

**who's who who's who who's who who's who who's who who's who**



**Kevin Cole**

**Mid Oregon Credit Union** announced that **Kevin Cole** officially assumed the role of president/CEO on January 1. Cole replaces long-time CEO Bill Anderson who retired at the end of 2022, completing a distinguished 32-year career of service to Mid Oregon and the Central Oregon community.

Cole joined the Mid Oregon team in 2016 as the Chief Financial Officer and advanced to executive vice president. In 2021, he was named president. During Cole's tenure, he has helped transform the credit union through technology, vision, advocacy and talent development.

Projects Cole has led to date include developing a Workforce Housing Loan Program, removing barriers for people to open checking accounts and offering next-generation digital banking services. Cole currently serves as a member of the Bend Economic Development Advisory Board as the Advocacy Committee chair and as a member of the Board of Directors for Economic Development of Central Oregon (EDCO).

Cole is a lifelong learner with a bachelors in political science from UC Irvine, a masters from the University of Oregon and holds the Chartered Financial Analyst designation. He currently lives in Bend with his wife, Robi and two French bulldogs, Moet and Autzen.



**Natalie Mehrens**

**The Academy at Sisters** announces the promotion of **Natalie Mehrens, MC, LPC** to fill the role of clinical director.

Mehrens is a licensed professional counselor with a masters in clinical mental health counseling. Her introduction to the therapeutic world began in 2008 as a field instructor with a local wilderness therapy program. Since that time she has been working in a diverse variety of therapeutic environments including a residential treatment program, a nature-based outdoor program, a community mental health group clinic and an inpatient psychiatric facility.

As clinical director and therapist, Mehrens's work with clients, parents and staff can be described as gentle, firm, down to earth and empowering and is rooted in attachment theory and neurobiology. She believes that the best therapeutic approach is individualized, and uses interpersonal neurobiology and attachment-based somatic therapies, Eye-Movement Desensitization Reprocessing therapy and Internal Family Systems to facilitate change and growth in clients and their family systems. She is trained in these modalities and is currently working toward certification in EMDR.

Mehrens is delighted to be in the clinical director position and to have the opportunity to integrate her experience and passion across all elements of the program to support the courageous students, staff and families of the Academy at Sisters. She is especially interested in organizational development and how the all program staff can "walk the talk" of what we teach our students and families.

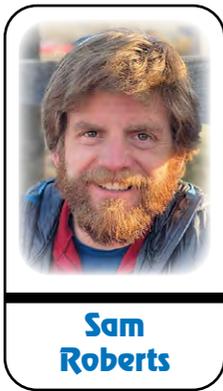
In her free-time, Mehrens enjoys playing racquet sports of all kinds, playing the drums and singing in her band, hiking the trails of Central Oregon and spending time with her family.

The Academy at Sisters is a therapeutic boarding school for girls located in Bend, operated by J Bar J Youth Services.

The **J Bar J Learning Center** welcomes new vocational education teacher **Sam Roberts**. Operating on the high school campus on the J Bar J Boys Ranch, Roberts will teach career awareness and vocational skills to youth involved in the juvenile justice system.

Roberts grew up north of Chicago, Illinois. After high school he traveled the country for years, working in a cannery in Alaska (five summers), leading high school trail building crews (seven summers) in places like Crater Lake, Cumberland Gap, Kentucky and Becharof NWR in Alaska, and working as a laborer for a drywaller. Toward the end of his travels, he got serious about becoming a teacher and gravitated towards alternative models of learning.

In Alaska, he taught at a residential boarding school where we focused on job skills and eliminating the barriers to those jobs. In J Bar J's vocational program he will take a years-long, multiple prong approach to vocational skills. One prong is for students to receive industry specific certifications / trainings every month of the year. Another prong is the hands-on experience of working on



**Sam Roberts**

a variety of construction sites, either out in the community or at The Ranch. A third is Paxton/Patterson modules in which students get exposure to a variety of trades. Lastly, students have individual projects in which Roberts will act as a guide offering suggestions and ensuring the safety of students while allowing them to create and gain a sense of accomplishment.

The J Bar J Learning Center and Vocational Program are programs of J Bar J Youth Services.



**Donna Owens**

**Jodie Barram**

The **Bend Park and Recreation District** has two newly-appointed members.

**Donna Owens** served a three-year term on the Bend Parks and Recreation Budget Committee from 2000 to 2022. She moved to Bend in 1979 for a temporary job with the U.S. Forest Service that turned into a long career in the Western U.S. before retiring in 2018 and returning to Bend. She has a bachelor's degree from San Diego State University.

In addition to BPRD service, she volunteers for Family Kitchen, Friends of the Malheur Wildlife Refuge and Deschutes Land Trust. She enjoys the outdoors, walking, hiking, birdwatching, wildlife observation, skiing and snowshoeing.

As a Central Oregon native who moved back to Bend 24 years ago, **Jodie Barram** has been an avid user of the district's programs, trails, parks, natural areas, river access points and off leash dog areas.

Barram has expertise as a professional communicator working locally and nationally focused on emergency situations, wildland fire, its impacts and effective mitigation measures. She served on Bend city council previously, as Mayor Pro Tem for four of the six years and on the planning commission. She has a bachelor's degree from George Fox University.

The term of service for both seats ends June 30, 2023 and the seats will be decided in the May 2023 election.

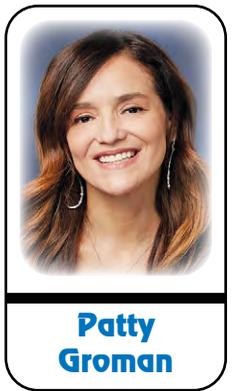
**OnPoint Community Credit Union** has hired people and culture expert **Patty Groman, PHR**, to serve as senior vice president and chief people officer.

Groman has more than 20 years of experience as a human resources professional in the technology, marketing, consulting, audiology, recruitment and finance sectors. As Chief People Officer, Groman oversees the company's overall talent strategy and culture with a people-centric and innovative approach, leads talent development and acquisition, organizational and performance management and training and employee compensation, as well as implementing a comprehensive diversity, equity and inclusion strategy and programs.

Before joining OnPoint as chief people officer, Groman was the first female chief officer at Columbia Grain International, an organization dedicated to cultivating the growth of high-quality food ingredients. She oversaw the organization's people and culture strategy for 500 employees across seven states and more than 66 locations. In addition to this role, she has led human resources and recruitment functions at Opus Agency, Audigy Group, Xenium, United Human Capital Solutions and Washington Mutual. Groman also has extensive experience managing acquisitions and integrations, handling all aspects of due diligence from compliance to culture.

Groman received her bachelor of science in business administration from Portland State University. In 2009, she obtained her Professional Human Resources certification from the Human Resource Standards Institute. She also completed the diversity and inclusion certification program at Cornell University.

Originally from Guatemala City, Groman is dedicated to leaving a positive impact on the next generations and a legacy of continuous growth and learning. In her free time, she loves running, reading, cooking and spending time with her husband, two sons and daughter-in-law.



**Patty Groman**

**SELCO Community Credit Union** recently promoted **Cristina Lamoureux** to vice president, cash management officer and team leader for its Commercial & Business Banking division. In this role, Lamoureux will oversee and help expand SELCO's cash management program, from sales and service to commercialization of new and existing services.

Based in SELCO's Old Mill branch in Bend, Lamoureux will continue to have a broad reach as a cash management officer, overseeing the cash management program for SELCO's business members from Portland south to the Eugene/Springfield area and east to Central Oregon.

Lamoureux has worked in the banking industry for more than 30 years, specializing in cash management services.

Lamoureux's addition to SELCO in 2021 was a strategic win for the organization, allowing the credit union to expand its products, services and know-how to help Oregon and southwest Washington businesses and nonprofits grow and prosper, said Mike Donaca, vice president of Commercial & Business Banking and senior commercial credit officer.

Lamoureux earned a bachelor's degree in international finance from the University of Miami. In addition to her duties at SELCO, she has served on several nonprofit boards, including St. Charles Foundation, Redmond Area Park & Recreation District and the Parks Foundation. Lamoureux has also been involved with Redmond Kiwanis, Ronald McDonald House, Project Connect as arena branch director and Spanish interpreter, and FAN Redmond Development Committee. Away from work, Lamoureux enjoys spending time with her family, traveling, visiting museums, camping, kayaking and reading.



**Cristina Lamoureux**

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**New hires, promotions,  
accolades, awards, retiring?  
Send us your**

**Who's Who!**

Send a high resolution head shot and a short, 100- to 150-word writeup to [CBN@CascadeBusNews.com](mailto:CBN@CascadeBusNews.com) to be seen in the next edition of *Cascade Business News*.

**who's who who's who who's who**

**More Who's Who Next Page ►**

who's who who's who who's who who's who who's who who's who

**Who's Who**  
Continued from previous page

**Envision Bend** welcomes **Matt Muchna** as the new executive director effective January 2. Muchna joins Envision Bend with experience working most recently as a manager for Northern Arizona University's Office of Sustainability and leading outreach and engagement efforts for the National Center for Women & Information Technology. Muchna has experience in community development, user research and team management. He will be working alongside our outgoing executive director, Laura Fritz, through early March to ensure a smooth staff leadership transition. **David White** has been named the new Board Chair for Envision Bend after serving on the Envision Bend board since May 2022. White has worked at Tech Soft 3D for the past six years, a global software company headquartered here in Bend. Many years ago, as an employee of the City of Bend, White supported the city's work to create the Bend 2030 vision. He has extensive nonprofit volunteer experience and most recently served as Board Chair for the Humane Society of Central Oregon, of which he is an active supporter and outreach volunteer.

The **Bend Chamber** announced the promotion of **Jenn Greco** to leadership development programs lead. Greco has worked with the Bend YP program and in other key capacities since July of 2021.

Greco was born and raised on both sides of the country and fell in love with Oregon at an early age. After graduating from Washington State University with her masters in English, she made the leap to move to Bend in 2013.

Before joining the Chamber, Greco worked at Heart of Oregon Corps where she spent her time in youth programming, marketing and development and database management. Greco was always drawn to the professional development of others and building strong leaders in her previous roles and found a natural fit as the leadership development programs lead at the Chamber. She is excited to continue the great work the Bend YP group is doing and grow programming with the needs of the community.



Jenn Greco

In her free time Greco loves to kayak, backpack, listen to live music, watch hockey games and travel with her husband, Brian.

**BBT Architects** (BBT) celebrates Project Manager and Associate **Matt Appleby's** ten years with our team. Colleagues and partners across Oregon appreciate his commitment to enduring, functional and authentic design. Throughout Appleby's time with the BBT, he has worked on a wide range of design solutions from historical renovations of local schools to large-scale, complex commercial, aviation and higher education projects.



Matt Appleby

The following **St. Charles Health System** nurses have been honored with The DAISY Award for Extraordinary Nurses, recognizing the outstanding, compassionate nursing care they provide patients and families every day: in Bend: **Kirsten Chavez**, Neonatal Intensive Care Unit, in Madras: **Labree Tolman**, Emergency Department, in Prineville: **Samantha Martin**, Medical Services and in Redmond: **Hillary Dunbar**, Medical Services.

Nominated by patients, families and colleagues, the award recipients were chosen by a committee at St. Charles.



(L-R) KIRSTEN CHAVEZ, HILLARY DUNBAR, LABREE TOLMAN, SAMANTHA MARTIN | PHOTOS COURTESY OF ST. CHARLES HEALTHCARE

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# Businesses Serving Community



(L-R) JOHN TRACHTENBERG, FAMILY KITCHEN PRESIDENT, SUZANNE BELL BOARD MEMBER, DONNA BURKLO, PROGRAM DIRECTOR, KATHY C., NEWPORT AVE. MARKET CASHIER, DANA BLACK, VICE PRESIDENT, JESSICA M., NEWPORT AVE. MARKET CASHIER, DAWN RAE KNOTH, DAVID BUTLER, PRESIDENT EMERITUS, LAUREN G.D. REDMAN, CEO & PRESIDENT RUDY'S MARKETS INC.



(L-R) JORDON WALKER, BETHLEHEM INN VOLUNTEER COORDINATOR, MAR C, OLIVER LEMON'S TERREBONNE DELI MANAGER, ERICA PSALTIS, BETHLEHEM INN ADMINISTRATIVE ASSISTANT, DAREN VOM STEEG, BETHLEHEM INN BOARD MEMBER, JENN. R, OLIVER LEMON'S TERREBONNE PIC, LAUREN G.D. REDMAN, CEO & PRESIDENT RUDY'S MARKETS INC. | PHOTOS COURTESY OF NEWPORT AVENUE MARKET AND OLIVER LEMON'S



(L-R) LAUREN G.D. REDMAN, RUDY'S MARKETS INC. CEO & PRESIDENT, DONNA BURKLO, SISTERS FAMILY KITCHEN PROGRAM DIRECTOR, WADE C., OLIVER LEMON'S SISTERS MANAGER, SHIRLEY MILLER, SISTERS KIWANIS BOARD MEMBER, DOUG WILLS, SISTERS KIWANIS VICE PRESIDENT, SCOTT M, OLIVER LEMON'S SISTERS PRODUCE MANAGER

## NEWPORT AVENUE MARKET & OLIVER LEMON'S

As food insecurity reaches crisis levels in Central Oregon, Newport Avenue Market and Oliver Lemon's shoppers and employees are bridging the gap raising over \$76,044 to provide food to fuel the local community. Throughout December, shoppers donated money to the Food for February fundraiser, and the 100 percent employee-owned markets matched the funds.

The funds will be used to purchase groceries at wholesale cost for Family Kitchen of Bend, Sisters Kiwanis Foodbank, Sisters Family Kitchen and Bethlehem Inn of Redmond.

Newport Avenue Market created Food for February to help fight hunger in Central Oregon. Since 2011, shoppers and the markets have raised over \$487,500 for hungry families in Central Oregon, including \$219,000 in matching funds from Newport Avenue Market and Oliver Lemon's.

Newport Avenue Market and Oliver Lemon's work closely with wholesalers to purchase thousands of pounds of food, including fresh produce and meat, from the shopping lists of Family Kitchen of Bend, Sisters Kiwanis Foodbank, Sisters Family Kitchen and Bethlehem Inn of Redmond.