Trans-Global Path to Energy Fuel Inspiration
Epic Bike Adventure Proved Spark for Central Oregon’s “Trail Butter” Pioneers
by SIMON MATHER — CBN Feature Writer

A recipe almost 9,000 miles in the making proved the key ingredient for success for Sisters-based natural energy food specialists Trail Butter, with the company continuing a healthy growth curve in the manufacturing sector and looking at widening expansion into international markets.

The base product has been called everything from a blended trail mix to a spreadable bar during its evolution over the last decade. But the calorie-dense, high (good) fat, high protein fuel has won rave reviews from trail enthusiasts and endurance athletes alike as a tasty all-natural energy food alternative that provides balanced, slow-burning energy in a convenient portable package, all while using real food elements.

Trail Butter CEO Jeff Boggess and Co-Founder — and brother — Wade Boggess are lifetime adventurers who credit their parents for teaching them how to craft delicious meals and snacks with real foods to fuel their wanderlust.

That grounding led Jeff Boggess to pack natural nut butters, mixed nuts, honey and dried fruits when he decided to embark on an epic 8,900-mile bike tour from Germany to California, by way of Europe, Northern Africa and the United States.

As far as navigating the vast expanse of ocean in between, he sailed the Atlantic by joining as a crew member on a 46-foot ketch sailboat, going from the Canary Islands to Martinique in the Caribbean, over 26 days.

Along the way, he found that his energizing snacks being packaged in heavy jars or inconvenient containers took up precious space in his small bike panniers (carriers that attach to a bike’s rear rack).

So, “somewhere in Arkansas,” it dawned on him that he could save space and create an even tastier snack by combining

PAGE 15

Central Oregon — A Leader in Manufacturing Jobs
by KRISTINE THOMAS — CBN Feature Writer

Hortitech Direct is one of the newest manufacturing companies to relocate to La Pine. CEO Dave Ross said he chose La Pine for a variety of reasons including the welcoming business community and developed infrastructure at the La Pine Industrial Park.

Hortitech Direct manufactures custom-designed that primarily sold on the east coast to both commercial and residential clients. “The kits are shipped to a location where they are constructed,” Ross said. “Each greenhouse is designed and outfitted to meet a client’s needs.” As a newcomer, he was surprised to learn La Pine has 16 manufacturing companies including Legend Cider, Badlands Distillery, Wood Products and Forest Contracting, Quicksilver Contracting and Scott Logging.

Epic Bike Adventure Proved Spark for Central Oregon’s “Trail Butter” Pioneers
by SIMON MATHER — CBN Feature Writer

Beer for the People
Cascade Lakes Brewing Declares Not-for-Profit Status
by NOAH NELSON — CBN Feature Writer

Cascade Lakes Brewing is a well-loved local classic. The original pub opened on Bend’s Westside in 1994, with the Redmond pub opening their doors in 1996.

Since then, Cascade Lakes has become a welcome addition to the Central Oregon craft brewing scene, garnering some local and national awards along the way.

In an unprecedented move among local breweries, Cascade Lakes has officially declared themselves, “Central Oregon’s first and only not-for-profit brewery.”

This does not mean that Cascade Lakes has filed themselves as a tax-exempt, 501(c)(3) nonprofit. Instead, this declaration means that Cascade Lakes and their owners, the Rhine family, will donate the brewery’s net profits to an array of local charities.

Andy Rhine, the general manager of Bend’s pub and son of the company’s founders, said that the motivation for this move is simply “to do good for the community and avoid being a company that is exclusively profit-focused.”

The idea to move to a not-for-profit model has been sitting with Andy’s father, Bruce Rhine, since the inception of the first pub. “We’ve always been more focused on the community and had these goals to give back as much as we can,” Andy said. “This declaration just lets us keep doing that, even more effectively.”

As a not-for-profit, the Rhine family will continue to own and operate the brewery. Profits will go towards nonprofits that primarily focus on land stewardship, conservation and animal welfare efforts. While the Rhine family wants to help the community in many ways, they feel especially passionate about these issues.

The brewery’s history with nonprofits and charity efforts goes far back. The founders, Bruce and Martha Rhine, are co-founders of the Three Rivers Care For Kids nonprofit, and each of their adult children also serve on the board of directors for other local nonprofits, including the Central

PAGE 10

www.cascadebusnews.com
As Deschutes Public Library comes to the close of its 90-day due diligence period on property in southeast Bend, the Library Board voted on Wednesday to move forward with a Purchase Sales Agreement (PSA) on the 9.37 acre parcel. The land, located at the northeast corner of 27th Street and Wilderness Way in Bend, is the intended site for an approximately 100,000-square-foot library, which was part of a $195 million bond issue approved by voters in November 2020.

The extensive search for suitable property included reviewing more than 40 sites that ranged from five to 15 acres, including the proposed Central District in Bend.

"While we had the chance to review multiple possibilities, this piece of property was the one that checked the most boxes in our search," said Ann Malkin, Library board president. "It provides ease of access off of 27th in a growing part of Bend and will help facilitate faster distribution of library materials throughout Deschutes County.

The parcel of land is part of the Stevens Ranch development, formerly owned by the State of Oregon. More than 1,400 new housing units, as well as parks and schools, are planned in the surrounding area. The property

continued on Page 30 ►

Deschutes Public Library Takes Next Steps in Purchasing Property for Site of New Library in Southeast Bend

continued on Page 30 ►
In Votes to be Tallied form with ODA to have Declaration of Intent and Request for Write-write-in candidates. Individuals may file a district by:

- Must reside within the boundaries of the conservation district.
- Be a registered voter in that District.
- Be involved in the active management of ten or more acres of land in the district by:
  - Reside within the zone that is required, and actively manage ten or more acres in the conservation district boundaries.
  - Reside within the conservation district boundaries.

At this point, these positions are open for district boundaries; or

- Reside within the conservation district.

The intent behind these changes is to create a Short Term Rental permit if the property isn’t rented out as a Short Term Rental. The buffer increasing to 500 feet, the percentage of residential zoned properties that can qualify for a Short Term Rental permit is reduced to 46%. The Human Rights and Housing Commission is recruiting two new members for terms beginning January 2023. Contact: Cassie Lacy, Senior Management Analyst, 541-323-8587, clacy@bendoregon.gov.

Human Rights and Equity Commission
The Human Rights and Equity Commission is recruiting four new members for both two- and four-year terms. Contact: Mickie Derting, Interim Equity Department Director, 541-316-9935, mderting@bendoregon.gov. Neighborhood Leadership Alliance (NLA)
The NLA is recruiting for a representative for the Southern Crossing Neighborhood Association to begin immediately. Those interested in applying for the committee should first verify that they live or own a business in Southern Crossing Neigh-

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Community committees are a great way to get involved with City government. The City has a number of Council-appointed boards, committees, commissions and advisory groups that make recommendations to City Council. These are several openings coming up. Applications are being accepted for the Bend Economic Development Advisory Board, Budget Committee, Environment and Climate Committee, Human Rights and Equity Commission, the Neighborhood Leadership Alliance and the Planning Commission.

Bend Economic Development Advisory Board
The Bend Economic Development Advisory Board is seeking one member for a three-year term. Members may be reappointed for an additional three years at the conclusion of their first term. Contact: Ben Henson, Business Advocate, 541-388-5529, bhenson@bendoregon.gov.

Budget Committee
The Budget Committee is seeking two members—one for an initial three-year term and one for an initial four-year term. Members may be reappointed for an additional four years at the conclusion of their first term. Contact: Janette Townsend, Finance Director, 541-323-8559, towndsen@bendoregon.gov.

Human Rights and Equity Commission
The Human Rights and Equity Commission will be recruiting four new members for both two- and four-year terms. Contact: Mickie Derting, Interim Equity Department Director, 541-316-9935, mderting@bendoregon.gov.

Neighborhood Leadership Alliance (NLA)
The NLA is recruiting for a representative for the Southern Crossing Neighborhood Association to begin immediately. Those interested in applying for the committee should first verify that they live or own a business in Southern Crossing Neighbor-

borhood Association by using the online map found at bendoregon.gov/neighborhoods. Applications will be shared with the Neighborhood Association board for consideration. The Neighborhood Association board will follow up with applicants and provide their appointment recommendations to the Mayor and City Council. Contact: Makayla Oliver, Community Relations Manager, 541-332-8571, moliver@bendoregon.gov.

Planning Commission
The Planning Commission will be recruiting at least one new Commissioner for a term that will begin in January of 2023. Contact Colin Stephens, Director, 541-693-2119, cstephens@bendoregon.gov.

How to apply to a committee:
Fill out the online advisory committee application form at www.bendoregon.gov/government/commissions/apply.

Applications can also come to City Hall, 710 NW Wall Street, Monday through Friday between 9 a.m. and 4 p.m. to fill out an application. Please contact Robyn Jones to set up an appointment at 541-323-8575 or rjones@bendoregon.gov.

Applications are due by end of day, October 31, 2022.

Appointments will be determined based on the Council’s availability and upcoming meeting agendas. Learn more at bendoregon.gov/commissions.

Stipends:
Earlier this summer, the Bend City Council approved the creation of a stipend program for City advisory board, committee and commission members. This will expand opportunities for community members to connect with the City and lower barriers to engagement. The program would provide members of permanent City advisory boards, committees, and commissions with a stipend of $40 per meeting, not to exceed $500 a year per person. This stipend covers assumed costs of volunteering on an advisory group such as travel, parking, stable internet connection and other expenses.

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Attendance Policy Best Practices for Employers

by BRUCE GARRETT, Attorney & BECKY ZUSCHLAG, Law Clerk — Barran Liebman LLP

Attendance policies are commonplace in many workplaces. A typical policy will provide employees with information about attendance expectations and procedures for requesting time off. Additionally, policies may provide negative or positive incentives for employees who adhere to the attendance rules. When written and enforced uniformly and correctly, attendance policies can be a valuable tool. However, there are many traps for the unwary and it is easy for an employer to inadvertently create or apply an attendance policy that violates an employee’s rights.

A common type of attendance policy utilizes a “point system” — where an employee receives a point for every absence. After an employee receives a specified number of points in a given period of time, the employer will typically discipline or terminate the employee for poor attendance. Employers that are using this type of attendance policy should exercise caution. If you are applying points for all absences, without exception, you may be in violation of state, federal, and/or local protected leave laws. For example, if your employee misses work for medical care or treatment, those absences may be protected by the federal Family and Medical Leave Act (FMLA), the Oregon Family Leave Act (OFLA) or the Oregon Sick Leave Law. Additionally, an employee who is not entitled to leave through one of those programs may be entitled to leave as a reasonable accommodation under the Americans with Disabilities Act (ADA) and/or Oregon disability law. When employees take leave pursuant to one of these laws, employers are prohibited from reprimanding or disciplining employees because their protected absence led to a violation of the employer’s attendance policy.

Similarly, an attendance policy that rewards employees for taking limited time off or for giving advance notice before taking time off could also be in violation of various state and federal leave laws if an employee has utilized protected leave. In other words, an employer generally may not count protected leave against an employee when determining the employee’s compliance with the attendance policy or eligibility for bonuses or rewards based on attendance. Consult with counsel to determine when protected leave can and cannot be counted when determining attendance-based bonuses or rewards.

The simplest way to reduce your risk of violating the law is to determine why an employee is missing work, and whether that reason is protected. You might be surprised to learn some of the less talked about, but still very much protected, reasons that employees miss work. For example, Oregon law provides protected time off to eligible employees of covered employers for the following reasons:

- Leave for victims of domestic violence, harassment, sexual assault or stalking;
- Leave to attend criminal proceedings;
- Leave to donate bone marrow;
- Leave to testify before the legislature;
- Leave to serve as a volunteer firefighter or for search-and-rescue;
- Leave for Olympic athletes;
- Leave to attend jury duty; and
- Leave for eligible veterans on Veterans Day.

Attendance policies can be an important tool for employers and provide necessary guidance and incentives for employees to follow the policies. However, a well-intentioned attendance policy can become the focal point of litigation. It is important to carefully review your company’s attendance policy and examine how it is enforced. Specifically, consider how and when employees are disciplined or rewarded with respect to attendance and be sure protected absences are not held against employees.

Bruce Garrett is an attorney and Becky Zuschlag is a law clerk at Barran Liebman LLP. For questions about attendance policies, contact Bruce at 503-276-2175 or bgarrett@barran.com.

barran.com
Hacker has announced the opening of their new office in Bend. The Bend office will complement the firm’s Portland office and help to support the studio’s increasing presence in central Oregon. Recent work in the area includes: The Grove, a new development in Bend including the recently completed Grove Market Hall and Assembly workspaces, and the soon to be completed Arête condominiums; the Universalist Unitarian Fellowship of Central Oregon, a new home for community gathering for spiritual growth and fellowship; and the Lodge at Black Butte Ranch, an amenity building designed to capture the spirit and beauty of the Ranch through connections to the surrounding high desert and mountain landscape.

“Central Oregon is such a unique and dynamic landscape,” notes Corey Martin, principal designer for several of the firm’s Bend area projects. “There’s no place like it anywhere in the world and over the past 40 years, we’ve been dedicated to designing buildings uniquely suited to this high desert landscape.” Notable projects found in the region and beyond include: the nationally recognized High Desert Museum, which is celebrating its 40th Anniversary this year; the downtown Bend Library for Deschutes County; the Columbia Gorge Discovery Center & Museum in The Dalles; and the Lakeside Bistro and Pool at Black Butte Ranch.

Interior designer Sarah Weber, associate principal, and architect Tom Schmidt, associate, both Bend residents, are looking forward to having a space in which to collaborate in their hometown. “The Bend region is important to the firm,” notes Weber. “Some of the firm’s earliest work is in the region and that experience has been fundamental to helping to define how we relate to landscape and local environments.”

The Bend office will be located at 2838 NW Crossing Drive, Suite 206 inside the Assembly, a co-working space within The Grove, a 67,000-square-foot, multi-function development including office space, retail, a food hall and housing. “This makes our tenth project in the area,” notes Tom Schmidt. “What’s great about The Grove is that it rethinks how development occurs in places such as Bend. It creates a comfortable sense of density while preserve our natural landscape by minimizing sprawl.”

About Hacker:
Hacker is an architecture and interior design studio with a staff of 50+ based in Portland, Oregon, with an office in Bend. The firm is united by a desire to create spaces that enrich the world — spaces that connect people to the landscape and each other. The firm’s devotion to craft and 30+ year history of environmentally progressive design, their expressive use of materials and natural light — above all, their reputation for seeking clarity and meaning in every aspect of the work — has earned the firm an international, national and regional design awards, top prizes in national design competitions and publication internationally.

hackerarchitects.com
As a business owner, it’s easy to get distracted. It’s easy for your employees to get distracted as well. With limited time and resources, how do you prioritize your efforts and keep your team focused on activities that yield the highest return?

Management guru Peter Drucker, once said, “Because of the nature of business, it has just two functions and only two: Innovation and Marketing. Innovation and Marketing make money. Everything else is just a cost.”

Innovation for its own sake is not the point, however. You can get hooked into the concept and try to innovate in too many areas or in the wrong areas. Well-meaning employees head off chasing the next shiny object, and the company loses focus. The result can be inefficiency, frustration and poor results...all under the guise of innovation.

This is an example of what we call the Entrepreneurial Centrifuge. Maximum power is at the center of your business, but it dissipates as the inertia of the “bodies” (you and your team) tend to spin you away from your essential core activities. One useful way to evaluate where you should direct your innovative energies is to separate things that happen in your company into four categories; and then to look at them from two perspectives: an operational perspective and a marketing perspective.

Four Aspects of Your Business

1. **Your Central Offer.** This is at the very core of your business. It’s what you offer and deliver to the marketplace. It’s what people pay you to do. If you do this well, you can make millions. If you do it poorly, you can lose millions. The risk and reward levels are both very high. Therefore, focusing your attention and that of your team in this area provides maximum return. It is here that you should put your maximum internal energy to innovate and market. Of course, this is intellectually obvious, but it’s easy to lose sight of in the daily pressures of business.

2. **Critical, But Not Central.** Some activities are clearly essential to the delivery of your Central Offer, but despite their importance, you can’t devote significant internal resources to them. These are activities that if they go undone or get done poorly can devastate your business. The trap is that devoting internal resources and trying to develop expertise in them does not get you much return. So, the risk factor is high, but the reward factor is low. A good example is your computer system. An effective IT system has become critical to most...
small companies. If it fails, you can get badly hurt. You can waste a lot of internal resources fusing with your IT trying to innovate and make it work better, but you’re simply not going to get the same return as if those same resources are focused on your Central Offer. Consider outsourcing these Critical, But Not Central IT functions to trustworthy vendors whose Central Offer is optimizing computer systems. Make sure you pick partners that are actively innovating in this domain... so you don’t have to.

3. Necessary, But Not Critical. Many business activities are necessary just to sustain the business operations. However, it doesn’t matter how well you do them, because they don’t really produce a return. If you do them poorly, that doesn’t hurt you much either. In other words, both the risk and reward factors are low. Investing a lot of money, time and staff resources in these areas does not make sense. Unfortunately, well-meaning but misguided employees can suck up limited resources making things incrementally better in these areas, to no real benefit. They can look like attractive places to spend time “innovating,” precisely because they are low risk/low reward. Since there is no significant way to measure the value of incremental improvements, some people like to hang out here looking busy. If you’ve ever had someone invest 200 hours “perfecting” a safety manual, you know what I mean.

The slogan, “If it’s worth doing, it’s worth doing well,” can actually be a pitfall in this category. Simply “good enough” should be the standard here. It’s the job of management to decide how good is “good enough,” and how to accomplish that as efficiently as possible. If you outsource these Necessary, But Not Critical, functions, you’re simply looking for an adequate vendor at the lowest cost. This conserves your energy and capital.

4. Irrelevant. The name sort of says it all, other than to note that every business at times finds itself spinning out of control due to the pull of the irrelevant, so constant vigilance is in order.

Operational and Marketing Perspectives

From an Operational perspective, your internal resources need to be focused on the Central Offer. Outsource the Critical, But Not Central activities to the best vendors you can find...and focus on the overall value they provide, not price. Find the most cost-effective way to handle the Necessary activities and rigorously purge the Irrelevant.

From a Marketing perspective, there is little merit in spending money promoting products and services that prospects find irrelevant. Yet we see this all the time, where an entrepreneur invents a product he thinks is cool, but it really doesn’t matter to anyone else. Millions of dollars are wasted promoting the irrelevant offering, and the market responds: “Who cares?”

If your products and services are perceived as Necessary, But Not Critical to your prospects, you are going to experience downward price pressure and margin squeeze. For small companies, investing excessive amounts of money in advertising and promoting these low-margin offerings is a death spiral. That’s a game only the big, deep-pocket guys can play. Your marketing must be much more creative and efficient. Internally, your innovations must be directed toward:

• producing your product or service more cost-effectively, and
• developing new high-margin products and services that address Critical, But Not Central issues for your prospects.

Where the Money is:

From a marketing and business development perspective, high-profit margins are found in the areas prospects see as being Critical, But Not Central for them, or in areas that clearly augment their Central Offer. That’s where your innovation and marketing energies should be tightly focused to achieve maximum returns for your customers and, as a result, for your business. Educating prospects and building a case for how your products and services provide valuable assistance in their Central and Critical areas is the job of marketing.

Michael Sipe is an entrepreneur, local business consultant and candidate for HD53 State Representative.

CrossPointeCapital.com

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CrossPointe Capital

Continued from page 7
The first time it happened, Tyler and Adrianne Baumann were serving Legend Cider at the CiderFest in Hood River. “There were 12 other cider companies at the festival, yet we had the longest line and people kept coming back time and time again for our cider,” Adrianne recalled. “The reaction to our cider solidified to us that we were on the right track, and that people realized our cider was unique. We didn’t expect to be a sudden success.”

Since starting the company in 2015, the Baumanns have continued to receive the support from businesses and cider fans to grow their business. In 2019, they relocated from The Dalles to La Pine. They recently opened a taproom in Talent and in the next few months, they are relocating their cidery and taproom to a space three times larger than their current space. “When we first started, we had thought this would be a fun hobby but the positive feedback we have received has turned it into a viable and successful business,” Adrianne said.

Using unfiltered all-natural cider made from Northwest-grown apples and all-natural juices, Tyler handcrafts several ciders including PCT (Pineapple, Coconut, Tiki) Punch, Siskiyou Strawberry Lemonade, Columbia Gorge Grape, Mt. Mazama Mango, Paulina Pomegranate, Broken Top Blood Orange, Pacific Pog, Smith Rock Strawberry Kiwi and Bachelor Blueberry.

A family-owned and operated company, Adrianne said it’s important to her and Tyler to be a part of their community and contribute where and how they can. Both growing up in small towns, Adrianne and Tyler wanted to find a similar experience for their two-year-old daughter. “EDCO was a big reason why we chose La Pine,” Adrianne said. “We received support from Sunriver Brewing Company owner Marc Cameron who helped connect us with EDCO. The La Pine City government was also welcoming and helped us find grants to flip the current taproom from a tire shop to a food production facility.”

Legend Cider is currently sold in kegs to bars and restaurants in Oregon. They don’t use any preservatives in their cider, however, they are working on a recipe so that one day it can be sold in cans or bottles. “We had to move to a new location because we completely outgrew our current space,” Adrianne said. “They will be a larger tasting room and production facility. We are currently selling out our cider before it’s made.”

Both Adrianne and Tyler are incredibly grateful to the La Pine community for their support. “People here really take pride in the business including our mug club members,” Adrianne said. “People enjoy our products and the atmosphere and want to be a part of it. The new location will be in the center of town, making it easier for people to walk to.”

They are fortunate to have a lower turnover employee rate. “I am grateful I get to work with my husband, and we make a great team,” she said. “Whenever we do face a challenge, we are both quick to solve it, being creative problem solvers.”

They are excited to open the new taproom and will share the space with Wild Oasis, which will sell its bison meat, the local smoothie cart and a few other small businesses. “For us, it’s all about being part of the community,” Adrianne said. “We want to support other businesses in the same way we have been supported."
Cascade Lakes Brewing

Continued from page 1

Oregon Running Klub and the Central Oregon Trail Alliance. On the brewery's side of things, multiple special-release beers that give profit back to the community have been produced, including the Street Dog IPA, which supports local nonprofit Street Dog Hero, and the Elk Camp IPA, which supports the Oregon Hunters Association.

Aside from charities, Cascade Lakes plans on using their profits to give back to their family of employees; the two breweries currently employ about 80 people, and the opening of their new Eastside Bend location will bump that number up to about 120.

“We believe in treating our employees right,” said Andy. “This move will help us provide our employees above average industry wages, high-quality healthcare and other benefits.”

The Rhine family believes that happy workers make a big difference, and this move shows that they are committed to that belief.

Looking to the future, this declaration will help Cascade Lakes continue and increase their philanthropic efforts. “Our goals include holding more community fundraisers, more fundraising beer releases and overall just doing good in the community,” Andy said. “The simple goal is to do good, help out our neighbors and not be driven by profits. It’s as simple as that.”

Grab a craft brew and high-quality pup fare at either location, or the upcoming Eastside Bend location, and enjoy your meal knowing that your purchase is giving back to the community in more ways than one.
cascadelakes.com

Central Oregon Manufacturing

Continued from page 1

the state’s employment with a median income of $55,000 compared to $47,000 for all other industries. “Oregon has emerged as a leading manufacturing state during the past half century – with production and employment growth routinely outpacing the U.S. average,” the report read. “Oregon’s manufacturing employment increased 14 percent from 1969 to 2019 while U.S. manufacturing jobs declined by 34 percent during the same time.”

Central Oregon Leading in Manufacturing Jobs

EDCO CEO Jon Stark shared that manufacturing jobs grew from 2010 to 2019 by 15.1 percent in the United States; 28.4 percent in Oregon; 67.7 percent in Deschutes County and 97.7 percent in Redmond. Manufacturing jobs account for eight percent of Central Oregon’s employment. The manufacturing companies with the largest number of employees include Bright Wood Corporation, Deschutes Brewery, Epic Air, Keith Manufacturing Co., 10 Barrel Brewing Co., and Sunriver Brewing.

Founded in 1981, EDCO is a nonprofit corporation supported by private and public members and stakeholders. EDCO’s mission is to create a balanced and diversified economy with a strong base of middle-class jobs in Central Oregon. Working with business and government leaders in Madras, Prineville, Sisters, Redmond, Bend and La Pine/Sunriver, it helps traded-sector companies to move, start or grow in Central Oregon.

Manufacturing industries in Central Oregon

Continued on Next Page
Central Oregon Manufacturing

Continued from previous page

Oregon are aviation/aerospace, bioscience, brewing and distilling, building projects, food manufacturing, high technology and outdoor gear and apparel. Manufacturing accounts for 26 percent of jobs in Jefferson County; 15 percent in Sisters; 13 percent in Prineville/Crook County; eight percent in Redmond; six percent in Bend and less than four percent in La Pine.

Eric Strobel is EDCO’s area director for Sisters. Throughout the United States, Strobel said the major challenges facing manufacturing companies are labor and supply chain shortages. Manufacturing companies that are expanding are implementing advancements in automation to offset the labor shortage.

At a recent business roundtable held in Sisters, Strobel said manufacturers listed workforce housing, transportation for commuters and lack of daycare as their top three issues. “We expect to see the automation trend continue as companies look for improved efficiencies and productivity,” he said. “For those companies wanting to expand and build new facilities, high construction costs are a major hurdle for projects, but there are a lot of expansions taking place right now.”

Stark shared many manufacturers are still recovering from the pandemic’s impact on the last two years. “The pandemic was a huge setback for manufacturing companies especially at the beginning when it was being determined how people could safely work,” Stark said. “The short-term shutdowns contributed to the supply chain shortages.”

Today, he said, companies are still trying to find solutions to inflation, worker shortages, increased wage demands and higher prices for everything from fuel to supplies. “EDCO is working with manufacturers in Central Oregon to help address their challenges including connecting them with employees,” he said.

Despite the challenges, Stark said manufacturing companies are still relocating and expanding in Central Oregon. “We receive inquiries every week from companies interested in Central Oregon,” he said.

Building a Diversified Economy

Traditionally known as a timber town with All American Timber and Scott Logging being the two oldest businesses, La Pine is attracting the attention for a diverse range of manufacturing companies. A contributing factor to La Pine’s economic development is the La Pine and Sunriver Economic Development (SLED), which is a partnership between the city of La Pine, Deschutes County, the private business sector and Economic Development for Central Oregon (EDCO).

Over the past six years, SLED has assisted 11 new and existing businesses with capital investments of more than $11.6 million, resulting in the creation of 135 jobs. La Pine has several timber industry manufacturing companies. “I am currently working with businesses from a variety of sectors considering locating in La Pine,” Lucas said. “In the past few years, manufacturers have opened in the greenhouses, distillery, specialty beverage and data mining sectors. There are currently 183 jobs in the manufacturing sector in La Pine, with the range of employees at companies from one to 59. Lucas said the La Pine Industrial Park has attracted attention to manufacturing companies looking to move, start or grow. The 330-acre industrial and business park has land parcels ranging from .2 to 40 acres, including 76 acres of state-certified parcels, shovel-ready lots for building and complete with curbside infrastructure. In the last year, five transactions have closed, more than that have closed in the past five years. Owning and operating a manufacturing company comes with its challenges, but Lucas said there are several resources ready to help including SLED, EDCO and many more. These can be found on the La Pine and EDCO websites. edcoinfo.com/find-info lapineoregon.gov/ed

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<td>541-382-4411</td>
<td>N/A</td>
<td><a href="mailto:customer.service@medlinerenewal.com">customer.service@medlinerenewal.com</a></td>
<td>Steve Bettis</td>
<td>267 1997</td>
<td>Manufacturing &amp; reprocessing of medical devices. A FDA-registered device reprocessor.</td>
<td></td>
</tr>
<tr>
<td>Oregon Wild Harvest</td>
<td>601 N Larch St., Sisters, OR 97759</td>
<td>541-549-7800</td>
<td>541-549-3299</td>
<td><a href="mailto:info@brightwood.com">info@brightwood.com</a></td>
<td>Dallas Black</td>
<td>138 1960</td>
<td>Artificial climbing walls, handholds &amp; Clip 'N Climb elements.</td>
<td></td>
</tr>
<tr>
<td>EP Climbing USA</td>
<td>20526 Murray Rd., Bend, OR 97701</td>
<td>541-330-2328</td>
<td>541-330-9002</td>
<td><a href="mailto:info@epusa.com">info@epusa.com</a></td>
<td>Sander Culliton</td>
<td>50 1988</td>
<td>OEM sheet metal/structural goods. Primary processing is via CNC machinery with in-house design services.</td>
<td></td>
</tr>
<tr>
<td>Knife River</td>
<td>63255 Jamison St., Bend, OR 97703</td>
<td>541-728-0924</td>
<td>N/A</td>
<td><a href="mailto:sales@mikesfence.com">sales@mikesfence.com</a></td>
<td>Ryan Higgins</td>
<td>50 1980</td>
<td>Fence construction, fence supplies (retail), automated gates &amp; mobile mix concrete.</td>
<td></td>
</tr>
<tr>
<td>Bright Wood Corporation - Redmond</td>
<td>235 SW Evergreen Ave., Redmond, OR 97756</td>
<td>541-548-0766</td>
<td>541-548-6579</td>
<td><a href="mailto:info@brightwood.com">info@brightwood.com</a></td>
<td>Dallas Black</td>
<td>138 1960</td>
<td>Wood products.</td>
<td></td>
</tr>
<tr>
<td>JELD-WEN Millwork Manufacturing Bend</td>
<td>63085 18th St., Ste. 101, Bend, OR 97701</td>
<td>541-388-5463</td>
<td>541-388-3248</td>
<td><a href="mailto:sales@northlandfurniture.com">sales@northlandfurniture.com</a></td>
<td>Brian Noll</td>
<td>50 1976</td>
<td>Custom furniture manufacturer for the hospitality, healthcare &amp; senior living markets. Manufacture multi-family kitchen cabinetry.</td>
<td></td>
</tr>
<tr>
<td>Knife River</td>
<td>63085 18th St., Ste. 101, Bend, OR 97701</td>
<td>541-388-5463</td>
<td>541-388-3248</td>
<td><a href="mailto:sales@northlandfurniture.com">sales@northlandfurniture.com</a></td>
<td>Brian Noll</td>
<td>50 1976</td>
<td>Custom furniture manufacturer for the hospitality, healthcare &amp; senior living markets. Manufacture multi-family kitchen cabinetry.</td>
<td></td>
</tr>
<tr>
<td>Northland Furniture</td>
<td>317 NE Hancock Rd., Bend, OR 97701</td>
<td>541-382-0935</td>
<td>541-382-0921</td>
<td><a href="http://www.nosler.com">www.nosler.com</a></td>
<td>Zach Waterman</td>
<td>164 1948</td>
<td>Manufacturer the industry's finest bullets, ammunition, component brass &amp; rifles for hunting &amp; shooting enthusiasts.</td>
<td></td>
</tr>
<tr>
<td>BasX Solutions</td>
<td>20950 NE Talus Pl., Bend, OR 97701</td>
<td>541-388-3688</td>
<td>866-326-6737</td>
<td><a href="mailto:customercare@suterra.com">customercare@suterra.com</a></td>
<td>N/A</td>
<td>132 1984</td>
<td>Sustainable, pheromone-based insect control for commercial agricultural markets.</td>
<td></td>
</tr>
<tr>
<td>Cliffside Fabrication Inc.</td>
<td>20526 Builders Ct., Bend, OR 97701</td>
<td>541-749-4257</td>
<td>541-749-4263</td>
<td><a href="mailto:bmitch@clsfab.com">bmitch@clsfab.com</a></td>
<td>Dave Hogue</td>
<td>39 1984</td>
<td>End to end fabricator &amp; manufacturer of metal based products included commercial grade cabinetry &amp; storage containers.</td>
<td></td>
</tr>
<tr>
<td>Brightwood Corporation</td>
<td>335 SE 14th St., Bend, OR 97702</td>
<td>541-602-2094</td>
<td>N/A</td>
<td><a href="mailto:info@zampsolar.com">info@zampsolar.com</a></td>
<td>Coner Miller</td>
<td>45 2010</td>
<td>Zamp Solar specializes in 12-volt solar charging systems for off-grid, RV, marine, agriculture &amp; other applications.</td>
<td></td>
</tr>
<tr>
<td>10 Barrell Brewing</td>
<td>12950 NW NE 217th St., Happy Valley, OR 97086</td>
<td>541-904-7715</td>
<td>N/A</td>
<td><a href="mailto:info@10barrel.com">info@10barrel.com</a></td>
<td>Bill Denver</td>
<td>50 1977</td>
<td>Brews six beers year-round: Blonde Bombshell, 20 inch Brown, Salted Caramel Porter &amp; more, as well as several seasonal beers. Brand partners Deep in the Mutt, PDX Lake Pirate in beer.</td>
<td></td>
</tr>
<tr>
<td>Nosler, Inc.</td>
<td>63085 18th St., Ste. 101, Bend, OR 97701</td>
<td>541-388-5463</td>
<td>541-388-3248</td>
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<td>39 1984</td>
<td>End to end fabricator &amp; manufacturer of metal based products included commercial grade cabinetry &amp; storage containers.</td>
<td></td>
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</table>
The Deleone Corp.
Sat Pak Communications Inc.
Norco Inc.
Kawak Aviation Industries Inc.
Precise Flight Inc.
Key Technology/Ridgemonkey

Continued on Page 14
<table>
<thead>
<tr>
<th>Company / Address</th>
<th>Phone</th>
<th>Fax</th>
<th>WebSite/Email</th>
<th>Contact</th>
<th>Staff</th>
<th>COY Year Est.</th>
<th>Business Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Willamette Graystone Inc.</td>
<td>541-382-6978</td>
<td>N/A</td>
<td><a href="http://www.maverickbooks.com">www.maverickbooks.com</a></td>
<td>Torey Bodiford</td>
<td>16</td>
<td>2019</td>
<td>The only all-industrial concrete block company in the world that produces double-wall, steel-encased insulated hollow blocks that are ERP-train fuse.</td>
</tr>
<tr>
<td>63324 Nels Anderson Rd., Bend, OR 97701</td>
<td>541-382-3060</td>
<td>N/A</td>
<td><a href="http://www.procraftgolfshops.com">www.procraftgolfshops.com</a></td>
<td>Scott Phillips</td>
<td>14</td>
<td>2010</td>
<td>Largest supplier of full latex indurability injection systems in existence. Over 95% of the general aviation market uses Polyurethane bar products. Sells products directly to the manufacturer, retail帧 quality, retail grade pool spas.</td>
</tr>
<tr>
<td>3002 NW Fairway Heights Dr., Bend, OR 97701</td>
<td>541-633-7117</td>
<td>N/A</td>
<td><a href="http://www.maverickbooks.com">www.maverickbooks.com</a></td>
<td>Jeff Halley</td>
<td>6</td>
<td>1985</td>
<td>Research, design &amp; manufacturing of patented models of the digital aviation oxygen equipment. Compares to luminol in particular to the general environment, fleet &amp; more.</td>
</tr>
<tr>
<td>63378 Nels Anderson Rd., Bend, OR 97701</td>
<td>541-388-7963</td>
<td>541-388-0384</td>
<td><a href="mailto:steve_cascadespaovers@yahoo.com">steve_cascadespaovers@yahoo.com</a></td>
<td>Steve Chambers</td>
<td>6</td>
<td>1987</td>
<td>Spa cover manufacturer.</td>
</tr>
<tr>
<td>6230-430-431</td>
<td>541-388-0384</td>
<td><a href="mailto:steve_cascadespaovers@yahoo.com">steve_cascadespaovers@yahoo.com</a></td>
<td>Steve Chambers</td>
<td>6</td>
<td>1987</td>
<td>Spa cover manufacturer.</td>
<td></td>
</tr>
<tr>
<td>63378 Nels Anderson Rd., Bend, OR 97701</td>
<td>541-388-7963</td>
<td>541-388-0384</td>
<td><a href="mailto:steve_cascadespaovers@yahoo.com">steve_cascadespaovers@yahoo.com</a></td>
<td>Steve Chambers</td>
<td>6</td>
<td>1987</td>
<td>Spa cover manufacturer.</td>
</tr>
<tr>
<td>56888 Enterprise Dr., Sunriver, OR 97707</td>
<td>541-593-1656</td>
<td>541-593-5652</td>
<td><a href="http://www.microridge.com">www.microridge.com</a></td>
<td>Michael Miller</td>
<td>6</td>
<td>1987</td>
<td>Polyester processing. Make parts for industry &amp; feed systems.</td>
</tr>
<tr>
<td>541-389-2471</td>
<td>N/A</td>
<td><a href="http://www.cementproductsmfg.com">www.cementproductsmfg.com</a></td>
<td>Jonathan Fay</td>
<td>11</td>
<td>2018</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td>340 SW Columbia St., Bend, OR 97702</td>
<td>541-385-0170</td>
<td>541-385-0168</td>
<td><a href="http://www.leoni.com">www.leoni.com</a></td>
<td>Shannon Fields</td>
<td>15</td>
<td>1990</td>
<td>High pressure thermophilic cells &amp; connection for industrial, defense, scientific, medical &amp; biodiesel applications.</td>
</tr>
<tr>
<td>20655 Carman Loop, Bend, OR 97702</td>
<td>541-318-1272</td>
<td>541-508-4066</td>
<td><a href="http://www.navpod.com">www.navpod.com</a></td>
<td>Leslie Bevan</td>
<td>14</td>
<td>1999</td>
<td>Manufactures custom hot tub covers and accessories.</td>
</tr>
<tr>
<td>63360 Powell Butte Hwy., Bend, OR 97701</td>
<td>541-617-1107</td>
<td>541-617-1108</td>
<td><a href="http://www.snowlinemfg.com">www.snowlinemfg.com</a></td>
<td>Bob Bailey</td>
<td>13</td>
<td>1991</td>
<td>N/A</td>
</tr>
<tr>
<td>1515 NE Second St., Bend, OR 97701</td>
<td>541-389-2471</td>
<td>N/A</td>
<td><a href="http://www.rosemachinery.com">www.rosemachinery.com</a></td>
<td>Scott Phillips</td>
<td>14</td>
<td>2010</td>
<td>Laboratory handling manufacturer based in Bend. Designed &amp; manufactured high-end labor goods that are sold throughout the world. All items are handcrafted in Bend.</td>
</tr>
<tr>
<td>19885 Seventh St., Bend, OR 97703</td>
<td>855-389-9889</td>
<td>N/A</td>
<td>heritagebrand.com</td>
<td>Shannon Fields</td>
<td>13</td>
<td>1990</td>
<td>N/A</td>
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<td>63360 Powell Butte Hwy., Bend, OR 97701</td>
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<td><a href="http://www.procraftgolfshops.com">www.procraftgolfshops.com</a></td>
<td>Jeff Miller</td>
<td>6</td>
<td>1987</td>
<td>Custom pro shop interiors &amp; millwork.</td>
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**Largest Manufacturing Deschutes County (Listed by Number of Staff with at least 5 employees)**

- **Cascade Business News • October 19, 2022**

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Cascades uses every effort to ensure that all information is accurate and up-to-date. We cannot, however, guarantee it. Please contact us immediately if you know that certain information is not correct or you would like to be added to a list, 541-388-5665 or email cbn@cascadebusnews.com.
everything into one container. The resulting flavor explosion and energy burst took its creator by surprise.

Wade tried the new concoction and in a eureka moment after getting hooked himself, exclaimed “Trail Butter!”

With the brothers united in determining to develop this idea and starting out with a few flavors to offer, the pair set up shop in Portland in 2012 and began selling their nut butter blends via bicycle pop-ups at local farmer’s markets. Little by little, Trail Butter became known by athletes and food lovers alike for its natural goodness, going from the bike to the shelves of stores specializing in organic foods, like Whole Foods Market.

Jeff Boggess said, “We asked ourselves in today’s grab-and-go world, why couldn’t naturally shelf-stable, whole-food ingredients be packaged in convenient, portable pouches to provide lasting, slow-burning energy, so we started creating the nut butter blends that would evolve into Trail Butter.”

“The origin of the name is quite simple really — we like to think of it as one part ‘trail mix’ and one part ‘nut butter’; meld the two together and you’ve got ‘Trail Butter.’”

“Our mission was to create delicious, all-natural energy alternatives using whole foods, plant-based, naturally sweet and never processed ingredients and since day one, we’ve operated under the mantra, ‘Be Trail Ready!’”

With blends packed in easily portable squeezable pouches, as well as offering wholesome granola, the products have proven ideal to take on-the-go or smear on anything from toast to apples, and pancakes. An appetizing line-up of flavors catering to any palate, with rotating seasonal offerings, includes Original Trail Mix — Smooth; Original Trail Mix — Chunky; Maple Syrup & Sea Salt; Dark Chocolate & Coffee; WW IJP Nut Butter; Spiced Chai, and a Red, White & Blue ‘Tribute’ Blend.

As well as its taste profile, Trail Butter has found favor for being all-natural, low sugar and gluten-free, with a long shelf life and a variety of sizes — from jar to resealable pouch or single-use packet — ideal for cycling, backpacking or hiking.

Jeff Boggess said the move to Sisters was motivated in part by a desire to be based in an outdoor-focused town near the mountains, with the added attraction of voluminous trail running and recreation adventure opportunities. He added, “Outdoor enthusiasts are a key part of Trail Butter’s brand identity. We draw our inspiration from the business community in Sisters and nearby Bend, with many like-minded outdoor and food companies already calling the area home.”

He also praised the assistance of the Sisters branch of Economic Development for Central Oregon (EDCO) in connecting with supportive resources as part of the relocation.

For its part, EDCO hailed the outfit as a notable example of a traded-sector company (one that exports most of their products or services out of the tri-county area) viewed as an optimal fit with the region.

Boggess continued, “We have been in Oregon since the beginning and have experienced good growth over the last five years and are looking to expand internationally, currently in Europe and Japan. “We have a key core team operationally, as well as 28 elite-level endurance athletes and photographers who act as ‘ambassadors’ that promote our product. “We are also committed to raising money for environmental causes and select nonprofits.”

He said future plans include continuing to expand the product line, bringing in new accounts and broadening an international reach. Along with his brother, Cal Poly San Luis Obispo graduate Boggess said they are proud to have taken a homegrown product from a pop-up farmers market bike stand to a thriving, internationally distributed snack food, enabling high-performing individuals to fuel their ‘adventures’ effectively and conveniently, all while contributing to long-term, whole-body health.

A lifelong pilot with thousands of hours in the remote backcountry and with a major airline, co-founder Boise State University graduate Brad Boggess brings experience in graphic design, web development and operation of his own businesses in the past to guide big-picture strategic decision-making as Trail Butter grows.

As part of the company’s development, athletes, nutritionists and community members have collaborated and offered their expertise over the years to make sure that Trail Butter is equal parts nutritious and specially crafted to meet lifestyle, training and performance needs, regardless of interests or activity level.

Trail Butter is entirely naturally sweetened, predominantly with clover honey and maple syrup, and a single-serving packet (1.15 oz) contains around 190 calories. Each flavor, which is kneaded to mix the ingredients before consumption, contains 16-17 grams of the “good” fat per serving and none of the flavors contain “trans fats” helping to sustain energy through a workout, a long ride or a long workday.

Another option is a combination of Trail Butter’s Almond Butter, Maple Syrup and Sea Salt Granola in one ingenious package called the “Lil’ Crunch” which can conveniently slip right into a running vest front pouch ready to be tipped back. Loaded with 360 calories and 10 grams of plant protein, this non-GMO, vegan, gluten-free granola comes in a resealable pack ready for trail action.

Thanks to an optimal balance of healthy fats, protein, antioxidants and fiber, plus being easy to digest, athletes benefit from eating the nut-based blend as a slow-burning energy source that when combined with carbohydrates, makes for great fuel.

Trail Butter is also a proud member of The Conservation Alliance and 1% for the Planet. Through these channels and other nonprofit partners, the company is committed to supporting critical social and environmental causes through the donation of at least 1% of its gross annual revenue.

As well as supporting relevant events, it also raises funds through the release of special seasonal flavors, known as the Butter4Good Initiative.

One recent example is a partnership with TB Pro, Tyler Green and the Forest Park Conservancy (FPC) for a limited edition “Northwest Triple Berry” blend to support the efforts of FPC to maintain trails, restore native habitat and inspire community appreciation and future stewardship of Portland’s urban forest for generations to come. Some 10% of the profits from this initiative will be donated to FPC. Learn more at forestparkconservancy.org.

Trail Butter is available through the company website, Amazon and select retail outlets (see store locator link on website). Its jars are a BPA-free, polyethylene terephthalate (PET) plastic that is fully recyclable.

trailbutter.com • info@trailbutter.com
### Manufacturing Crook County (Listed by Number of Staff)

<table>
<thead>
<tr>
<th>Company / Address</th>
<th>Phone</th>
<th>Fax</th>
<th>WebSite/Email</th>
<th>Contact</th>
<th>Staff</th>
<th>CO Year Est.</th>
<th>Business Description</th>
</tr>
</thead>
</table>

### Manufacturing Jefferson County (Listed by Number of Staff)

<table>
<thead>
<tr>
<th>Company / Address</th>
<th>Phone</th>
<th>Fax</th>
<th>WebSite/Email</th>
<th>Contact</th>
<th>Staff</th>
<th>CO Year Est.</th>
<th>Business Description</th>
</tr>
</thead>
</table>

This is only a partial listing. CBN has made every effort to ensure that all information is accurate and up-to-date. We cannot, however, guarantee it. Please contact us immediately if you know that certain information is not correct or you would like to be added to a list, 541-388-5665 or email cbn@cascadebusnews.com.
Artisan No-Bake Cookies Crafted in Bend

by KRISTINE THOMAS — CBN Feature Writer

Carol Healy wanted a healthy snack to give her four children along with the customers who visited the Expressway Market in Bend, which she and her husband, Tom, have owned for more than 25 years. “During much of that time, I made the desserts for the store,” Carol said. “Our no-bake cookies were by far the customer favorite. Having products that did not contain preservatives or artificial ingredients was really important to me, especially in the convenience stores.”

Carol’s no-bake cookies were sought after by customers who would stop by to see what no-bake cookies she had made that day. The positive feedback she received about her homemade no-bake cookies inspired her to start The No-Bake Cookie Co., in 2012. Handcrafted in Bend, The No-Bake Cookie Co. specializes in artisan no-bake cookies using premium ingredients. The cookies are non-GMO and gluten-free. The recipes were inspired by Carol’s nostalgia for the simplicity of 1950’s desserts and with updating the recipes with healthier ingredients. The no-bake cookie flavors include chocolate, peanut butter, coconut macadamia and cafe mocha.

Carol and Tom have lived in Bend their entire lives, with Tom’s father, Bill Healy, being the founder of Mt. Bachelor Ski area. They and their four children all graduated from Bend High School. Their sons, Eric and four children joined the company several years ago and are responsible for building the business to where it is today.

The Healys recently brought in investors and new management to operate their company. “We recently stepped down from our daily responsibilities at The No-Bake Cookie Co., so we can focus on grandchildren and property development projects. We remain the majority owners,” Carol said.

Manufacturing in Bend has several unique challenges, Carol said, especially when distributing products outside of Central Oregon. “Not only are challenges, Carol said, especially when distributing and property development projects. We remain the area, “she explained.

Carol also shared that a large majority of food products are produced by co-packers, which is a much simpler way to own a food company. “Our unique cookies, however, were not something that could easily be replicated by a co-packer, so out of necessity we manufacture our own products,” Carol said. “The pros to manufacturing in-house is it allows us to control the quality of our products and ensure that we are always able to fulfill our orders by not having to rely on a co-packer who could impose production limits.”

For the first ten years, the no-bake cookies were manufactured in a leased industrial space in Bend. As the company grew, they were able to expand into additional units. “As Bend grew, so did the price of industrial space,” Carol said. “We reached a point around 20 years ago that not only had we outgrown all the available space in our complex, but we had skyrocketed so much that building our own manufacturing plant was inevitable.” In August, The No-Bake Cookie Co. moved into a 20,000-square-foot manufacturing facility in Northeast Bend, owned by the Healys. The No-Bake Cookie Co. distributes its products to more than 20,000 locations by about 20 national and regional distributors. The cookies are sold in grocery and convenience stores as well as military and food service locations. “Our cookies are the number one selling natural cookie in the convenience channel according to SPINS Data for the last two years,” Carol said. “Currently, we produce around 60,000 cookies a day.”

Carol said her company faces the same challenge as many other manufacturing companies in Bend. “When we started our company ten years ago, finding production workers in Bend was not a problem, however hiring management positions with experience in food manufacturing was challenging. Of course, today hiring employees in Bend is very challenging,” she said.

Running a company in Bend that manufactures and distributes products nationally has proven to be very challenging, Carol added. “With perseverance, we have overcome most of the challenges;” she said. thenobakecookieco.com
# Garbage & Recycling Companies (Listed Alphabetically)

<table>
<thead>
<tr>
<th>Company / Address</th>
<th>Phone</th>
<th>Fax</th>
<th>WebSite/Email</th>
<th>Contact</th>
<th>Staff</th>
<th>CO Year Est.</th>
<th>Services</th>
<th>Area Covered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alfalfa Transfer Station</td>
<td>541-317-3163</td>
<td>541-317-3959</td>
<td><a href="http://www.co.deschutes.or.us/sw">www.co.deschutes.or.us/sw</a></td>
<td>Customer Service</td>
<td>1</td>
<td>1999</td>
<td>Saturdays 8am-4pm.</td>
<td>Deschutes County</td>
</tr>
<tr>
<td>Cascade Disposal (Waste Connections)</td>
<td>541-382-6660</td>
<td>541-385-6061</td>
<td>cascade <a href="mailto:disposal@wasteconnections.com">disposal@wasteconnections.com</a></td>
<td>Erwin Sweetnam</td>
<td>44</td>
<td>1965</td>
<td>Garbage hauling, curbside recycling, commercial, residential, special events, clean ups, roll offs &amp; yard debris &amp; food waste for city customers.</td>
<td>S Greenwood &amp; Newport &amp; South of Alfalfa Mtn road, Sunriver</td>
</tr>
<tr>
<td>City of Sisters PO Box 39</td>
<td>541-549-6022</td>
<td>541-549-0561</td>
<td><a href="http://www.sisters.or.us">www.sisters.or.us</a></td>
<td>Kim Kerton</td>
<td>1976</td>
<td>1946</td>
<td>Provides water &amp; sewer services. Within Sisters City Limits.</td>
<td>Sisters City Limits</td>
</tr>
<tr>
<td>Deschutes County Department of Solid Waste</td>
<td>541-317-3163</td>
<td>541-317-3959</td>
<td><a href="http://www.deschutes.org/sw">www.deschutes.org/sw</a></td>
<td>Customer Service</td>
<td>1995</td>
<td>Summer: May 1-October 31, 7am-5pm, 7 days per week. Winter: November 1-April 30, 7am-4:30pm Monday through Saturday, closed Sunday.</td>
<td>Deschutes County</td>
<td></td>
</tr>
<tr>
<td>Deschutes Recyling 61050 NE 27th St, Bend, OR 97702</td>
<td>541-388-1910</td>
<td>N/A</td>
<td><a href="http://www.npspublicservices.com/centraloregon/shakert@npspublicservices.com">www.npspublicservices.com/centraloregon/shakert@npspublicservices.com</a></td>
<td>Rusty Davis</td>
<td>2001</td>
<td>1972</td>
<td>Monday-Saturday, 7am-4:30pm.</td>
<td>Jefferson County</td>
</tr>
<tr>
<td>Knott Landfill 61050 NE 27th St, Bend, OR 97702</td>
<td>541-317-3163</td>
<td>541-317-3959</td>
<td><a href="http://www.npspublicservices.com/solidwaste@npspublicservices.com">www.npspublicservices.com/solidwaste@npspublicservices.com</a></td>
<td>Chad Centola</td>
<td>1972</td>
<td>1972</td>
<td>Monday-Saturday, 7am-4:30pm.</td>
<td>Deschutes County</td>
</tr>
<tr>
<td>Madonna Sanitary Service 1778 NW Mill St, Madras, OR 97741</td>
<td>541-475-2071</td>
<td>541-475-9244</td>
<td><a href="http://madonasanitary@madras.or">madonasanitary@madras.or</a></td>
<td>Melanie Walter</td>
<td>1976</td>
<td>1976</td>
<td>Garbage &amp; recycling services, medical waste disposal, document destruction.</td>
<td>Madras Sanitary Service</td>
</tr>
<tr>
<td>Nyeberg Transfer Station 2480 NE Maple St, Redmond, OR 97756</td>
<td>541-548-7232</td>
<td>541-317-3959</td>
<td><a href="http://www.deschutes.org/sw">www.deschutes.org/sw</a></td>
<td>Customer Service</td>
<td>1993</td>
<td>1993</td>
<td>Monday-Saturday 8am-4pm.</td>
<td>Deschutes County</td>
</tr>
<tr>
<td>Northwest Transfer Station 60200 Fertiary Rd, Bend, OR 97701</td>
<td>541-548-3437</td>
<td>541-317-3959</td>
<td><a href="http://www.deschutes.org/sw">www.deschutes.org/sw</a></td>
<td>Customer Service</td>
<td>1993</td>
<td>1993</td>
<td>Wednesday-Saturday 8am-4pm.</td>
<td>Deschutes County</td>
</tr>
<tr>
<td>Wilderness Garbage &amp; Recycling PO Box 2619 La Pine, OR 97739</td>
<td>541-536-1194</td>
<td>541-536-9907</td>
<td><a href="http://www.wildernessgarbage.com">www.wildernessgarbage.com</a></td>
<td>Anne Wiley, Stuart Martinez</td>
<td>12</td>
<td>1984</td>
<td>Garbage, drop box service from Sunriver to Mount Shasta. Recycling depot, 8am-4pm Mon- Fri.</td>
<td>Wilderness Garbage &amp; Recycling</td>
</tr>
</tbody>
</table>

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**Not listed?**

Call 541-388-5665 & get your company on a list!
Whereas recycling used to be more of a “when in doubt, recycle it” mindset that would count on those in the back end to figure it out, last year’s China ban, which essentially accepts no amount of contaminated recyclables, has changed this rule to “when in doubt, throw it in the trash.”

But this doesn’t mean that recycling is a lost cause now; it will just take learning your local ordinances and being extra mindful. As you’re teaching them the basics of recycling, become familiar with your city’s rules and follow some general best practices, which are:

- Whether you’re recycling juice bottles, soda cans, milk jugs, or thick plastic containers, it’s always best to rinse it out before recycling it.
- Plastics are often recyclable, but check your local recycling center’s allowances and restrictions, as well as check the packaging for the arrows sign and number before you put it in the recycling in case it has special recycling instructions.
- Almost all metals are recyclable; however, bigger products may need to be sent to a scrap yard or other location for large-scale recycling.
- Paper is almost always recyclable, no matter how much ink is printed on it, but it shouldn’t be stained by food, and it needs to be whole pieces of paper.
- It’s also important to teach your child about the difference between when items are recyclable and when they are not. Although most paper is usually recyclable, shredded paper cannot be recycled. Small bits of paper often fall through the screens where paper is placed to be recycled, and therefore, end up being recycled when mixed in with other recycling. However, some recycling services do recycle shredded paper if it is separated into its own bag.

For really ingraining recycling into your child, it helps to expose them to as many recycling situations as possible. Some fun recycling field trip ideas could include a trip to the junkyard, where a child could see a car smashed down into tiny pieces and learn that it’s possible to recycle 96% of a vehicle. You could also take them to some deserted beaches, where they could see the trash that comes up on shore and learn about how polluted our oceans are.

These are good environmental concepts to teach children that may help them understand the magnitude of human waste and why it’s so important not to be a part of it. As important as teaching your child to recycle is, you shouldn’t stop there. Teaching them sustainable concepts, like the importance of refurbishing furniture when possible, or donating clothes instead of throwing them away in order to decrease waste are also important lessons.

Motivating Your Kid to Recycle

Children are fast learners, and often highly empathetic, which makes them receptive to social and environmental issues. However, depending on their age, motivating them to recycle might take some extra work. It is not uncommon for children to be a little selfish throughout their childhood, and they may simply not want to put in the extra work to recycle. Therefore, consider having some heart-to-hearts with them to get them in the earth-conscious mindset.

You can also make recycling fun for them by using games to help them learn to recycle. One game that works great is a scavenger hunt for recyclable items. This can help kids get excited about finding items around the home that they may have previously considered trash and encourage them to recycle. To the end of the scavenger hunt, you can give them extra prizes based on how many items they collect.

Whether you gift them a nice reusable water bottle so they never think about using plastic ones, or make them their weekly chores to earn an allowance, providing incentives for recycling can prevent them from thinking twice about reducing their waste. As eco-friendly kids grow, they may simply not want to put in the extra work to recycle. Therefore, consider having some heart-to-hearts with them to get them in the earth-conscious mindset.
Central Oregon Recycling

Recycled Products & Services (Listed Alphabetically)

<table>
<thead>
<tr>
<th>Company / Address</th>
<th>Phone</th>
<th>Fax</th>
<th>WebSite/Email</th>
<th>Contact</th>
<th>Staff</th>
<th>CO Year Est.</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sisters Habitat for Humanity ReStore</td>
<td>541-549-6465</td>
<td>541-549-6665</td>
<td><a href="http://www.sistershabitat.org">www.sistershabitat.org</a></td>
<td>Kay Powell</td>
<td>4</td>
<td>2007</td>
<td>Recycled furniture, appliances, construction materials &amp; more!</td>
</tr>
<tr>
<td>Sisters Habitat for Humanity Thrift Store</td>
<td>541-549-1740</td>
<td>541-549-6665</td>
<td><a href="http://www.sistershabitat.org">www.sistershabitat.org</a></td>
<td>Rick Murray</td>
<td>4</td>
<td>2007</td>
<td>Used clothes, housewares, linens, books &amp; more!</td>
</tr>
<tr>
<td>Swift &amp; McCormick Metal Inc.</td>
<td>541-548-4448</td>
<td>541-548-4061</td>
<td><a href="mailto:carol@swiftmccormick.com">carol@swiftmccormick.com</a></td>
<td>Dan McCormick</td>
<td>11</td>
<td>1987</td>
<td>Scrap metal recycling.</td>
</tr>
<tr>
<td>The Broommen</td>
<td>541-213-1131</td>
<td>N/A</td>
<td><a href="http://www.thesbroommen.com">www.thesbroommen.com</a></td>
<td>Philip Tomhio</td>
<td>7</td>
<td>2015</td>
<td>Zero waste events, wedding services: event setup &amp; cleanup, by appointment only. We work with your event team to ensure your waste &amp; recycling is managed in a sustainable manner, whether planning a small fundraiser or a large music festival.</td>
</tr>
</tbody>
</table>
Six Eco-Friendly Ways to Recycle Pumpkins

by TIMOTHY JOHNSON — EarthTalk

Pumpkins are bright, beautiful and an essential part of Halloween. While they are ripe, they are utilized for a variety of things during the harvest season. It’s not hard to notice that you’ll without a doubt find pumpkins every way you turn.

However, after celebrations of National Pumpkin Day and Halloween are over, pumpkins may start looking a bit droopy — the carved smile turning into a grimace, the cheerful orange becoming somber. You know when it’s time for the pumpkins to go. You may not know where they don’t go: to the landfill. Pumpkins are 90 percent water and add tons of water to the landfills, contributing to the problem of groundwater contamination. As pumpkins break down, they create methane (CH4), a greenhouse gas that is more powerful than carbon dioxide (CO2).

With that being said, here are six ways to put the pumpkins to good use while respecting the environment.

1. Compost the pumpkins
Pumpkins are filled with nutrients. The water that is harmful to the landfill is beneficial to your compost pile. Clean out the seeds so you don’t have unwanted pumpkins growing in the pile. Chop up the rind to speed up decomposition and bury it under dried leaves or sawdust to keep hungry critters away.

2. Feed your furry visitors
You may not want the critters raiding your compost pile, but that doesn’t mean you can’t feed them. Many backyard animals (e.g., deer, rabbits, squirrels, woodchucks) get that “pumpkin feeling” in the fall, and they can’t pull up to a Starbucks like we can. You can leave the jack-o-lantern out, as is, for your furry friends to snack on, or cut it up into pieces and scatter them about.

3. Feed your feathered friends also
Slice the pumpkin in half horizontally, fill it with birdseed and hang it from a tree branch or railing. You can also cut out a large, oval opening at the front of the pumpkin and clean out the inside. The birds will have a soft, cozy place to land in and have a snack.

4. Eat the seeds
Pumpkin seeds are bursting with vitamins and nutrients. Don’t throw them away. Roast the seeds by first using a paper towel to blot away any pulp, then spread the seeds out on a paper bag to dry overnight. Next day, spread the seeds out on a cookie sheet and roast for no longer than 20 minutes. Season as you like — long slices, as thin as you can get them. Put the skins into a large bowl, sprinkle generously with Kosher salt and toss well. Let sit for 10 minutes. Add a very small amount of extra virgin olive oil or sesame oil and toss well. Bake for 25-30 minutes at 400 degrees. Sprinkle the pieces of skin with paprika and sea salt and crisp in a dehydrator for additional flavor. Serves well by itself or with a dip.

6. Refresh your skin
If you haven’t carved your pumpkin, make a homemade puree to use for pies, shakes, lattes, ice cream — anything you want! All those vitamins and nutrients can also be used to revitalize your skin. Cut up the rind, steam it until tender and puree it in a food processor or with a hand-held mixer. To make a face mask, mix about one-fourth of a cup of the puree with one egg and add an ingredient for your skin type, e.g., honey for dry skin, apple cider for oily skin. Apply the mask to your face, let sit for 15 minutes, rinse off with warm water.

Timothy Johnson is a green living and landscaping expert. He can often be found hiking with his two dogs or in the lavish garden he curates in his backyard. EarthTalk is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit EarthTalk. emagazine.com • earthtalk.org • question@earthtalk.org

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All Oregon employers are required to offer retirement plans to their employees. If they don’t, they are required by law to facilitate OregonSaves. At this time, with exception of employers with four or fewer employees, all Oregon employers should have registered for OregonSaves already. For employers with four or fewer employees, the deadline to register is March 1, 2023.

Sign-up is quick, easy and free. Don’t wait until the registration deadline. You’ll be notified by OregonSaves when it’s time for your business to register. Go here and have the following ready:

• Your Federal Employer Identification Number (EIN)
• The OregonSaves Access Code from your notification
  • If you don’t know your Access Code or if your combination of EIN and Access Code does not allow you to proceed to the next step, please contact clientservices@oregonsaves.com or 844-661-1256 for assistance.

If you are an employer and unsure if your company is registered and in compliance, please reach out to your Capstone payroll specialist directly or use the button below to have someone contact you.

NEW Paid Leave Oregon

Paid Leave Oregon requires all Oregon employers to allow employees to take up to 12 weeks of paid leave in a year. In some pregnancy-related situations, employees may be able to take up to two more weeks for a total of 14 weeks. Key things you should know:

• Educate your employees now:
  • Here is a link to share with your employees: paidleave.oregon.gov/employees/Pages/frequently-asked-questions.aspx.
  • Payroll deductions will begin on January 1, 2023
  • Eligible employees can start getting benefits on September 3, 2023
  • The employee’s contribution rate will never be more than 60 percent of one percent of an employee’s gross wages (i.e. for every $1,000 of gross wages, the employee will contribute $6.00)
  • If your business or organization has 25 or more employees, you are required to contribute to Paid Leave Oregon.
  • Employers pay 40 percent of one percent of employee’s gross wages (i.e. for every $1,000 of gross wages, the employer will contribute $4.00).
  • If you have fewer than 25 employees, you are not required to make payments, but your employees still pay their portion and you still need to collect and submit their payments.
  • If you are self-employed or an independent contractor, you do not have to participate in Paid Leave Oregon. But you can choose to elect in if you want.
  • If you already offer Paid Family Leave, you may be able to apply to use your own plan. Your plan must offer at least the same benefits as Paid Leave Oregon. You first need to get it approved by the Oregon Employment Department.
  • If you would like to know more about this new plan, please use the button below to request a call from one of our payroll specialists.

If You Have Employees, You Need to be Prepared!

by LANCE BRANT, CPA & Managing Partner — Capstone CPAs, LLC

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amerongenr@buccolagroup.com

JENNA JOHNSON
Broker, Licensed in Oregon
541.322.0966 x5
jennal@cobaltpropertiesgroup.com

info@keypropertiesbend.com
541.728.0033
keypropertiesoregon.com

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RE/MAX KEY PROPERTIES
Very fall, the Social Security Administration makes an announcement that has a major impact on the 66 million people who receive benefit checks. The annual inflation adjustment is aimed at keeping seniors from losing purchasing power.

The Social Security Administration bases its cost-of-living adjustment, or COLA, on the inflation rate during the third quarter, or July through September. The agency this year announced its 2023 COLA of 8.7 percent. This translates into an average monthly increase of $144.10, boosting the typical benefit from $1,658 to about $1,802 per month.

Given this increase, if you are nearing the age of 62, you may be wondering if you should start drawing your social security benefit sooner than later. Deciding when to begin taking Social Security is one of the most important retirement decisions you can make. You can start collecting as early as age 62, but your benefits will be reduced by as much as 25 percent to 30 percent from what they would be at your “full” retirement age (see the table on the right). Conversely, your benefit is increased by an annual rate of 8 percent if you delay taking benefits between your full retirement age and age 70.

Sometimes circumstances require people to begin taking benefits as soon as possible. But if you’re thinking about retiring early and receive sufficient income from your retirement accounts, a traditional pension plan, and/or other sources, then you can be more flexible about when you begin taking benefits.

Another important factor to consider is your life expectancy. Regardless of when you begin taking benefits, Social Security is designed to pay you the same total amount over the life expectancy of everyone the same age as you. Because almost half of all Americans are expected to live longer than their life expectancies, taking higher, delayed benefits might make sense for you. If you’re in good health and your parents lived beyond their life expectancies, the above people who require your living adjustments.

Married couples should also consider their ages and health when deciding the time to start taking their personal Social Security benefits, especially if one spouse earned more than the other. Under certain circumstances, the amount of Social Security survivor benefits for a lower-earning spouse could exceed his or her personal benefits. In such a case, the surviving spouse can elect to take the higher survivor benefit. To learn more about maximizing your benefits, or the benefits of you and your spouse, visit ssa.gov/retire/estimator.html or aarp.org/socialsecuritybenefits.

Deciding when to begin Social Security can be quite complex. You should sit down with your financial advisor to help determine the best time to start taking your benefits. Ideally this would be before you or your spouse reaches age 62, the age at which you can begin collecting benefits.

Provided by Ed Wettig, CFP, Cornerstone Financial Planning Group, which offers investment management, financial planning and retirement income strategies. Representative is registered with and offers only securities and advisory services through PlanMember Securities Corporation, a registered broker/dealer, investment advisor and member FINRA/SIPC. 6187 Carpinteria Ave, Carpinteria, CA 93013, 805-874-6910. Cornerstone Financial Planning Group and PlanMember Securities Corporation are independently owned and operated. PlanMember is not responsible or liable for ancillary products or services offered by Cornerstone Financial Planning Group or this representative. cornerstonefinancialbend.com

**Your full retirement age**

Your full retirement age is based on your birth year and is the age at which you’re eligible to receive full Social Security Benefits.

<table>
<thead>
<tr>
<th>YEAR OF BIRTH</th>
<th>FULL BENEFIT AGE</th>
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<tbody>
<tr>
<td>1937 or earlier</td>
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<tr>
<td>1938</td>
<td>65 and 2 months</td>
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<tr>
<td>1939</td>
<td>65 and 4 months</td>
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<tr>
<td>1940</td>
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<tr>
<td>1959</td>
<td>66 and 10 months</td>
</tr>
<tr>
<td>1960 or later</td>
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</tbody>
</table>

Source: Social Security Administration

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*Money & Investment* October 19, 2022 • Cascade Business News • 23
Billie Cartwright, addictionologist for BestCare Treatment Services, was recently named the 2022 Oregon Physician Assistant of the Year by the Oregon Society of Physician Assistants.

Cartwright was primarily chosen for her work with BestCare’s Medication Supported Recovery Clinic, an outpatient clinic that utilizes FDA-approved medications to treat addiction, primarily alcohol and opiate use disorders. The goal of the clinic is to use medication to support comprehensive treatment, which includes counseling and behavioral change.

Cartwright, 53, founded the clinic more than four years ago embedded within BestCare’s outpatient services — expanding to a program that treats more than 300 patients with a team of ten staff that includes medical providers, medical assistants, drug and alcohol counselors, nurses and certified peer mentors.

Cartwright has been a practicing physician assistant since 2006 and has been with BestCare since 2015. Before that she served in the Oregon National Guard in the U.S. Army. She also served in a Civil Affairs unit in Afghanistan from 2002-03.

Cartwright earned a doctorate degree in Behavioral Health from Arizona State University in 2015 and a Master of Science from Duke University in 2006. She also earned a Bachelor of Science from Penn State University in 1996.

In her free time, Cartwright is an avid runner, trail rider, cross-country skier and paddleboarder. She lives in Sunriver with her partner Joe and dog Nitro.

**Family Access Network Foundation (FAN) announces that Erin Foote Morgan has accepted a position on the FAN Foundation Board of Directors.**

Foote Morgan is the owner and principal of FM Civic, a public affairs firm serving the Pacific Northwest. She is an Alaskan ex-pat who earned degrees at the University of Oregon and the University of Missouri before moving to Bend in 2004 where she and her husband Doug are now raising their four children. Foote Morgan has built a strong network of relationships in Central Oregon through former roles as a Bulletin reporter, Source Weekly managing editor, Central Oregon Community College instructor and administrator, Bend 2030 executive director and managing director of Hubbell Communications, a public relations firm based in Portland. This professional experience is rooted in policy development, strategic communications, fundraising and civic engagement. She believes FAN is one of the most important programs in our community for changing long-term outcomes for families and youth.

Lieutenant Elliott began his career with the Crook County Sheriff’s Office in 2004. He has worked in the patrol division, the detective division and the jail division. He is currently filling the role as acting Undersheriff supervising the patrol division, the jail division and the parole and probation division.

**Kôr Community Land Trust welcomes Gina Franzosa.**

Franzosa joins senior project manager to support Kôr’s growing pipeline. Franzosa has worked in the fields of engineering and project management for over 20 years, with an emphasis on sustainable building strategies in public and not-for-profit institutions. Prior to joining Kôr, Franzosa managed major development projects for Bend LaPine Schools, Lewis & Clark College and Trimon. She was also the inaugural State director for the Cascadia Green Building Council and was influential in advancing sustainable development practices statewide. Franzosa holds a masters degree in civil engineering and project management from the University of Wisconsin in 2017 and comes with a strong background in risk management via the commodities industry. Before joining The Whofford Group, she served as a risk management specialist helping dairy farmers manage and hedge their commodity prices to help generate predictable income.

In her free time, Cartwright is an avid runner, trail rider, cross-country skier and paddleboarder. She lives in Sunriver with her partner Joe and dog Nitro.

**The Westhoff Group welcomes Elizabeth “Lizzi” Schielt and Karen Vera.**

Schielt has joined as their new sales assistant. Schielt graduated from the University of Wisconsin in 2017 and comes with a strong background in risk management via the commodities industry. Before joining The Whofford Group, she served as a risk management specialist helping dairy farmers manage and hedge their commodity prices to help generate predictable income.

Franzosa has been an active member for 20+ years. As board president for 2022-23 fiscal year, McCormick has a strong background in risk management via the commodities industry. Before joining The Whofford Group, she served as a risk management specialist helping dairy farmers manage and hedge their commodity prices to help generate predictable income.

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NeighborImpact Improves Access to Financial Achievement with Individual Development Accounts

During the month of Hispanic Heritage Month (September 15-October 15) and LGBTQ History Month (October), NeighborImpact is spreading awareness about its Individual Development Account (IDA) program, which gives diverse communities the opportunity to overcome barriers and achieve financial goals.

Individual Development Accounts (IDAs) are matched savings accounts that allow individuals and families to save and generate money for a specific savings goal. For every $1 participants save, they receive a match of an additional $5, for up to $10,000 of match funds. The program is State of Oregon funded and delivered under contract with Neighborhood Partnerships.

Through NeighborImpact, participants can use their IDA to save for a down payment or closing costs for a new home; start or expand a business; purchase a vehicle; and other specific savings goals. The program is especially beneficial to communities which have been historically excluded from these accomplishments. To date, NeighborImpact has distributed nearly $3.2 million to 449 IDA program participants in Central Oregon. Funds provided to program graduates have facilitated the start-up of 86 local business, 177 home purchases and enabled reliable transportation for 36 individuals.

“If you provide the right tools, people are the best to setting their own path forward,” said NeighborImpact HomeSource Director Sonia Capece. “People are the best stewards of their financial lives.”

To be eligible for the program, applicants must reside in Crook, Deschutes, Jefferson counties or at the Warm Springs reservation and have a qualifying household income at or below limits listed here, with preference extended to individuals who come from challenging circumstances.

The Oregon IDA Initiative is supported by funding from the Oregon IDA Tax Credit. For more information, go to oregonidainitiative.org/donateIDA. To learn more about NeighborImpact’s IDA program or to apply, visit neighborimpact.org/idac.

coar.com • oregondatashare.com
United Way of Central Oregon Awards $225,000 to Local & Regional Nonprofits

by SOPHIN ZOE PRUONG-MCCREERY, Operations Associate — United Way of Central Oregon

United Way of Central Oregon (UWCO) announced recently $225,000 in Community Impact investments to 22 nonprofits serving Deschutes, Crook and Jefferson Counties, and the Confederated Tribes of Warm Springs. Each year, UWCO makes investments in a network of nonprofit partners working to advance a set of shared priorities. This year, UWCO identified positive mental health and well-being, culturally specific services and housing stability as the 2022 Community Impact priorities in response to current community needs.

UWCO works, in part, through a network of nonprofit and community-based programs called Community Impact Partners. In partnership with this network, UWCO is able to positively impact the lives of nearly one in four Central Oregonians across the tri-county region and Confederated Tribes of Warm Springs.

This year’s UWCO Community Impact Partners and investments are:

• Big Brothers Big Sisters Central Oregon ($5,000)
• Boys & Girls Clubs of Bend ($10,000)
• Clear Alliance — Crook County ($5,500)
• DAWNS House ($10,000)
• Diversability, Inc ($5,000)
• Every Child Central Oregon ($14,000)
• Family Access Network ($18,500)
• Friends of the Children — Central Oregon ($12,000)
• Furnish Hope ($5,000)
• Habitat for Humanity of La Pine Sunriver ($7,500)
• Heart of Oregon Corps ($18,500)
• J Bar J Youth Services ($12,000)
• Jefferson County Faith Based Network — LINC Program ($6,000)
• The Latino Community Association ($7,500)
• NeighborImpact Housing & Homeless Services ($10,000)
• Papalaxsimisha ($18,000)
• Prineville Senior Center ($5,000)
• Redemption House Ministries ($5,000)
• The 1017 Project — Crook County ($4,500)
• Thrive Central Oregon ($10,000)
• Volunteers in Medicine — Clinic of the Cascades ($8,000)
• Warm Springs Community Action Team ($22,000)

The work of UWCO is funded by community philanthropy. Investments in Community Impact Partners are made possible by the generosity of UWCO’s individual donors, workplace campaigns and business and corporate sponsorships. We always welcome new donors, businesses and foundations to join our mission of bringing people together to improve lives for better, more resilient and equitable communities.

Lisa Hurley, board member and chair of UWCO’s Community Impact Committee shared: “Central Oregon is fortunate to have so many incredible nonprofits supporting our community. I’m honored that United Way of Central Oregon and our donors get to be a part of investing in these nonprofits, and the impact they make in advancing positive mental health and well-being, culturally specific services and housing stability for the people who benefit from their work. I’m proud of United Way’s continued focus on diversity and equity in our grantmaking and am excited to see how it impacts the lives of our friends and neighbors in Central Oregon.”

We are proud to expand our partnership to five first-time recipients of United Way Community Impact partner funds:

• Clear Alliance promotes community health and safety by providing substance abuse and impaired driving education. UWCO’s investment is supporting their work in Crook County.
• Furnish Hope partners to transform empty houses into furnished homes for families in need across the region.
• Papalaxsimisha is a multigenerational program that creates community among Indigenous youth and families from cradle to grave using culturally based teaching.
• Prineville Senior Center provides quality meals, recreation and social services to foster independence and positive lifestyles for older residents and those with a disability in Crook County.
• The 1017 Project provides sustainable, high-quality beef to Crook County food banks.

About United Way of Central Oregon: United Way of Central Oregon (UWCO) works to bring people together to build a better community. The organization has had a presence in the region for more than 70 years and built a legacy around promoting personal philanthropy, service to community and addressing critical human service needs through fundraising, grantmaking and incubating new programs. Partnering with community members, leaders and volunteers, we identify and elevate known needs in the region and then mobilize resources — time, talent, knowledge and financial support — to make an impact. Each year we make grants to a network of Community Impact Partners that support UWCO in our efforts to improve outcomes for children, families and seniors. UWCO is working to ensure all community members are cared for by directing efforts and resources to where they will have the greatest impact, especially for individuals identified as being part of our community’s most vulnerable and marginalized groups.

unitedwaycentraloregon.org • 541-389-6507
La Pine has a special place in my heart,” said Tammy Wisco, taking time away from overseeing remodeling efforts at the former dental office on Third St. that will soon become the newest location of Dermatology Health Specialists (Derm Health).

A civil engineer and land-use planner who has worked as a consultant to the City of La Pine in the past, Wisco explained that she and her husband, Dr. Oliver Wisco (who founded Derm Health to provide advanced and personalized dermatologic care in medical dermatology, skin cancer treatment and prevention, Mohs surgery and aesthetics), chose the town “to expand the reach of our services to underserved communities.”

As she elaborated: “Similar to outlying areas such as Lakeview, Burns and John Day — where the drive into our offices in Bend or Redmond can deter patients from seeking the comprehensive services we offer — we go to them. Dermatology Health Specialists wants to see people with skin concerns before they become issues.”

Specifically, “Central Oregon has a very high rate of skin cancer,” said Wisco. “Several factors are suspected to contribute to this, such as the great number of sunny days in Central Oregon, its high elevation and our ‘outdoorsy’ lifestyle. We’re finding so much skin cancer here — it’s shocking.”

On the plus side, however, Wisco emphasized that “when detected early, skin cancer is highly treatable. For this reason, Derm Health providers offer a full skin exam to all patients, as well as personalized preventative treatments. To us, health is number one in importance, for both adults and children.”

Wisco, who “grew up as a farm kid, and spent a lot of time in the sun,” knows first-hand the importance of skin exams. “Five years ago, my husband discovered an early melanoma growth on my arm that I otherwise wouldn’t have known about.”

Another factor is that historically, she noted, “skin cancer hasn’t been talked about as much as some other cancers — it hasn’t been as high on the priority list. But that is changing for the better.”

And, she said, “As the focus of our practice is on prevention, life balance and overall health, we also see value in certain treatments such as chemical peels — which can provide long-term health benefits for those suffering from acne, for instance. Another example is Photodynamic Therapy (PDT), or blue light treatment, which uses a photosensitive agent and a blue light to destroy pre-cancerous cells — while also typically resulting in aesthetic improvements such as reducing fine lines and minor skin discolorization.”

Derm Health’s goal is to open the 1,800-square-foot La Pine location on December 1 — “before the snow is really flying,” described Wisco, “and initially see patients two to three days a week. We already have a presence here at La Pine Community Health Center, which has been a wonderful partner and assured us we can rent space there while we renovate our building.”

Speaking on behalf of Derm Health, Wisco emphasized that “everyone is welcome in our practice — all ages and all insurances, including Medicaid and Medicare. No one is turned away.”

derm-health.com

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Stroke is a BRAIN ATTACK!
and the 5th leading cause of death in Oregon.

As you consider your year-end donations, please join us in the fight against stroke.

- We are committed to stoke education (80% of strokes are preventable)
- To make F.A.S.T. a household safety word (time in brain)
- To stoke survivors and their families through support groups, resources and one-on-one conversation.

Toni Metherall,
Executive Director
541-275-0328

Your donation will help us save lives!
StrokeAwarenessOregon.org
695 SW Mill View Way, Bend, OR 97702  541.323.5641

SPOT A STROKE CALL 9-1-1

FACE DROOPING ARM WEAKNESS SPEECH DIFFICULTY TIME TO CALL 911

Your donation will help us save lives!
StrokeAwarenessOregon.org
695 SW Mill View Way, Bend, OR 97702  541.323.5641
Healthy Communities

Street Dog Hero Sprints Past Fundraising Goal at Annual Benefit
2022 Nonprofit of the Year Recipient Holds Third Annual 5k Race Benefit

by KODY OSBORNE, Senior Development & Communications Manager — Street Dog Hero

“Watching our fundraisers grow over the last five years has been an unbelievable experience, and it still doesn’t seem real,” said Marianne Cox, Founder and Board President of SDH. “Words can’t explain the feeling I got at HOTR this year. I am grateful to everyone who supported us this year and continues to support us year after year. I was speechless and in awe of our community who came together to help dogs in need both near and far.”

This event was supported by dozens of local businesses; including Cascade Design Center, Fall River Health and First Interstate Bank. Cascade Design Center President and the very first foster for Street Dog Hero, Ronda Fitton says, that Street Dog Hero is “…a positive organization to donate your time and resources; a place where your kids can learn about responsible pet ownership; a place where so many people get to make a difference as easily as flying home from vacation with a puppy in tow. I’m proud to support Marianne and this organization and I’m grateful to live in Bend where we, as a community, foster and embrace this type of change.”

SDH serves dogs in need worldwide and their communities through rescue, adoption, wellness, spay/neuter and education. This event coincides with the organization’s five-year anniversary and the opening of its first-ever brick-and-mortar facility. To date, the organization has rescued over 2,200 dogs from more than a dozen countries like Mexico, South Korea and right here in the United States. Street Dog Hero has also provided more than 1,450 free or reduced-rate spay/neuter and other wellness services to owned and street dogs and cats around the world. Street Dog Hero is making lasting positive changes in the lives of animals and their humans, working towards a world where all dogs are healthy, safe, cared for and wanted.

SDH already looks forward to next year’s Heroes on the Run event, which is bound to be even bigger and better. Visit streetdoghero.org to find out about more upcoming events from SDH and learn how you can help support this fantastic work. streetdoghero.org
Central Oregon Business Calendar
Email Your Upcoming Business Events to CBN@CascadeBusNews.com
Event Details at CascadeBusNews.com/Business-Events

BUSINESS EVENTS

October 19 5:30-8pm ConnectW Monthly Meeting: Avoiding Technology Disasters with Paula Sullivan at Open Space, Bend.

October 19 5:30-7:30pm Deschutes County Planning Division Info Session. Bend District 2040 Project Open House at Deschutes County Service Center Barnes and Sawyer Room, Bend.

October 20-21 EDCO Hybrid 19th Annual Bend Venture Conference.

October 20 4-6pm Deschutes County Planning Division Sisters Area 2040 Project Open House at Sisters High School Lecture Room, Sisters.

October 20 5:30-7:30pm The Environmental Center Rethink Waste Project Repair Café at the Deschutes Public Library, Sisters.

October 20 5:30-7pm Southern Crossing Neighborhood Association Virtual General Membership Meeting.

October 24 3-4pm COCC Virtual Community Forum, Working with a Multigenerational Workforce.

October 24 4-6:30pm Deschutes County Planning Division Sunriver Area 2040 Project Open House at Sunriver Homeowners Aquatic & Recreation Center (SHARC) Benham Hall, Sunriver.

October 25 6-8pm COCC Virtual Community Forum, Discussion, Oregon and Deschutes County Ballot Measures.

October 27 Noon-1pm COCC Virtual Vet Tech Program Info Session.

November 1 9-10am COCC Virtual Vet Tech Program Info Session.

November 1 6-7pm Deschutes National Forest and Discover Your Forest Volunteer Information Night at Deschutes National Forest Office, Bend.

November 15 Bend Chamber 2022 Impact Conference at Riverhouse Convention Center.

November 15 5-6pm COCC Virtual Vet Tech Program Info Session.

December 1 Noon-1pm COCC Virtual Vet Tech Program Info Session.

WORKSHOPS & TRAINING

COMMERCIAL PERMITS WEEK ENDING 9-30-2022

City of Bend
$546,648.00 - Commercial (Addition) 425 sf. at 2500 NW Awbrey Glen Dr. Bend 97703 OR Owner: Awbrey Glen Golf Club, Inc. Permit # PRAD202203815

Klamath County
$30,000.00 - Commercial (Alteration) 15 sf. at 3194 N Hwy 97 Bend 97703 OR Owner: RPT Bend, LLC Permit # PRR202205736

Deschutes County
$400,000.00 - Commercial (New) at 3810 S 6th St. Klamath Falls 97603 OR Owner: CH Town and Country, LLC 904 Silver Spur Rd. Ste. 244 Rolling Hills, CA 90274

City of Redmond
$529,472.00 - Commercial (New) 3,124 sf. at 18136 Forestbrook Lp. Bend 97707 OR

Klamath County
$50,000.00 - Commercial (Alteration) at 120 SE Glacier Ave. Redmond 97756 OR Owner: Fred Hodecker, Inc. Box 488 Redmond, OR 97756

Lake County
$200,000.00 - Commercial (New) 19,300 sf. at 1501 NE Medical Center Dr. Bend 97701 OR Owner: EPC Sparti, LLC

City of Bend
$2,230,661.00 - Commercial (Multi Family) 16,041 sf. at 16510 Finley Butte Rd. La Pine 97739 OR Owner: Mission Building and Renovation 541-550-2747 Permit # 247-22-003383

Klamath County
$1,040,414.00 - Commercial (New) at 15778 Burgess Rd. Bldg C La Pine 97739 OR Owner: Blue Elephant Storage Burgass Road, LLC 61141 S Hwy 97 #705 Bend, OR 97702

City of Redmond
$529,472.00 - Commercial (New) 3,124 sf. at 18136 Forestbrook Lp. Bend 97707 OR

Lake County
$75,000.00 - Commercial (Addition) at 1275 S 12th St. Lakeview 97630 OR Owner: Quail Mountain, Inc. 4033 Miller Ave. Klamath Falls, OR 97603 Permit # 497-22-000439

COMMERCIAL PERMITS WEEK ENDING 10-7-2022

City of Redmond
$600,000.00 - Commercial (New) 4,000 sf. at 1120 NE 11th St. Redmond 97756 OR Owner: Dubisar Family Revocable Living Trust 1790 NW Oden Ave. Terrebonne, OR 97760

City of Klamath Falls
$16,249.00 - Commercial (Tenant Improvement) at 1253 NW Canal Blvd Redmond 97756 OR Owner: Cascade Healthcare Community, Inc. Box 5789 Bend, OR 97708 Permit # 711-22-001974

Lake County
$50,000.00 - Commercial (Alteration) 120 SE Glacier Ave. Redmond 97756 OR Owner: Fred Hodecker, Inc. Box 488 Redmond, OR 97756

City of Bend
$200,000.00 - Commercial (New) 19,300 sf. at 1501 NE Medical Center Dr. Bend 97701 OR Owner: EPC Sparti, LLC

Deschutes County
$2,230,661.00 - Commercial (Multi Family) 16,041 sf. at 16510 Finley Butte Rd. La Pine 97739 OR Owner: 13 Finley Butte, LLC PO Box 449 Lincoln City, OR 97736 Permit # 247-22-003104

City of Klamath Falls
$1,040,414.00 - Commercial (New) at 15778 Burgess Rd. Bldg C La Pine 97739 OR Owner: Blue Elephant Storage Burgass Road, LLC 61141 S Hwy 97 #705 Bend, OR 97702

City of Bend
$529,472.00 - Commercial (New) 3,124 sf. at 18136 Forestbrook Lp. Bend 97707 OR

Lake County
$75,000.00 - Commercial (Addition) at 1275 S 12th St. Lakeview 97630 OR Owner: Quail Mountain, Inc. 4033 Miller Ave. Klamath Falls, OR 97603 Permit # 497-22-000439
Deschutes Public Library
Continued from page 3

is adjacent to ten-foot-wide biking and pedestrian paths that will serve east Bend and connect into the Deschutes River Trail.

The due diligence period allowed the Library District to ensure the suitability of the property; the zoning of the site allows construction of a library as an outright use. The architectural firm designing the building for the Stevens Ranch library is Miller Hull, and the contractor is Kirby Nagelhout Construction Company.

Library Director Todd Dunkelberg says the library anticipates breaking ground in summer 2023, and completing construction in 2025. “Central Oregon has grown exponentially since our last library was built more than 20 years ago,” Dunkelberg said. “We are committed to carrying out the will of Deschutes County voters to create a new library that allows us to increase our collection, adds much-needed public meeting and gathering spaces, and ensures our ability to move items to our other libraries throughout the county quickly and efficiently.”

In November 2020, Deschutes County voters supported the Library’s bond measure to expand and improve libraries across the county. In addition to a new library, bond funds will also pay for building a new Redmond Library — double the size of the current Redmond Library — as well as updating other libraries. The current Redmond Library will close in January 2023 to allow for construction of a new library on the existing site; it is scheduled to be complete in mid-2024. The La Pine and Sisters Libraries will also close in January 2023 for remodeling and updating; both libraries will re-open in fall 2023. The Downtown Bend and Sunriver Libraries will also be renovated following the completion of the other projects. Temporary locations will be provided while existing libraries are closed for construction or remodeling. Deschutes County residents are invited to view the plans for each library at deschuteslibrary.org/future.

deschuteslibrary.org

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Watch for Upcoming Editions of CASCADE BUSINESS NEWS

2022 EDITORIAL CALENDAR

<table>
<thead>
<tr>
<th>ISSUE DATE</th>
<th>SPECIAL SECTIONS</th>
<th>INDUSTRY LISTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deadline Oct 26</td>
<td>REDMOND Profile/Fastest 20</td>
<td>Bio-Tech, High Tech Firms, Telecommunications, Utility Companies, Heating/Cooling Companies</td>
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<td>Deadline Nov 30</td>
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<td>Law Firms, Security Companies</td>
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<td>Deadline Dec 14</td>
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<td>Commercial Contractors</td>
</tr>
</tbody>
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Town & Country

Cascde Business News 2022 Accomplished Under 40 Award Ceremony

PHOTOS | BY ROLAND WHITE
An Oregon newsroom sought deeper community connections

That’s why Eugene Weekly launched a project to better understand information needs in Eugene and surrounding Lane County.

With support from Google, the alternative weekly used digital tools to engage new audiences from rural areas and communities of color, identifying coverage gaps journalists could address. It’s another way we work with local publishers nationwide to build a stronger future for news.

Learn more about how Google supports local news g.co/supportingnews/local