached a certain point it flew smoothly with minimal consumption.

CascadeBusNews.com



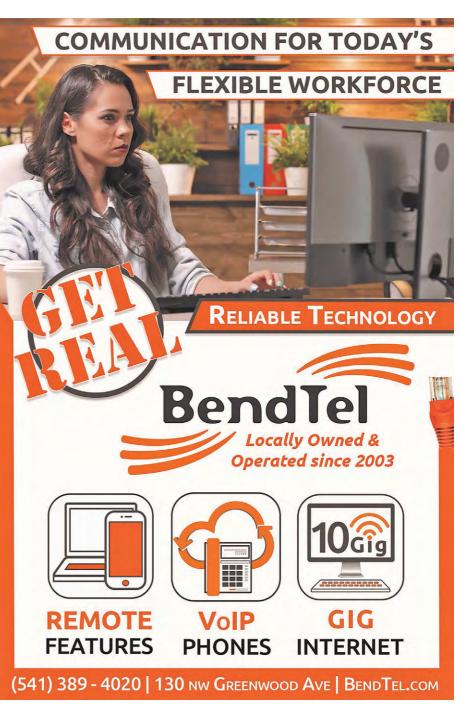


The moral of the story is that the students at Bend Tech now know that one doesn't need to do anything extraordinary to accumulate a considerable savings over time. One just needs to do some ordinary things extraordinarily well. Saving ten percent of your income is not remarkable — doing so, over every pay period for 40 years, is. The tougher they are on themselves today, the easier life will be on them later, which is a lesson we can all benefit from.

David Rosell is president of Rosell Wealth Management in Bend. RosellWealthManagement.com. He is the creator of Recession-Proof Your Retirement Podcast and author of Failure is Not an Option — Creating Certainty in the Uncertainty of Retirement and Keep Climbing — A Millennial's Guide to Financial Planning. Find David's books on Audible and iBooks as well as Amazon.com

Investment advisory services offered through Valmark Advisers, Inc. an SEC Registered Investment Advisor Securities offered through Valmark Securities, Inc. Member FINRA, SIPC 130 Springside Drive, Ste 300 Akron, Ohio 44333-2431. (800) 765-5201. Rosell Wealth Management is a separate entity from Valmark Securities, Inc. and Valmark Advisers, Inc. All investing involves risk, including the possible loss of principal. The example given is hypothetical and for illustrative purposes. Actual results may vary from those illustrated.

RosellWealthManagement.com



who's who who's who who's who who's who who's who who's who



Christopher C **Piper**

Former City Councilor **Christopher C. Piper** has joined the Board of Directors of the **Council on Aging** (COA).

Piper was appointed to the City Council in January 2019 to fill the vacancy left by Sally Russell after she was elected mayor. He served through 2020, and during that time served as an ex-officio member of the Downtown Bend Business Association, Bend Economic Advisory board, City of Bend Stewardship Committee, The Transportation Advisory Board, the Urban Renewal Board and Bend 2030.

Professionally, Piper works as a consultant to small- and medium-sized businesses. He graduated from the University of Oregon with a bachelor of arts in communication and is an Eagle Scout.

Tyler Williams is the new acoustical treatment salesman and AV rental manager at **Audio Visual Bend**. As an audio engineer with over a decade of experience, he is ready to help you find solutions to your acoustical problems or set you up with the audio visual equipment you need for your events. Williams has worked as an AV tech, live sound engineer, recording studio engineer and most recently as the production manager for a microphone company. In all these positions he has often found himself battling a room's echos and undesired noise, and truly appreciates a space with good acoustics.

Prior to his career as an audio engineer, Williams served as a paratrooper in the United States Army. In his free time you can find Williams surfing the Bend Waterpark, hiking any trail he can find or playing guitar.



Tyler Williams

Laura Boehme

Central Oregon Community College's (COCC) chief information and human resources officer, Laura Boehme, was presented with Oregon State University's (OSU) 2021 Adult and Higher Education Dissertation Award at a university ceremony held virtually on February 18.

The award recognizes an alumnus of OSU who has completed an exemplary dissertation within the past year and whose research reflects the mission and values of OSU's adult and higher education programs, including a significant contribution to their field of study, a rigorous methodology and a commitment to equity and inclusion.

Boehme's research, titled Is Your Community College Technology Ready? An Assessment Instrument to Promote Technology Adoption, examined technology readiness and

adoption best practices related to the deployment of student-serving technologies at more than 500 community colleges around the country. The research found a widespread disparity between how community colleges are assimilating various technologies and their intended goals, identifying adverse impacts for both students and employees.

The study also raised awareness for better systems and processes, including enhanced communication and collaboration with end users in order to support college efforts at reaching and serving students.

In addition to a doctorate in education, Boehme holds a master's degree in adult education and bachelor's degrees in international relations and Spanish translation. With COCC since 2010, she was named the college's CIO in 2020.

The award ceremony was part of OSU's 2021 Charles E. Carpenter Lecture, an annual professional development series for community college leaders throughout the Northwest.

Oregon Solar + Storage Industries Association (OSSIA) welcomes new board members Heather Moline and Marie Barlow.





Heather

Marie

Aimé **Jasmine**

Maxwell

Soroptimist International of Bend introduces the two winners of the annual Live Your Dream Award (LYDA) for 2021. Each woman will receive \$2,000 that she can use to further her educational pursuits. The recipients are chosen with much thought given to their circumstances, challenges, intended goals and financial needs. Both of this year's winners have demonstrated determination, persistence, purpose and grace while dealing with personal challenges.

Jasmine, a single mother of two,

moved to Central Oregon after accepting a position as a community engagement

coordinator for a nonprofit organization that deals with childhood trauma. During her time with the organization, she coordinated and managed awareness events around ACES (Adverse Childhood Experiences and Trauma-Informed) approaches. She is currently training to become a certified peer support specialist in order to use her lived experiences with domestic violence, racial trauma and adverse childhood experiences to be of support and empower others who are dealing with those issues with patience and compassion. She is also studying to become certified in the field of human services in order to work as an advocate to be of support to those who are facing homelessness due to leaving domestic and other adverse experiences. Enrolled at Portland Community College, she is the recipient of the Live Your Dream Award which is underwritten by a grant from Central Electric Cooperative.

Aimé Maxwell, a single mother of one, is a licensed massage therapist in the process of completing her AAS in massage therapy at Central Oregon Community College. As a licensed massage therapist, Maxwell has become aware that many people do see massage as therapy and use the time to speak of their feelings. This has prompted her to make additional goals. Her next step will be to enroll at Eastern Oregon University to obtain a degree in business and then at the University of Oregon for a master's in psychology. Her goal is to become a mind/body therapist via massage and psychotherapy.

LYDA applications are available each fall online at sibend.org. Women who are pursuing their education, financially needy, head of household and enrolled in a certificated educational program are encouraged to apply. A separate local Soroptimist Live Your Dream Award is underwritten by Central Electric Cooperative for women who meet the above criteria and who are CEC members in good standing.

Alayna Weimer, of Ignite Positive Changes and Toastmasters of Redmond was awarded first place, as the Area Speech Contest winner in February 2021. She will be advancing to the District Level in May and will be representing Central Oregon as a candidate to advance into the International Speech contest in late 2021.



Alayna Weimer



Cheri Redgrave

Cheri Redgrave, the allergy avenger of RCP Foods, LLC, has expanded her business in order to serve more people in the Central Oregon area who are living with food allergies or choosing a plant based lifestyle. Redgrave has created an entire resource of plant based and allergy friendly recipes, tutorials and food fun videos in her new venture, Cheri's Allergy Adventures! She will feature expert interviews with real advice for real people.

Amy Cecil, founder and principal broker of Northwest Key Commercial **Real Estate & Property Management**, has been serving the Bend and Central Oregon community for 20 years. In honor of this milestone, Cecil has elected to expand the brand.

Part of this development included hiring two new brokers to her team and revamping the branding for Northwest Key in order to better serve the fast-growing Bend business marketplace.

The team at Northwest Key introduces a new logo, website and name for the business to upgrade and further expand the company.

More Who's Who Next Page ▶



(L-R) AMY CECIL, PRINCIPAL BROKER; BAILEY CECIL, BROKER AND DINAH GREEN, BROKER | PHOTO COURTESY OF NORTHWEST KEY COMMERCIAL REAL ESTATE & PROPERTY MANAGEMENT

who's who who's who who's who who's who who's who who's who

ho's Who
Continued from page 26



SELINA AND POET | PHOTO COURTESY OF HOSPICE

Meet **Selina** and **Poet** of **Hospice** of **Redmond**.

Not many people can bring a smile to a face like a dog. But with this duo, smiles come easily. This is one of our amazing volunteers, Selina, and her dog, Poet.

Did you know that Selina has a sled dog team of huskies? Poet is often her lead dog. But when Poet isn't running fast, he is helping our patients smile during a difficult time. In fact, at Camp Sunrise, the kids are positively impacted by our incredible volunteers, those with two and four legs.



Janie Teater

SMART Reading has announced **Janie Teater** as the Volunteer of the Year for the Central Area, serving Crook, Deschutes, Grant, Harney and Jefferson Counties.

Teater was selected from among 450 dedicated Central Oregon volunteers who are committed to fostering a love of reading and learning in local kids. Teater was ultimately selected due to her longtime service both locally and at the statewide level as well as her significant support of our fundraising work in the Central Oregon community.

SELCO Community Credit Union recently hired **Tyler Hague** as a financial advisor for SELCO Investment & Retirement Services, which is available through CUSO Financial Services, LP (CFS). Based in SELCO's Old Mill Branch in Bend, Hague will manage clients across Central and Eastern Oregon.

A native of Reedsport, Oregon, Hague earned a liberal arts degree, with an emphasis in history and political science, from Linfield University in 2009. Before joining SELCO, he held a variety of positions, including branch manager at U.S. Bank in Bend and most recently as a financial advisor at Edward Jones Investments in Bend. Hague also managed two small businesses.

In his spare time, Hague enjoys golfing, scouting football and hiking with his fiancée, Brook.



Tyler Hague

Culinary Training Merits Rare Top Status

The Cascade Culinary Institute (CCI) at Central Oregon Community College (COCC) has received exemplary accreditation in all of its baking and culinary programs from the American Culinary Federation Education Foundation Accrediting Commission (ACFEFAC), making it the only culinary school in Oregon to hold that distinction.

CCI offers an associate degree and a certificate in both culinary arts and baking and pastry arts, and incorporates diverse learning experiences, such as exchange programs with other countries, a teaching restaurant, bakery kiosk and a customized food truck. The culinary school merited the status based on full compliance of all requirements and excellent management of the program.

"I am thrilled and incredibly proud," said Wayne Yeatman, culinary instructor and chair of CCI. "This is a reflection of our outstanding faculty, facilities and programming, and underscores how comprehensive and high-value our training is. It reaffirms our place among top schools nationwide."

The ACFEFAC evaluates a host of criteria, including program mission and goals, organization and administration, curriculum and facilities, and involves

an on-site visit. Exemplary status results in a sevenyear accreditation term; normal accreditation with the ACFEFAC requires renewal every five years.

The high ranking comes at a time when culinary schools around the country are facing falling enrollments and even closing doors. Last July, Pioneer Pacific College announced plans to permanently shutter its Oregon Culinary Institute while the International Culinary Center in New York likewise closed its doors. The New England Culinary Institute made the same decision in December. CCI has worked with some students from these schools to ensure their credits transferred, and to ensure their education could continue at CCI without disruption or delay.

For COCC's culinary program, which began in 1994, and for its baking program, which opened in 2012, the new accreditation level will give would-be culinary students around the U.S. another reason to seriously consider CCI, particularly now that the college's residence hall is open for applications for fall term. The culinary program also offers a degree and certificate in hospitality management.

"This combination of factors solidifies CCI's place on the culinary education map," said Dr. Laurie Chesley,



PHOTO | COURTESY OF COCC

president of COCC. "We know we have a stellar program and a strong reputation on the West Coast, but with this top industry recognition and a changing landscape for culinary schools, we are excited to welcome even more students from across the U.S."

The American Culinary Federation, a professional organization for chefs and cooks founded in 1929, is the largest professional chefs' organization in North America.

cocc.edu

Businesses Serving Community



ENTRAL OREGON VETERANS RANCH CHECK PRESENTATION | PHOTO COURTESY OF REDMONI

REDMOND'S SPIRIT FOUNDATION

Redmond's Spirit Foundation kicked off 2021 by opening up a call for applications of donation requests up to \$10,000 and 30 nonprofits working with children, handicapped, elderly or disadvantaged individuals in Redmond applied.

Camp Eagle Cap will receive \$1,500 to help cover the cost of camp for summer camp. "Camp Eagle Cap is a one-week summer camp for Central Oregon children who have lost one, if not both parents to drugs, suicide, incarceration or abuse. The mission is to show God's love to these children and give them hope."

Central Oregon Autism Movement will receive \$1,500 to purchase sensory and safety items on an as-needed basis; based on family requests. The mission of Central Oregon Autism Movement is, "to lead Central Oregon in Support

and Community Acceptance for Individuals and Families with Autism."

Central Oregon Veterans Ranch will receive \$7,000 towards a new tractor for educational, operations and food production purposes. "We currently have a 1946 Ford Tractor that barely functions. A tractor will help support our farming and ranching education, pasture rehab/livestock management, food production and pumpkin patch preparation for veterans and veteran families." COVO's mission as a working Ranch is to restore purpose and spirit to veterans of all ages. "We build community and provide resources and support to veterans of war through agriculture and peer support groups, education and activities."

The 30 nonprofits that applied for Redmond's Spirit Foundation donation provided a description of their organization and how they would use the funds. To help raise awareness for each applicant we featured them in posts on Redmond's Spirit Foundation Facebook page at facebook.com/RedmondSpiritFoundation.

BEND-REDMOND HABITAT FOR HUMANITY

Bend-Redmond Habitat for Humanity is the recipient of a \$10,000 grant from the Deenihan Family Fund of Oregon Community Foundation. The grant funds are to support affordable housing in Central Oregon.

Bend-Redmond Habitat will put these much-needed funds to work immediately. The need for affordable housing, and the unique program Habitat offers, is in high demand. The organization is currently building ten cottages in Bend and in the land development stage of ten townhomes in Redmond for low to moderate income families. These homes will be purchased with a mortgage payment set at 33 percent of the families' monthly income.

Results Imagery Teams Up with One Tree Planted to Plant 100,000 Trees Annually in Oregon in Response to Wildfires

n February 1, 2021 in Bend, Results Imagery announced its goal of planting 100,000 trees annually in support of reforestation efforts throughout the state of Oregon.

Founders of the e-commerce content brand stated, "This is our home, and we need to do all we can to give back as a company and maximize our impact. With One Tree Planted, we'll be doing just that."

The plan for reaching this annual goal is tied to a new Corporate Social Responsibility (CSR) program that the company has launched that ties in directly with their media work. Results Imagery empowers brands with photo and video content. For every photo taken and every minute of post-production video created, Results Imagery has committed to plant one tree. "It allows our clients to be part of the reforestation journey with us," said CEO Kyle Nelson.

The company has also taken its program a step further, offering brands that are doing social good a five percent discount on any work they do with Results Imagery. "It doesn't just stop with Results Imagery planting trees," says President and COO Eli Libby. "There are so many brands doing powerful social impact work, and we want to do everything we can to share their work through top-quality photos and video. We're here to tell their story, and the five percent discount reflects our commitment to doing just that."

For more information on Results Imagery's Reforestation Program, please visit: resultsimagery.com/snap-one-plant-one.

resultsimagery.com

MountainStar Family Relief Nursery Announces 20th Anniversary

his year marks the 20-year Anniversary of MountainStar Family Relief Nursery (MountainStar) and celebrates their unique early childhood and family support services in Central Oregon. MountainStar started in April 2001 with a ribbon-cutting held at the Deschutes Children's Foundation campus on NE Daggett Lane in Bend, and served 34 babies and toddlers in their first year. Now, MountainStar staff provide services in Bend, Madras, Prineville, Redmond and La Pine, and serve 300 young children and their families annually.

Over the past 20 years, MountainStar staff have worked with 5,000 children ages zero- to five-years-old, and engaged over 20,000 parents and family members in strength-based child abuse and neglect prevention programs. A key feature of their services are early childhood classes designed for children experiencing toxic stress at home and who are at-risk for abuse and neglect. MountainStar successfully keeps 98 percent of children in their program safe from confirmed cases of abuse and neglect.

To celebrate their anniversary and recognize the profound impact on local babies and toddlers, an anonymous couple has provided a \$5,000 matching gift recognizing the 5,000 children served over the last 20 years. "This matching gift comes from a local couple who has supported MountainStar families since 2005," says Staley Micken, development director. "Their investment reflects the commitment of so many in our community that believe every child deserves

the best start possible."

Donations at any level are eligible for this match. The matching gift is available through March 31.

Throughout 2021, MountainStar will engage its supporters to share their stories and hopes for the children and families served through its program. MountainStar's 20th Anniversary is a testament to the dedication of Central Oregonians in preventing child abuse and ensuring that its children are supported in their emotional, physical and intellectual development. "I sincerely appreciate the generosity of our community and the commitment to child abuse prevention," says Tim Rusk, executive director. "Supporting vulnerable families and working with the dedicated early learning professionals across our community has been my personal honor as executive director of MountainStar for the last nineteen years. I am excited to celebrate what we have accomplished together, but am even more excited about where we go from here, because as we all know, when it comes to early childhood — every day counts, and everyone matters."

If you would like to celebrate with MountainStar by sharing a story or sending a message, please contact Kevin Donor at development@mtstar.org.

mtstar.org



follow us on FACEBOOK + TWITTER



Injury in the Workplace: What To Do When You're Injured On The Job

by ABIGAIL MORSE — Elk Ridge Chiropractic & Wellness Center

Vou're at work. You're doing a bit of filing, or whatever. You bend over to pick up a stack of papers, precariously hoisting it in your arms as you trek slowly to the filing room. Unbeknownst to you, Jim from Human Resources spilled some coffee on the linoleum floor, and before you know it, you go flying; feet in the air, papers scattered everywhere like a ticker-tape parade. And that's when you fall. Hard.

You're hurting. Everyone's screaming. The office is a mess. And then there's Jim, oblivious to his part in it all. He stares at you with that puppy dog expression and says, "Gee, Sue! Are you okay?" No, Jim! Of course, I'm not okay!

But then Deb from the front office — good old Deb! — comes to your rescue. "Sue, Dear (because, naturally, she calls everybody 'Dear'), let me help you to my office and we'll fill out a worker's compensation claim. Why, *THANK YOU*, Deb! I'd *LOVE* to fill out a worker's compensation claim!"

Within 15 minutes, Deb has helped drag your injured bones to the front office and has handed you the claim. But now what? The pain is still there. That won't go away just because you've got the paperwork. You still need help, and you need it *now*. So, what's to do? That's what we'll be looking at today. We'll give you the step-by-step process of what you need to do in order to get the care you need. Meanwhile, Jim can finish up the filing.

1. Make Sure To Gather The Correct Information

First things first. You're going to want to make sure you've got the right paperwork, which just so happens to be a Consumer and Business Services Worker's Compensation 827 form. If that's too much to handle, just remember '827 form' and you'll be good to go.

Secondly, you'll need to get a claim number and insurance provider name from your employer. For example, Elk Ridge Chiropractic & Wellness Center treats worker's comp patients whose employers use Saif when filing their claims. Ask your employer who they go through, and make sure you receive that claim number. That will come in handy in a bit.

2. Take Your Worker's Comp Paperwork Home

Next, as tempted as you (or your employer) may be to fill out the whole form immediately, do yourself a favor and don't. Why? Because injuries take a while to settle. Once the adrenaline and shock wear off, you may begin to realize that it isn't just your tailbone that's hurting. It's also your lower back, your neck, maybe your elbow, inching up into your shoulder. That's why we recommend taking the form home with you and giving yourself 24 hours to let all the injuries present themselves. This will come back to help you with your coverage later on. (Of course, if the injury requires immediate medical attention, please seek care as you see fit.)

3. Don't Be Modest. Overfill Your 827 Form To The Max

When you receive your 827 form, you'll be instructed to describe your injuries inside a microscopic box that's so small, it's insulting. Therefore, instead of trying to squeeze in as much as possible into that teeny tiny space, simply write, 'See attached document,' then describe the extent of *all* your injuries in as much detail as you possibly can on a separate sheet of paper, then attach it to your completed form.

Why should you do this, you ask? Because, to put it briefly, if you don't list an injury, it won't get covered. All the more reason to wait until the extent of your injuries present themselves to make sure you're able to receive the proper treatment that's covered by your employer.

4. Bring Your 827 Form To Your Provider

Before you bring your completed 827 form back to your employer, you'll have to go through your provider first. Here's what that looks like:

Obviously, each injury is different. Some require a trip to the ER, as we said before, while others are more suited for a physical therapist or a chiropractor to look at. Let's jump back into Sue's role for a minute...

You fell on your bum, but after spending the night realizing all the other things that hurt, coming to the conclusion that you haven't broken anything — just bent and twisted and overall mangled yourself up into a nice little bow — you decide that the best place to find care would be the chiropractor's office. You find one that also features physical therapy and massage therapy, and you give them a ring.

Flash forward to your appointment. You have your 827 form handy and you've brought with you your worker's compensation claim number and the name of the insurance provider (not yours, remember. The one your employer uses). You'll also need to provide your date of birth.

Once you've supplied this information to your doctor, that's when you'll be asked about your injuries. Go through absolutely everything with them. They'll do a nice once-over, examining you from every angle, and may even find some more injuries that you didn't know you had. Keep that 827 form handy for this purpose. Add in any additional information and verify it with them so that you haven't missed anything. They'll make note of all your injuries for their records, which will help them when they bill insurance later. You doctor will also set up a treatment plan, plus, depending on the status of your injury, they may provide you with a doctor's note to bring to your provider.

5. Return Your Completed 827 Form To Your Employer

After crossing every T and dotting every I, it's finally time to submit your completed 827 form to your employer. The claim will then be processed so your doctor can bill out your charges as you receive care, and before you know it, you'll be back to running laps around Jim from Human Resources.

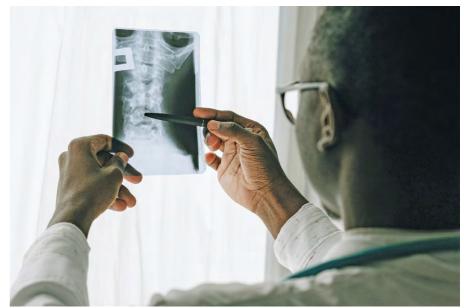


PHOTO | BY IVAN SAMKOV FROM PEXELS

Need More Information?

We hope this article was helpful and that you now feel prepared to take the necessary steps if ever you experience an injury in the workplace. If you've never had an injury before and want to take precautions, should an incident arise (heaven forbid!), it might be good to speak to your employer for more information.

It's also good to have some providers lined up. That way, if ever that unfortunate circumstance does occur, you'll know exactly who to call.

Right now, Elk Ridge Chiropractic & Wellness Center is taking on new worker's compensation patients as well as regular new patients. If you'd like to get set up with us to receive chiropractic care, in addition to physical therapy care — maybe even get a massage while you're at it — give us a call at 541-388-3588, or email us at elkridgechiropractic@gmail.com.

thebendchiropractor.com





ascade Spirits Continued from page 4

"Joining forces with Cascade perfectly positions us to build upon and accelerate the momentum we brought into 2020," said John Karem, GEM&BOLT CEO. "The multiple route-to-market synergies combined with Cascade's superior execution at the account level across channels will lead to a substantial enhancement in getting our brand in front of consumers."

GEM&BOLT is a female-founded business launched in 2016 by cofounders Elliott Coon and AdrinAdrina. It is one of the leading mezcal brands in the U.S., using the traditional herb damiana during its distillation process with a fourth-generation master distiller in Oaxaca, Mexico. Damiana, a flowering

bush native to Mexico, has been long-revered by the Maya and Aztec for its mood-elevating properties and adds a deep complexity to the spirit. The brand is currently available in California, Nevada, Colorado, Texas, New York, New Jersey, Florida and Mexico. Cascade Spirits plans to drive sales in current markets and expand the brand into the Oregon market. The product is available in 750ml, 200ml and 50ml SKUs.

In addition to the partnership, Chris will join the GEM&BOLT Board of Directors alongside existing investor First Bev, John Esposito (former president and CEO of Bacardi, Stoli USA and High West Distillery) and GEM&BOLT co-founder Elliott Coon.

gemandbolt.com instagram.com/gemandbolt cascadespiritsco.com firstbev.com



nourish the good bacteria living in your armpits. With no aluminum salts to stain your pits yellow, natural deodorant helps keep you clean and fresh. SmartyPits is designed for all-day use with no re-application necessary. The super-strength formula is available with the odor-neutralizing power of baking soda for those looking for a little extra protection. All fragrances are phthalate-free, paraben-free, propylene glycolfree, and cruelty-free.

A female-owned business, SmartyPits has a unique back story. When founder Stacia Guzzo's mother discovered she had breast cancer, it was through noticing a lump directly underneath her armpit. She had no family history

of breast cancer or noted genetic predisposition, so Stacia began to do some research to learn more about breast cancer and its risk factors. That was the first time she learned about studies that linked the aluminum in antiperspirants to breast cancer (as well as Alzheimer's Disease).

So a few years later after studying skin care formulation, she created one herself. It would take a few years of trial and error to perfect, but SmartyPits was originally born on a tiny kitchen stovetop in 2014. Now available in over 900 locations nationwide, SmartyPits is proudly aluminum-free, parabenfree, phthalate-free and propylene glycol-free; in addition, SmartyPits donates \$0.30 from every large stick sold to breast cancer research and free deodorant to oncology centers, survivor support events and nonprofit groups.

smartypits.com

Watch for Upcoming Editions of CASCADE BUSINESS NEWS

2021 EDITORIAL CALENDAR

ISSUE DATE	SPECIAL SECTIONS	INDUSTRY LISTS
March 17 Deadline Mar 10	Marketing Industry	Ad Agencies, Media, Printers, Media Productions, Ad Specialties, Publishers, Public Relations & Marketing Professionals, Photographers, Sign Cos, Graphic Designers, Social Media, Web Designers
April 7 Deadline Mar 31	Environmental Special	Landscaping Businesses, Environmental Companies, Recycled Products & Services
April 21 Deadline Apr 14	Real Estate Report	Realtors, Title Companies, Mortgage Companies, Property Managers
May 5 Deadline Apr 28		Banks, Credit Unions
May 19 Deadline May 12	Custom Home Builders	Custom Homes, Log Homes, Building Designers, Interior Designers, Fine Furniture
June 2 Deadline May 26	Business of Pets	Grooming, Boarding, Pet Services, Vets
June 16 Deadline Jun 9	PRINEVILLE Profile	Employment Resources, Largest Employers, Office Supplies
July 7 Deadline Jun 30	SUNRIVER Profile/Summer Recreation Special	Travel Agencies, Athletic Clubs, Spas, Tour Companies, Mailing Services, Golf Courses
July 21 Deadline Jul 14		Engineers, Insurance Companies, Health Plan Companies
August 4 Deadline Jul 28		Internet Services, Computer Services, Education Services, Web Design & Digital Marketing
August 18 Deadline Aug 11	Women in Business	Largest Women-Owned Businesses, Moving/Storage, Auto Dealers, Trucking & Transportation, Auto Body Repair
September 1 Deadline Aug 25	Annual Healthcare	Asst'd. Living, Chiropractors, Dentists, Eye, Home Care, Hospitals, Physical Therapy, Physician Groups, Reconstructive Surgery, Audiologists, Emergency Transport, Acupuncture
September 15 Deadline Sept 8	Sisters Profile	Financial Planners, Stock Brokers

CON BUSINESS NEWS

Subscribe to Cascade Business News

RECEIVE A FREE COPY OF OUR 2020 BOOK OF LISTS



Book of List Online Combo: \$200 (Out of Area \$210)

1 Year of Cascade Business News

1 Year Online Book of lists

1 Hard Copy of Book of List Annual Savings of \$58

Cascade Business News: \$35 (Out of Area \$40) (includes online subscription)

ONLINE Cascade Business News: \$22 (Online Only)

___ Cascade A&E: \$25 (Out of Area \$30)

Get ALL print pubs for \$50 (Out of Area \$60)

NAME:				
ADDRESS:				
CITY:	STATE:		ZIP:	
PHONE:	EMAIL for E-News:			
CHECK ENCLOSED	PLEASE BILL MY:	☐ VISA	☐ MC	
VISA/MC #:		EX	(P. DATE:	
SIGNIATI IRE:				

Published Twice Monthly Since 1994 • www.CascadeBusinessNews.com

Central Oregon Business Calendar

Email Your Upcoming Business Events to CBN@CascadeBusNews.com

BUSINESS EVENTS



March 4

10:30am-1pm Central Oregon Federated Republican Women First Thursday Luncheon in Sisters. \$18, limited seating, RSVP to jamanna@jamanna.com or 541-705-1623.

March 4

11:30am League of Women Voters of Deschutes County Virtual First Thursday Meeting, Affordable Housing Study. Zoom: https://zoom.us/j/2141001920?, meeting ID: 214 100 1920, passcode: LWVDC.

March 5

8:30am Redmond Chamber Virtual Coffee Clatter. Facebook Live.

March 8

5:30pm City of Bend Virtual Planning Commission Meeting. Agendas at https://www.bendoregon.gov/government/committees/planning-commission.

March 8

6-7:30pm OSU-Cascades Virtual Science Pub: The Moral Terrains of Science Activism and Environmental Justice. Free, registration required at https://beav.es/J77.

March 11

8-10:15am Central Oregon Employer's Council Interactive Webinar, Onboarding and Engaging Employees During a Pandemic. Free, register at https://www.eventbrite.com/e/onboarding-and-engaging-employees-during-a-pandemic-tickets-142301939933.

March 11

9am La Pine Rural Fire Protection District Virtual Regular Board Meeting. Joining information at www.lapinefire.com.

March 11

Noon-1pm ConnectW Virtual Munch and Mingle. Free, https://connectw.org/event/virtual-munch-and-mingle/2021-03-11/.

March 11

5:30-6:30pm COCC Virtual Health Programs Discovery Session. Register at cocc.edu/departments/allied-health.

March 12

 $8:\!30 am\ Redmond\ Chamber\ Virtual\ Coffee\ Clatter.\ Facebook\ Live.$

March 15

5:30pm City of Bend Virtual Planning Commission Meeting. Agendas at https://www.bendoregon.gov/government/committees/planning-commission.

March 16

9am City of Bend Virtual Planning Division Public Hearing for PL20-0702 and PL20-0703. Hearing details are available at this website link.

March 1

9am Visit Bend Virtual Board of Directors Meeting. Zoom: https://us02web.zoom.us/j/81617915055?pwd=ZVNZbU5rKzVGOGEyanpKbU5HcEZZZz09, meeting ID: 816 1791 5055, passcode: 827919. Find your local number: https://us02web.zoom.us/u/kb8Oy62w-ZV. Meeting ID: 816 1791 5055, passcode: 827919.

March 17

5pm City of Bend Virtual Southeast Area Plan Work Session. Information and viewing at https://www.bendoregon.gov/government/city-council/city-council-meeting-agendas-video.

March 17

7-8pm ConnectW Virtual Speaker: Nurturing Your Professional Network with Talena Barker. https://connectw.org/event/march-virtual-meeting-2021/.

March 19

8:30am Redmond Chamber Virtual Coffee Clatter. Facebook Live.

March 26

8:30am Redmond Chamber Virtual Coffee Clatter. Facebook Live.

April 7

7pm City of Bend Virtual Southeast Area Plan Public Hearing, First Reading of Adopting Ordinance. Information and viewing at https://www.bendoregon.gov/government/city-council/city-council-meeting-agendas-video.

April 12

5:30pm City of Bend Virtual Planning Commission Meeting. Agendas at https://www.bendoregon.gov/government/committees/planning-commission.

April 21

7pm City of Bend Virtual Southeast Area Plan Public Hearing, Second Reading of Adopting Ordinance and Council Vote. Information and viewing at https://www.bendoregon.gov/government/city-council/city-council-meeting-agendas-video.

April 26

5:30pm City of Bend Virtual Planning Commission Meeting. Agendas at https://www.bendoregon.gov/government/committees/planning-commission.

WORKSHOPS & TRAINING



Tuesdays, March 9 & 23

6-7:30pm COCC Small Business Development Center Virtual Workshops, Re-engineering Your Business for the COVID-19 World. \$129, register at https://www.enrole.com/cocc/jsp/session.jsp?sessionId=WI21RE-ENGINCOVID.1&courseId=RE-ENGINCOVID&categoryId=10205.

Wednesdays, March 10 & 17

6-8pm COCC Small Business Development Center Virtual Workshops, QuickBooks Pro, Intermediate, Desktop Version. \$99, register at https://www.enrole.com/cocc/jsp/session.jsp?sessionld=WI21QB18INTER.1&courseld=QB18INTER&categoryld=10205.

March 23 & 25

2-4pm COCC Small Business Development Center Virtual Workshops, Digital Marketing for Small Businses. \$89, register at https://www.enrole.com/cocc/jsp/session.jsp?session-Id=WI21DIGITALMKTG.2&courseId=DIGITALMKTG&categoryId=10205https://www.enrole.com/cocc/jsp/session.jsp?sessionId=WI21HR2021.1&courseId=HR2021&categoryId=.

Saturdays, April 3-27

9-11am Synergy Health & Wellness Virtual Group Class Program, Thriving with Diabetes. https://www.synergyhealthbend.com/diabetes-education-program.html.

Building Permits

COMMERCIAL PERMITS WEEK ENDING 2-12-2021

City of Redmond

\$35,000.00 - Commercial Alteration (Ashley's) at 1733 SW Odem Medo Rd. Redmond 97756 OR Owner: Albany-Pacific, LLC Et Al PO Box 990 Minneapolis, MN 55440 Builder: Dickerhoof Construction, LLC 541-231-5977 Permit # 711-21-000110-STR

\$12,500.00 - Commercial Alteration (Garner Electric) 14,400 sf. at 1480 NE Jackpine Ave. Redmond 97756 OR Owner: CMK Properties, LLC 2920 SE Brookwood Ave. Hillsboro, OR 97123 Builder: Jason Keiski Construction, LLC 541-408-2883 Permit # 711-21-000192-STR

\$10,000.00 - Commercial Alteration (Old Spokesman Building) at 224 NW 6th St. Redmond 97756 OR Owner: SLB Holdings, LLC PO Box 848 Redmond, OR 97756 Builder: M J Couch Construction, LLC 805-822-2296 Permit # 711-21-000279-STR

City of Bend

Due to system changes at the City of Bend we are temporarily unable to provide Bend permits at this time.

COMMERCIAL PERMITS WEEK ENDING 2-19-2021

Deschutes Co.

\$241,500.00 - Commercial 14,907 sf. at 66505 Gerking Market Rd. Bend 97703 OR Owner: Williams Family Revocable Trust 66505 Gerking Market Rd. Bend, OR 97703 Builder: Sunrise Construction of Oregon LLC, 541-279-1895 Permit # 247-21-000216

\$200,000.00 - Commercial 900 sf. at 504 S Locust St. Sisters 97759 OR Owner: City of Sisters 520 E. Cascade Ave. Sisters, OR 97759

Builder: JP Prinz Co. LLC 541-420-4507 Permit # 247-20-006572-STR
\$23,500.00 - Commercial Alteration (Peterson Tool Manufacturing Company) 175 sf. at 382 E Hood Ave. Sisters 97759 OR

Owner: Peterson Tool Manufacturing Company 8333 SE 17th Ave. Portland, OR 97202 Builder: John McQuay Stitley 541-390-4670 Permit # 247-21-000851-STR

City of Bend



Let Us Know if We Can Help?



Special Issue Rates!

\$220 / eighth page color ad \$400 / quarter page color ad \$700 / half-page color ad \$1,400 / full page color ad







Contact Jeff Martin at 541-388-5665 or jeff@cascadebusnews.com

DEADLINE TO SUBMIT YOUR
LANDSCAPING, ENVIRONMENTAL OR
RECYCLING SERVICES STORY IS MARCH 11