

who's who who's who who's who who's who who's who who's who

The **Rotary Club of Bend** has grown its membership recently, and continues to welcome community members interested in service locally and globally.

New members include **Tasha McFarland**, **Emmanuel Miller**, **Bruce McLellan MD** and **Rick Tietz**.



Tasha McFarland

McFarland and her husband moved to Central Oregon in 2000 to work at Hoodoo Ski Area. All four of their children attended Bend-La Pine Schools, and she's been active as a classroom volunteer, served on her elementary school's site council, attendance area review committee and the school district's Budget Committee, which she chaired for six years. A graduate of the University of Oregon, she finished her master of business administration in 2006 with the Concordia University program in Bend. She was first introduced to the Rotary Club in high school while applying for Rotary Club scholarships and travel programs.

McFarland has also volunteered with Scouts BSA, Girl Scouts, Oregon Battle of the Books, The Bethlehem Inn and her church. She is a Court Appointed Special Advocate (CASA) and serves on the Family Access Network Foundation Board.

Miller is a lawyer and president of the Deschutes County Bar. He and fellow Rotarian Bill Hopp have a broad civil law practice with a litigation focus at Miller & Hopp. Miller moved to Central Oregon in 2003 and attended COCC, graduated from OSU-Cascades and Willamette University Law School following various jobs from construction to sales that deepen his experience as legal counsel. In his free time, he likes to snowmobile, tend to his beehives and is learning to fly. He joined Rotary for the personal relationships and community impact it provides.



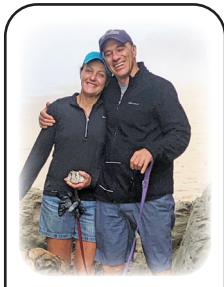
Emmanuel Miller

McLellan is a retired interventional cardiologist. He earned his bachelor of science and MD degrees from the University of California Davis. After completing his cardiology training, he and his wife Eileen moved to Bend in 1988. Prior to retiring in 2020, he practiced at the St. Charles Heart & Lung Center and he was the medical director for the Cardiac Cath labs at St. Charles. He has held volunteer positions with the American Heart Association, Cascade Festival of Music, AirLifeLine, Volunteers in Medicine, Deschutes County Mass Vaccination Clinic and was a guest lecturer for Bend high schools. His passions also include piloting small aircraft, bicycling, golfing and sailing.



Bruce McLellan

Tietz is a board-certified emergency medicine physician for St. Charles Medical Center with over 34 years of experience. He attended college at the University of Goettingen (Germany) and medical school at USC. He is currently mentoring a teenager as a big brother, volunteers at the Volunteers In Medicine clinic and regularly teaches medical students in emergency medicine rotations. Other interests developed in the past nine years living in Central Oregon include downhill, backcountry and cross-country skiing, mountain biking, hiking, astronomy and languages.



Rick Tietz

Matt Nelson joins **Bend Pilates** as an instructor, bringing his extensive background working with dancers, athletes and performers to the westside Pilates studio. In addition to teaching group reformer and mat classes, Nelson is available for private instruction and will be preparing locals for their best ski season ever in a six-week Pilates dry-land training for skiers and snowboarders.



Matt Nelson

Nelson honed his Pilates skills studying with several Pilates elders, original students of Joseph Pilates, creator of the Pilates Method. He is fully certified in the classical method, and holds a PMA-CPT certificate.

Before moving to Bend, Nelson extensively trained with and instructed performers, musicians and athletes from Cirque du Soleil on productions such as *Zumanity*, *KA*, *O* and the *Criss Angel Believe* show. He has also helped condition and rehabilitate artists from Celine Dion's headlining Vegas show.

Nelson has worked with other notable clients including a few advisors from President Obama's staff, Olympic bronze medal winner Kristi Castlin, Philadelphia Eagle Derek Barnett and players from the Atlanta Falcons and Philadelphia Eagles.

Nelson looks forward to connecting with his new community at Bend Pilates and wants everyone to know previous Pilates experience isn't necessary to work with him

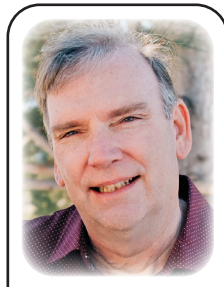
SELCO Community Credit Union recently hired **Erin Torrance** to be a mortgage loan officer in the Bend area. She will be based in SELCO's Old Mill office at 88 Scalehouse Loop. In this role, Torrance will oversee mortgage loans in Central and Eastern Oregon and work directly with SELCO members to counsel them through the mortgage process.

Torrance has worked in the mortgage and real estate industries for 30 years. During that time, she has held several roles, from licensed real estate agent, loan processor, escrow officer and auditor, to her current position as a loan officer. Torrance has a "full circle" understanding of the mortgage lending process, whether it's for buying a home or refinancing an existing mortgage. Most recently, she was a loan officer/loan officer assistant for two years at Academy Mortgage.

Away from work, Torrance enjoys all things outdoors including camping, cross-country skiing, snowmobiling, hiking, mountain biking and more. Her true joy in life is her husband and two teenagers.



Erin Torrance



Les Marstella

The **Council on Aging of Central Oregon** recently announced the appointment of **Les Marstella** as chief financial officer (CFO). As demand for senior programs and services continue to grow, adding the CFO role to lead the finance, accounting and administration teams will be key to supporting the fast growing aging population in Central Oregon.

Marstella most recently served as controller/director of Information Services at the Center for Excellence in Higher Education Inc. He earned a bachelor of science accounting and completed 30 semester credits towards a master's in accounting/information systems from Brigham Young University. He has over 25 years of experience in fund accounting and fiscal management and has been an adjunct professor of accounting and information technology. Marstella and his wife recently moved to Madras from Utah, and they have six grown children.

In Marstella's role as CFO, he will oversee financial reporting, budgeting, accounting, risk management, financial planning and analysis, IT, facilities, along with HR and payroll functions.

Jordan Ramis PC announced that **Marika E. Sitz** has joined the firm as an associate attorney. Sitz began at Jordan Ramis in June 2020 as a law clerk and has since passed the Oregon Bar, officially joining the firm's Environmental and Natural Resources team.

Sitz's experience in the agriculture industry includes engaging with some of the West's most notorious water issues as a program associate at Stanford University's Bill Lane Center for the American West and serving as coordinator for the Oregon Water Coalition.

With an emphasis on water law, Sitz helps clients tackle water rights issues, navigate the Oregon water rights system, and understand water-related environmental concerns at the state and federal levels.

Sitz earned her J.D. from the University of Oregon School of Law and holds a bachelor of arts in human nology, with a concentration in food and agriculture systems, from Stanford University.



Marika E. Sitz

Deschutes County has hired **Deevy Holcomb** to serve as its new community justice director.

Holcomb, who currently serves as the department's business manager, will transition into her new role on December 1. She replaces Ken Hales, who retired earlier this year.

In her role, Holcomb will lead the day-to-day operations of the County's Community Justice Department, which employs nearly 100 people and oversees the Juvenile Community Justice and Adult Parole and Probation divisions. The department provides supervision and treatment resources to young people and their families involved in the juvenile justice system, and adults involved in the criminal justice system.

Holcomb has served Deschutes County for the past 21 years as a program development specialist, management analyst and, most recently, as the Community Justice Department's business manager. She was selected from a highly competitive field of candidates following a national recruitment.

She holds a master's degree from Rutgers University and a bachelor's degree from Occidental College.

John L Scott Bend welcomes new broker **Kila Black** to their team.

Black is a Bendite, she has lived in Bend her entire life. Black got into Real Estate because it is a passion of hers to help people through major milestones in life and, with the rate Bend is growing, she wants to be a part of someone's journey.



Kila Black

Brian K. Stallcop, founder of **Sherpa Wealth Strategies**, completed his semiannual training with America's IRA Experts at Ed Slott and Company, LLC by participating in a virtual workshop held in October. The invite-only workshop was attended by members of Ed Slott's Master Elite IRA Advisor Group; it provided in-depth technical training on advanced retirement account planning strategies, estate planning techniques and new tax laws, as well as a proactive look at the various ways Congress could potentially target Americans' retirement savings.

Training highlights from this event included: A preview of the proposed SECURE Act 2.0 and how it would impact retirement and tax planning; 2021 year-end retirement tax planning ideas; Roth IRAs and the strategies behind Peter Theil's \$5 billion Roth IRA; the benefits of qualified charitable distributions and how to make the most of them; post-death charitable planning with IRA and retirement plans; strategies for leaving IRAs to charities including charitable remainder trusts; a look at early distributions and 10 percent penalty exceptions; the history of estate taxes and a 2021 estate planning check-up; IRA planning for special needs beneficiaries, including the impact of the SECURE Act on special needs trusts; a special primer on defined benefit plans; retirement plan options and strategies for gig workers and self-employed; employer matches on Roth 401(k) contributions; an in-depth look at strategies for spouses who inherit an IRA; the quirks and perks of 457(b) plans; recent IRA court cases and judgments, including a recent case that protected inherited 401(k) funds from bankruptcy creditors; and more.

Members of Ed Slott's Master Elite IRA Advisor Group have year-round access to Ed Slott and Company's team of retirement experts for consultation on advanced planning topics. The membership also includes workshops, webinars, tax-law updates, step-by-step processes, such as the Complete IRA Care Solution30-module planning guide, and so much more. Members also have access to proprietary worksheets, pamphlets and presentations, including a 7-step checklist for IRA trust planning after the SECURE Act,

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gift planning presentation, and tips to disarm the new retirement savings time bomb as seen in Ed Slott's new bestselling book and public television special that they can use when working with clients.

Guardian Group has been named as a Charity of the Year Finalist for the **2021 Better Business Bureau Torch Awards** for the state of Oregon.

The Torch Awards for Ethics is the most prestigious honor Better Business Bureau Great West + Pacific (BBBGWP) bestows on businesses and charities operating within its eight-state service area. Winners and finalists are selected based on their commitment to their organization's character, culture, customers and community.

Established in Bend in 2010, Guardian Group mission is to prevent and disrupt the sex trafficking of women and children while enabling partners to identify victims and predators in the United States. Our team utilizes the skills and expertise of elite veteran intelligence analysts to identify and locate women and minors who are victims of sex trafficking. Our support assists local, state and federal law enforcement in recovering these victims. We provide training at no cost to law enforcement agencies to ensure they have the most up to date techniques used by sex traffickers. Further, we provide training to hotels, hospitals and other venues to inoculate communities against sex trafficking.

Local faculty produced and contributed to outstanding projects that were recognized at the highest professional level. Out of 632 awards applications from 38 states, **Oregon State University (OSU) Extension** faculty and team members took home three national first-place awards and several top recognitions from the National Extension Association of Family and Consumer Sciences (NEAFCS). NEAFCS is the professional organization for Family and Community Health faculty.

Katie Ahern, senior instructor from OSU Extension serving Crook and Deschutes Counties and her team were honored recently at the NEAFCS 87th annual session, Great Depths, Greater Impact. She led a team of twelve nutrition and wellness educators that received the First Place National



and First Place Western Region NEAFCS School Wellness Award at the virtual conference held November 2-5. In receiving the award, Ahern, of Bend, and her statewide team were recognized for the BE Physically Active 2Day (BEPA 2.0) program that aids in reducing youth obesity rates by providing activities and portable equipment for classroom brain breaks, and before or after school activities. The NEAFCS School Wellness Award recognizes outstanding school-based programs to promote and improve physical, emotional, and/or social wellness of students, staff or families of students in the school community. The use of partnerships or collaborations, evidence of program impact and sustainability are part of the evaluation criteria. Programs may include nutrition, fitness, garden-based nutrition education, health, character education, self-esteem, farm-to-school and more.

Glenda Hyde, associate professor of practice from OSU Extension serving Crook, Deschutes, Jefferson and Wheeler Counties led a team of faculty and specialists representing Family Community Health, Oregon Sea Grant and 4-H and Extension Communications experts that received the First Place National and First Place Western Region NEAFCS Disaster Education Award at the virtual conference held November 2-5, 2021. In receiving the award, Hyde, of Sisters, and her team were recognized for securing a National Institute of Food and Agriculture Smith-Lever Special Needs Competitive Grant to help Oregonians become aware and prepared for the Cascadia earthquake and resulting tsunami through an online learning system. The project, Preparing for the Cascadia Subduction Zone Event with free learning modules, interactive virtual reality sessions and supporting materials in English and Spanish can be found at beav.es/cascadiaprep. The NEAFCS Disaster Education Award was established in 2019 to recognize outstanding Extension Family and Consumer Sciences programs. The Extension programs demonstrate effective performance and significant results.

Additionally, Hyde was honored with the NEAFCS Continued Excellence Award. The award recognizes NEAFCS members who have previously received the NEAFCS Distinguished Service Award and continue to be actively involved in professional improvement programs, the promotion of professional development of others and leadership.

Ahern and Hyde are also members of the team that received the Second Place National and First Place Western Region NEAFCS Marketing Package Award. In receiving the award, the team led by Lauren Kraemer, Associate Professor of Practice serving Hood River and Wasco counties was recognized for launching a media campaign promoting High Speed Hand Washing, which targeted parents and caregivers of young children during the COVID-19 pandemic. Resources promoted include posters, a training video and lesson tips. They can be viewed or downloaded, free at beav.es/HighSpeedHandWashing. The NEAFCS Marketing Package Award recognizes NEAFCS members for outstanding marketing efforts addressing concerns and needs of children, families or communities. It is presented for the development of an outstanding marketing package promoting a class, program or pertinent Family and Consumer Sciences issues.

Local Awbrey Glen Golf Club Member Qualifies for Drive, Chip & Putt Finals at Augusta National

Four young golfers from the Northwest earned invitations to compete in the eighth annual Drive, Chip and Putt National Finals, to be played at Augusta National Golf Club on Sunday, April 3, 2022, prior to the start of the Masters Tournament.

Included in the four Northwest players to advance was Awbrey Glen Golf Club member Owen Greenough of Bend, (Boys 12-13 division). The additional three players to advance are Kaylie Bae of Happy Valley, Oregon (Girls 7-9 division), Chloe Singpraseuth of Meridian, Idaho (Girls 14-15 division) and Carter Macy of Meridian, Idaho (Boys 7-9 division). Greenough won his division by eight points. All four players competed at the regional qualifier held at Pebble Beach Golf Club.

This was the third and final stage leading to the 2022 National Finals at Augusta National Golf Club. In all, 80

junior golfers representing 30 U.S. states will be competing in the Finals.

Local qualifying for the eighth season of Drive, Chip and Putt began in May 2021 and was held at hundreds of sites across the country this summer. The top three scorers per venue, in each of the four age categories in separate boys and girls divisions, advanced to subregional qualifiers in July and August. The top two juniors in each age/gender division then competed at the regional level in September and October. Regional qualifying was held at ten courses around the country, including several U.S. Open and PGA Championship venues.

All scoring at the local, subregional and regional qualifiers was based on a 25-point-per-shot basis, with each participant taking three shots per skill. Each participant accumulated points per shot in all three skills (maximum of 75

points per skill = 25 points per shot x 3). The overall winner in each age category was determined by the participant with the most points accumulated across all three skills (maximum of 225 points = 75 points per skill x 3).

For each skill, the point system is based in incremental distance measurements, rewarding accuracy and distance in the drive skill, and proximity for chipping and putting skills.

At the National Finals, one champion will be named from each age/gender division. Each finalist will be scored based on a 30-point system, offering the player with the best drive ten points, the player with the closest cumulative chips 10 points and the player with the nearest cumulative putts 10 points, in each separate skill. The highest total composite score will determine the winner.

The top finishers from each regional



OWEN GREENOUGH | PHOTO COURTESY OF AWBREY GLEN GOLF CLUB

site's age/gender divisions earned a place in the National Finals at Augusta National Golf Club, which will be broadcast live on Golf Channel. All local, subregional and regional qualifiers were conducted by the 41 Sections of the PGA of America, with PGA Professionals providing support at each facility hosting a qualifier.

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Businesses Serving Community

DESERT SKY MONTESSORI

Desert Sky Montessori has received a generous addition to the schoolyard from Urban Forest Tree Service (UFTS), a group of certified arborists serving Central Oregon who provide high-quality tree removal and pruning services. We want to publicly thank this crew for the donation of their time and materials that were used to build an outdoor movement course. This is now our main and beloved feature in our schoolyard!

UFTS utilized many of their own logs to build a 40 x 40 elevated log course surrounded by giant tree rounds and a log teeter-totter. They also incorporated a log from a dead tree they felled in our schoolyard. The workmanship incorporated into the course was outstanding and included notched/dowel logs for log stability, grooved surfaces for an anti-slip surface and complete with tic-tac-toe and other fun designs on top of the rounds. Our Kindergarten-sixth grade children utilize this structure not only as a tool for a variety of physical education games that incorporate jumping and balance, but a place to each lunch, be creative and have lots of fun. UFTS also coordinated the donation of wood chips from High Desert Mulching.

Urban Forest Tree Service would like to give even more! They would like to do this same project for another school in town. We are hoping this press release can showcase their amazing work and gift as well as getting the word out to other schools who may benefit from their generosity.

The pandemic has highlighted the important need for outside learning spaces. We now have beautiful natural play structures that give the children an appreciation of nature. Taking the classroom outside is a way of bringing learning to life.

FAMILY ACCESS NETWORK

The Family Access Network (FAN) received a \$2,500 grant from the Pacific Power Foundation to support services for high schools in Crook County. FAN advocates in Crook County are working every day to make sure students and their families have access to assistance, including rent relief, utility assistance, nourishing food, warm clothing for winter, health care and much more. FAN's vision is a community where children flourish and families thrive — no matter their economic circumstances. Last year, FAN helped over 500 individuals in Crook County.